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# Towns in Vermont with Health Chapters in their Town Plans

Town Name	Regional Planning Commission	Link to Town Plan document
Arlington	Bennington County Regional Commission	https://arlingtonvermont.org/wp-content/uploads/2020/07/ArlingtonTownPlan_AdoptedJune29.2020.pdf
Berkshire	Northwest Regional Planning Commission	https://6eade072-06b3-4cb0-b552-9093f98282cd.filesusr.com/ugd/cf375c_ecfa826316da4ed2b6141ea1b5a1e26e.pdf
Bethel	Two Rivers-Ottauquechee Regional Commission	https://www.trorc.org/wp-content/uploads/2020/11/Bethel-2020-Town-Plan_FINAL.pdf
Bridgewater	Two Rivers-Ottauquechee Regional Commission	https://www.trorc.org/wp-content/uploads/2013/09/Bridgewater-TP-Final.pdf
Dorset	Bennington County Regional Commission	https://dorsetvt.org/uploads/3/5/3/5/35356792/dorsettownplan 1.21.2020 2 .pdf
East Montpelier	Central Vermont Regional Planning Commission	https://eastmontpeliervt.org/wp-content/uploads/2022/11/2018-Town-Plan-Amended-July-11-2022.pdf
Enosburgh	Northwest Regional Planning Commission	https://www.enosburghvt.org/ files/ugd/5ad4b5 a350fe9bcf3f46188c1cb3cfe3911a00.pdf
Fairfax	Northwest Regional Planning Commission	https://www.fairfax-vt.gov/vertical/sites/%7BA7F085CD-5C79-4CCF-8878-6AF1EF4F216C%7D/uploads/FairfaxTownPlan- Appendix Adopted 2018 small (1).pdf
Fairlee	Two Rivers-Ottauquechee Regional Commission	https://www.trorc.org/wp-content/uploads/2013/10/Fairlee-Town-Plan-adopted-2020.pdf
Glover	Northeastern Vermont Development Association	https://townofglover.com/wp-content/uploads/2018-Glover-Town-Plan.pdf
Grafton	Windham Regional Commission	https://graftonvt.org/?page_id=271
Jeffersonville	Lamoille County Planning Commission	https://www.lcpcvt.org/vertical/Sites/%7B3C01460C-7F49-40F5-B243- 0CA7924F23AF%7D/uploads/1. Final Jeffersonville Village Plan.pdf
Milton	Chittenden County Regional Planning Commission	https://www.miltonvt.gov/DocumentCenter/View/338/2018-Comprehensive-Plan-Amended-July-15-2019-PDF
Montpelier	Central Vermont Regional Planning Commission	https://www.montpelier-vt.org/DocumentCenter/View/4789/Master-Plan-2017-Adopted-December-20-2017?bidld=
Morristown	Lamoille County Planning Commission	https://morristownvt.org/vertical/sites/%7B0DF3C9E1-B323-4D1E-B137-B890765A4F3D%7D/uploads/2022- 2030 Town Plan Final 5.19.2022.pdf

