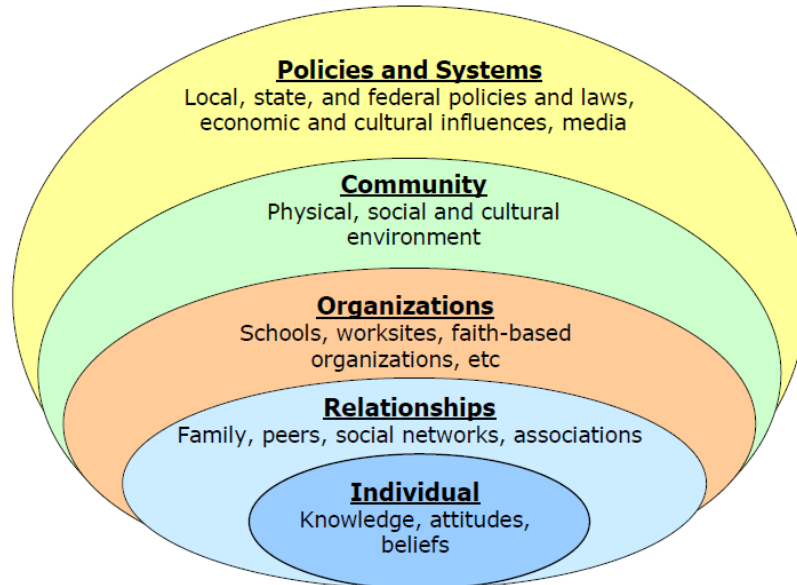


# Vermont Prevention Model

It takes a combination of actions, sustained over time, to prevent and reduce alcohol and other drug use. Prevention strategies are most likely to succeed if they reach people holistically in all the environments in which they live: individual, family, school, community, and state level. The Vermont Prevention Model is a visual depiction of this wholistic, or comprehensive framework and is the basis for ADAP's prevention efforts.

## Vermont Prevention Model



Adapted from: McElroy KR, Bibeau D, Steckler A, Glanz K. An ecological perspective on health promotion programs. Health Education Quarterly 15:351-377, 1988.