Plymouth Two R Comm Reading Moun Comm Royalton Two R Comm Rutland Town Rutlar Comm Saint Albans North City Comm	nmission Rivers-Ottauquechee Regional nmission Inmission Rivers-Ottauquechee Regional nmission Rivers-Ottauquechee Regional nmission Inmission Inmission Inmission Inmission Inmission Inmission Ithwest Regional Planning nmission Ithwest Regional Planning nmission Itheastern Vermont Development	https://www.trorc.org/wp-content/uploads/2013/10/Plymouth-Adopted-Plan-2019-002.pdf  https://readingvt.govoffice.com/vertical/sites/%7B29D76170-2CBD-4DB0-A089- 6F91F5BED766%7D/uploads/Reading Town Plan 02 14 2022(1).pdf  https://www.trorc.org/wp-content/uploads/2013/10/Royalton-Town-Plan-2020.pdf  https://www.rutlandrpc.org/ download.php?id=124&mode=towns ddown&name=Rutland Town Municipal Plan 10 15 2019.pdf  https://www.stalbansvt.com/vertical/Sites/%7B6057F00C-4FBC-4942-B5A5-C142459B1038%7D/uploads/CityPlan ADOPTED 08-14-	
Reading Moun Comm Royalton Two R Comm Rutland Town Rutlar Comm Saint Albans North City Comm	nmission unt Ascutney Regional nmission o Rivers-Ottauquechee Regional nmission and Regional Planning nmission thwest Regional Planning	https://readingvt.govoffice.com/vertical/sites/%7B29D76170-2CBD-4DB0-A089-6F91F5BED766%7D/uploads/Reading Town Plan 02 14 2022(1).pdf https://www.trorc.org/wp-content/uploads/2013/10/Royalton-Town-Plan-2020.pdf https://www.rutlandrpc.org/ download.php?id=124&mode=towns ddown&name=Rutland Town Municipal Plan 10 15 2019.pdf https://www.stalbansvt.com/vertical/Sites/%7B6057F00C-4FBC-4942-B5A5-C142459B1038%7D/uploads/CityPlan ADOPTED 08-14-	
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Rutland Town Rutlar Comm Saint Albans North City Comm	nmission land Regional Planning nmission thwest Regional Planning nmission	https://www.rutlandrpc.org/ download.php?id=124&mode=towns ddown&name=Rutland Town Municipal Plan 10 15 2019.pdf https://www.stalbansvt.com/vertical/Sites/%7B6057F00C-4FBC-4942-B5A5-C142459B1038%7D/uploads/CityPlan ADOPTED 08-14-	
Rutland Town Rutlar Comm Saint Albans North City Comm	and Regional Planning nmission thwest Regional Planning nmission	https://www.stalbansvt.com/vertical/Sites/%7B6057F00C-4FBC-4942-B5A5-C142459B1038%7D/uploads/CityPlan ADOPTED 08-14-	
Saint Albans North City Comm	nmission thwest Regional Planning nmission	https://www.stalbansvt.com/vertical/Sites/%7B6057F00C-4FBC-4942-B5A5-C142459B1038%7D/uploads/CityPlan ADOPTED 08-14-	
Saint Albans North City Comm	thwest Regional Planning nmission		
City Comm	nmission		
		17 TVPOC CORRECTED -4f	
Caint North	theastern Vermont Development	<u>17 - TYPOS CORRECTED.pdf</u>	
Saiiit North		https://www.nvda.net/town_files/St.%20Johnsbury_Town%20Plan_2017%20Town%20Plan.pdf	
Johnsbury Associ	ociation		
Springfield Moun	unt Ascutney Regional	https://springfieldvt.gov/vertical/sites/%7B234B28A5-DB73-489E-ABFA-	
Comm	nmission	F2FB1EF67C08%7D/uploads/2019 Springfield Town Plan.pdf	
Sutton North	theastern Vermont Development	https://www.nvda.net/files/SuttonPlanAmended22521.pdf	
Associ	ociation		
Swanton North	thwest Regional Planning	https://www.nrpcvt.com/wp-content/uploads/2022/08/SwantonTownPlan2015.pdf	
Comm	nmission		
Waterville Lamoi	oille County Planning Commission	https://www.lcpcvt.org/vertical/Sites/%7B3C01460C-7F49-40F5-B243-	
	, 0	0CA7924F23AF%7D/uploads/1. 2019 Waterville Town Plan Final.pdf	
Weathersfield Moun	unt Ascutney Regional	https://www.weathersfieldvt.org/sites/g/files/vyhlif6216/f/uploads/weathersfieldtownplan 0.pdf	
	nmission		
	tenden County Regional Planning	https://www.town.williston.vt.us/vertical/Sites/%7BF506B13C-605B-4878-8062-87E5927E49F0%7D/uploads/2016-	
	nmission	2024 Williston Comprehensive Plan with Maps Reduced Size.pdf	
	dham Regional Commission	https://wilmingtonvermont.us/wp-content/uploads/2018/10/Town-Plan-as-Adopted-10-2-18.pdf	
	noille County Planning Commission		
	, 5	0CA7924F23AF%7D/uploads/Final Plan Narrative and Maps Combined.pdf	
Woodstock Two R	Rivers-Ottauquechee Regional	https://www.trorc.org/wp-content/uploads/2013/10/2016-Town-Plan-08-10-16-completed-with-inserted-maps-and-	
	nmission	amendments.pdf	

# Health-Related Content in Town Plans, by Health Topic

### Access to Health Care and other Critical Services

Town	Goals	Policies	Recommendations	Source
Arlington	[None provided.]	The Town should make every effort to maintain and extend access to medical, dental, and auxiliary services.	The Town should identify vulnerable populations including the disabled, elderly and others who may need assistance, particularly in an emergency	https://arlingtonvermont.or g/wp- content/uploads/2020/07/A rlingtonTownPlan AdoptedJ une29.2020.pdf p. 107
	<b>Goal 1:</b> High-quality medical	Policy a: It is the policy of the Town to support and encourage the development of local health care facilities and counseling services and help residents locate and efficiently access health care as close to home as possible.	Recommendation a.1: The Town will continue to work with Stagecoach and White River Ambulance to ensure residents have transportation to health and wellness services.	https://www.trorc.org/wp- content/uploads/2020/11/B ethel-2020-Town- Plan_FINAL.pdf p. 55-56
Bethel	care should be available to all Bethel residents.	<b>Policy b:</b> It is the policy of the Town to support programs that improve medical services for Bethel residents.	Recommendation b.2: The Town should make its facilities and resources available for community health and wellness programs/services, such as health screening days.	https://www.trorc.org/wp- content/uploads/2020/11/B ethel-2020-Town-
		<b>Policy c:</b> It is the policy of the Town to support the development of assisted living or other medical facilities or services dedicated to supporting seniors in Bethel.	<b>Recommendation c.1:</b> The Town should look for opportunities to support residents who wish to age in place.	Plan FINAL.pdf
	Goal 2: To maintain appropriate ambulance service	<b>Policy d:</b> It is the policy of the Town to support efforts to decrease response times for emergency services.	Recommendation d.1: The Town should continue its relationship with White River Valley Ambulance and other community groups.	p. 56

Town	Goals	Policies	Recommendations	Source
Fairfax	Support and encourage activities and community infrastructure, both social and physical, which enable and sustain the health and well-being of all residents.	To encourage opportunities to provide convenient access to health and human services for Fairfax residents	[None provided.]	https://www.fairfax- vt.gov/vertical/sites/%7BA7 F085CD-5C79-4CCF-8878- 6AF1EF4F216C%7D/uploads /FairfaxTownPlan- Appendix Adopted 2018 s mall (1).pdf p.38
Glover	Work toward making Glover an inclusive and safe community where people from all backgrounds and identities feel welcome and at home	Encourage and expand volunteerism and citizen participation in the town's activities.	<ul> <li>Look into the possibility of setting up a walk-in clinic, urgent care facility, addiction counseling, teen safety shelter, and after school programs in Glover.</li> <li>Assess the need for a dental program at Glover School - such as the Ronald McDonald Dental Mobile Unit.</li> </ul>	https://townofglover.com/ wp-content/uploads/2018- Glover-Town-Plan.pdf p.23
Jeffersonville	For Jeffersonville to expand quality affordable healthcare options available to the local community.	<ul> <li>Jeffersonville supports any reasonable proposal to locate a community health, dental, assisted living, or skilled nursing facility in the Village.</li> <li>New health facilities are encouraged in the Village Core, provided no new structures are created within the 100-year floodplain (as defined on the most recent FEMA maps). If such facilities are located within existing structures located within the floodplain, the structure shall be flood proofed in accordance with most recent FEMA guidelines. Given the vulnerable populations served by such facilities, measures should be taken to protect them during larger flood-events, including, but not limited to, elevating utilities to at least the 500-year flood elevation.</li> </ul>	Jeffersonville supports the development of elderly housing, assisted living, and skilled nursing facilities that are compatible with the physical and cultural characteristics of the community and are properly protected against flooding, and are not located within the 100-year floodplain (as defined on the most recent FEMA maps).	https://www.lcpcvt.org/vert ical/Sites/%7B3C01460C- 7F49-40F5-B243- 0CA7924F23AF%7D/uploads /1. Final Jeffersonville Villa ge Plan.pdf p.61-62
		[None provided.]	Jeffersonville supports investigating additional community wellness initiatives, such as a community paramedic program.	

Town	Goals	Policies	Recommendations	Source
Montpelier	Goal 2: More than 50 percent of Montpelier residents report that the availability of affordable quality health care	Policy 2a: By 2020, develop and use measures to regularly report citizens' opinions of the accessibility of affordable health services and the quality of care they receive.	[None provided.]	https://www.montpelier- vt.org/DocumentCenter/Vie w/4789/Master-Plan-2017- Adopted-December-20-
	in Montpelier is "good" or "excellent."	Policy 2b: Ensure Montpelier residents have access to a wide variety of health care services in a number of different forms.	<ul> <li>2b.1. Support efforts to create and sustain collaborations among providers, organizations, businesses, and individuals. Support existing and new outreach and prevention programs.</li> <li>2b.2. Ensure Montpelier is a vibrant community that draws and retains health providers and professionals.</li> <li>2b.3. Support the REACH Program, which is a Care Bank as a complementary system of health and elder care.</li> <li>2b.4. Experiment with developing a healing arts package (Community Supported Healing Arts, or CSH, package, similar to Community Supported Agriculture) for people to experience a variety of healing arts and support local businesses.</li> <li>2b.5. Make full use of a variety of methods—online networking, local media, volunteer outreach, etc.—to ensure everyone is aware of the opportunities available to them.</li> </ul>	2017?bidId= p.232
with disabilities rep they have the supportes needed to independently in th community.	•	<b>3a.</b> Ensure that seniors and people with disabilities have the support and resources necessary to live independently.	<b>3a.2.</b> Expand the availability of, and access to, caregiver respite services.	https://www.montpelier- vt.org/DocumentCenter/Vie w/4789/Master-Plan-2017- Adopted-December-20- 2017?bidId= p.233-234
	Goal 4: By 2040, the capacity exists locally to provide all appropriate support services to people with mental illness.	<b>4c.</b> Increase adequacy of, and access to, mental health services and treatment for addiction.		

Town	Goals	Policies	Recommendations	Source
Morristown	[None provided.]	Support a 24/7 staffed community located, patient	[None provided.]	https://morristownvt.org/ve
		centered, Emergency Medical Service.		rtical/sites/%7B0DF3C9E1-
		Support community education related to emergency		B323-4D1E-B137-
		medical situations such as, CPR/AED training, and Stop		B890765A4F3D%7D/upload
		the Bleed Programming		<u>s/2022-</u>
		Support community wide AED signage and recognition		2030 Town Plan Final 5.1
		programs		<u>9.2022.pdf</u>
		Continue support of the Heartsafe community		p.59-60
		designation		
		Support Morristown Emergency Medical Service in its		
		application to achieve the Vermont Pediatric Safe		
		Agency designation		
		Offer Narcan response kits to at risk populations		
Reading	<b>1.</b> Town officials, committees,		The Reading-West Windsor Aging in Place	https://readingvt.govoffice.
	business and other		Committee shall establish 501(c)(3) nonprofit	com/vertical/sites/%7B29D7
	organizations or groups will		status.	6170-2CBD-4DB0-A089-
	actively promote health and		With support of the participating Town Select	6F91F5BED766%7D/uploads
	wellness in Reading		Boards, the Reading-West Windsor Aging in	/Reading Town Plan 02 1
			Place Committee will seek funding to support	<u>4_2022(1).pdf</u>
			a part-time community nurse position and	p.94-96
			subsequently hire a Community Nurse to serve	
			the towns of Reading and West Windsor.	
Royalton	Goal 1. Promote health and	7. Support the wellbeing and safety of children and	<b>9.</b> Explore methods for increasing accessibility to	https://www.trorc.org/wp-
	wellness in Royalton.	families.	family and child resources, including but not	content/uploads/2013/10/R
			limited to resources for domestic violence	oyalton-Town-Plan-2020.pdf
			prevention.	p.50-51
Springfield	2. Support and maintain	7. Support partnerships with school district, Parks &	[None provided.]	https://springfieldvt.gov/ver
	policies and practices that	Recreation, health service providers and other		tical/sites/%7B234B28A5-
	promote cross-generational,	organizations that facilitate year-round community		DB73-489E-ABFA-
	physical, emotional and	health, wellness, prevention and early intervention		F2FB1EF67C08%7D/uploads
	behavioral health, as well as	activities for all ages and abilities.		/2019 Springfield Town Pl
	social well-being.			an.pdf
				p.136-138

Town	Goals	Policies	Recommendations	Source
Springfield (continued)	2. Support and maintain policies and practices that promote cross-generational, physical, emotional and behavioral health, as well as social well-being.	<ul> <li>8. Support the school district's Wellness Committee and local healthcare providers in assuring access for youth to medical and dental services.</li> <li>23. Recruit post-secondary institutions to Springfield for training mid-level professionals in primary health, prevention and long-term care.</li> </ul>	[None provided.]	https://springfieldvt.gov/ver tical/sites/%7B234B28A5- DB73-489E-ABFA- F2FB1EF67C08%7D/uploads /2019 Springfield Town Pl an.pdf p.136-138
Weathersfield	10.4.1. Promote healthy community initiatives through comprehensive community planning and design that support public health, safety and welfare.	[None provided.]	<ul> <li>10.6.2. Actively publicize area existing health and human service agencies, health programs, transportation services, and recreational activities for residents and visitors.</li> <li>10.6.6. The town will consider obtaining ambulance coverage based in Springfield for the western part of the town.</li> </ul>	https://www.weathersfieldv t.org/sites/g/files/vyhlif6216 /f/uploads/weathersfieldto wnplan_0.pdf p.106-108
Wilmington	GOAL 5: Offer local community health support services.	Policy 1: Ensure availability of and make the community aware of local health, mental health and substance abuse treatment and recovery services. Arrange for supplements to existing services for improved availability and access.	Action 5.1.1: Encourage mental health and substance abuse providers to provide services locally.  Action 5.1.2: Ensure availability of services for elderly and disabled including transportation, meal delivery, health care services support.  Action 5.1.3: Promote the use of '211'to access existing services, such as: DV Community Cares, DV Community Partnership, SASH, Food Pantry, Families First, Habitat for Humanity, Windham/Windsor Housing Trust, Churches, Medical Facilities, Mental Health Providers, Drug and Alcohol Abuse Programs, Police, Fire, and Rescue.	https://wilmingtonvermont. us/wp- content/uploads/2018/10/T own-Plan-as-Adopted-10-2- 18.pdf p.29

Town	Goals	Policies	Recommendations	Source
Woodstock	Goal 1 - Support the	<b>Objective 1.1.</b> Support use of the Ottauquechee Health	Action 1.1.1. Regular articles in the Vermont	https://www.trorc.org/wp-
	availability of comprehensive	Center	Standard.	content/uploads/2013/10/2
	health care in the Woodstock		Action 1.1.2. Community conversations on	016-Town-Plan-08-10-16-
	community.		health care.	completed-with-inserted-
			Action 1.1.3. Recognize availability of free care	maps-and-amendments.pdf
			for those unable to afford medical care.	p.47-48
			<b>Action 1.1.4.</b> Ensure awareness of the range of	
			care available (ophthalmology, dermatology,	
			etc).	
		<b>Objective 1.2.</b> Work with Mt. Ascutney Hospital to	Action 1.2.1. Appoint a town designated	
		ensure efficient and effective functioning of the Center	representative to work with the Ottauquechee	
			Health Center Advisory Council.	
			Action 1.2.2. Create a welcoming and	
			informative environment in the Center, possibly	
			through a volunteer program. <b>Action 1.2.3.</b> Help	
			promote the importance of the Center in	
			Vermont's Blue Print for Health.	
		<b>Objective 1.3.</b> Support the Community Care	Action 1.3.1. Provide town funds for this service.	
		Coordinator Program. Recognize this as a crucial	Action 1.3.2. Recognize the importance of	
		community-based health program to provide access to	access to the CCC at the Senior Center as well as	
		resources.	at the Health Center.	
			Action 1.3.3. Provide regular on-going feedback	
			of the program ensuring community member	
		access and satisfaction.		
	<b>Objective 1.4.</b> Explore and study ways to provide an	Action 1.4.1. Consider providing an emergency		
		emergency care facility in Woodstock to treat	treatment facility in Woodstock.	
		individuals who need immediate emergency lifesaving		
		care on an economically viable basis.	Astrona Ed. Establish a baseline	
		<b>Objective 1.5.</b> Provide Support for the terminally ill and	Action 1.5.1. Establish a hospice.	
		their families.		

Town	Goals	Policies	Recommendations	Source
Woodstock	Goal 5 - Increase access to	Objective 5.1. Reduce suicide and self-inflicted injuries	<b>Action 5.1.1.</b> Promote awareness that suicide is	https://www.trorc.org/wp-
(continued)	local mental and behavioral	risk and rate	a public health issue.	content/uploads/2013/10/2
	health services.		Action 5.1.2. Develop and implement strategies	016-Town-Plan-08-10-16-
			to promote positive public attitudes toward	completed-with-inserted-
			being a consumer of mental health including	maps-and-amendments.pdf
			substance abuse and suicide prevention	p.49
			services.	
			Action 5.1.3. Training for recognizing at-risk	
			behavior and delivering effective treatment.	
			Action 5.1.4. Improve access to mental health	
			and substance abuse services and better	
			coordinate services in a variety of community	
			institutions.	

## Active Living & Active Transportation

Town	Goals	Policies	Recommendations	Source
Berkshire	Goal 6. Maintain and enhance	6) New construction or major reconstruction of roads	[None provided.]	https://6eade072-06b3-
	community infrastructure and	and highways in the Town should identify the feasibility		4cb0-b552-
	activities, both social and	of accommodating all users by way of paths, sidewalks,		9093f98282cd.filesusr.com/
	physical, which sustain and	or shoulders wide enough for use solely non-motorized		ugd/cf375c_ecfa826316da4
	improve the health and	means of transportation, when economically feasible or		ed2b6141ea1b5a1e26e.pdf
	wellbeing of all residents.	in the public interest.		p.89-90
		7) Sidewalk or pedestrian facilities should be provided		
		in populated areas, including the hamlets of East and		
		West Berkshire, and alternative recreational paths for		
		public use should be designated by the Town where		
		appropriate.		

Town	Goals	Policies	Recommendations	Source
Bethel	Goal 3: The Town will promote	<b>Policy f:</b> It is the policy of the Town to promote healthy	Recommendation f.3: The Town should	https://www.trorc.org/wp-
	health, safety and wellness for	lifestyle choices for its residents, including but not	promote use of parks and recreation facilities.	content/uploads/2020/11/B
	all of its residents.	limited to healthy food choices, prevention of substance		ethel-2020-Town-
		misuse, access to physical exercise and recreation, and		<u>Plan_FINAL.pdf</u>
		promotion of active transportation methods such as		
		walking and biking.		p. 56
Bridgewater		<b>4.</b> Promote active transportation through walking and	<b>4.</b> Promote use of park and recreation facilities.	https://www.trorc.org/wp-
	Goal: 1. Promote health and	biking.		content/uploads/2013/09/B
	wellness in Bridgewater	5. Improve parks, recreation facilities, and open spaces	5. Consider accessibility when developing public	<u>ridgewater-TP-Final.pdf</u>
		for accessibility and community mingling.	spaces and recreational opportunities.	00 00
Fast Masstastics	Cool 4 4: Duoto et us escationel	Astion 4.4.2. Develop a taril plane the Winesesti Diversity	[Nana gravidad ]	p.88-89
East Montpelier	<b>Goal 4.4</b> : Protect recreational spaces and develop new	<b>Action 4.4.2</b> : Develop a trail along the Winooski River in East Montpelier Village.	[None provided.]	https://eastmontpeliervt.org/wp-
	recreational areas in various	Last Montpeller Village.		content/uploads/2018/06/2
	parts of town.			018-Town-Plan-small.pdf
	parts of town.			p.34
	Goal 4.5: Maintain a proactive	Action 4.5.1: Support efforts to locate off-road	[None provided.]	https://eastmontpeliervt.or
	and supportive relationship	segments of the Cross Vermont Trail in East Montpelier.		g/wp-
	between the town, trail-user			content/uploads/2018/06/2
	groups, and landowners.			018-Town-Plan-small.pdf
				p.36
	Goal 4.6: Maintain and expand	Action 4.6.2: Consider new trail links to connect villages	[None provided.]	https://eastmontpeliervt.or
	the existing trail system to	and East Montpelier Elementary School with the trail		g/wp-
	create connected loops and	system.		content/uploads/2022/11/2
	links to villages and population			018-Town-Plan-Amended-
	centers.			<u>July-11-2022.pdf</u>
				p. 36

Town	Goals	Policies	Recommendations	Source
East Montpelier	Goal 6.2: Ensure that the road	Action 6.2.1: Ensure that all state transportation	[None provided.]	https://eastmontpeliervt.or
(continued)	network provides safe and	projects meet the goals of this plan		g/wp-
	adequate transportation for all	including accommodating pedestrian and bicycle use		content/uploads/2022/11/2
	road	and protecting the character of the		<u>018-Town-Plan-Amended-</u>
	users balanced with retaining	roadside.		<u>July-11-2022.pdf</u>
	the scenic and natural	Action 6.2.2: Provide safe, attractive and convenient		p. 70-71
	character of roadways.	pedestrian and bicycle facilities in East Montpelier		
		Village. Priorities are sidewalks and bicycle lanes		
		connecting the Upper Village to the Lower Village and		
		the Lower Village to East Montpelier Elementary School.		
		Action 6.2.3: Provide marked bicycle lanes with all new		
		paving projects.		
	Goal 6.3: Reduce traffic	Action 6.3.1: Implement traffic calming measures in	[None provided.]	
	speeds and improve safety in	villages and areas with pedestrians		
	villages and areas with	and bicyclists.		
	pedestrians and bicyclists.			
Fairlee	<b>Goal 1</b> To promote health and	2. It is the policy of the Town to promote active	<b>3.</b> The Town should explore bike path options.	https://www.trorc.org/wp-
	wellness in Fairlee.	transportation through walking and biking.		content/uploads/2013/10/F
				airlee-Town-Plan-adopted-
				<u>2020.pdf</u>
				p.6

Town	Goals	Policies	Recommendations	Source
Jeffersonville	To maintain, develop, expand, and enhance recreational facilities and opportunities.	Jeffersonville recognizes the value of the planned Lamoille Valley Rail Trail, Cambridge Greenway, and other trail networks. Jeffersonville supports infrastructure investments that will allow businesses and community members to take full advantage of this opportunity.	<ul> <li>Jeffersonville should identify and fill gaps in the existing recreation trail network and establish itself as a "hub" for local and regional recreation amenities.</li> <li>Jeffersonville, in partnership with other organizations and the Town of Cambridge, should develop a comprehensive plan for amenities, facilities, and aesthetics for the Lamoille Valley Rail Trail and other trail systems.</li> <li>Jeffersonville supports Cambridge Rail Trail Committee in their effort to extend Cambridge Greenway to Williamson Road, and eventually to Cambridge Village.</li> </ul>	gaps in and ical/Sites/%7B3C01460C- 7F49-40F5-B243- 0CA7924F23AF%7D/uploads her /1. Final Jeffersonville Villa ge Plan.pdf pn for p. 61-62  Road,
		Jeffersonville supports responsible development of additional indoor and outdoor recreational facilities within the Village. Passive recreation such as trails is an acceptable use of areas within the 100-year floodplain (as defined on the most recent FEMA maps), provided no new structures are created.	<ul> <li>The Village should work with other groups in the community to address various recreation issues, assist the development of recreational facilities, and support and coordinate the efforts of local recreation, trail, and conservation groups.</li> <li>Jeffersonville should continue to explore development of additional indoor and outdoor recreation and enrichment facilities.</li> </ul>	
	To encourage more physical activity through land use plans and policies.	<ul> <li>All public roads in Jeffersonville should provide for safe walking and biking.</li> <li>Jeffersonville's youth should be provided with opportunities to walk or bike to school, sound nutrition, and information pertinent to healthy living.</li> </ul>	[None provided.]	

Town	Goals	Policies	Recommendations	Source
Jeffersonville (continued)	For suitable amounts and types of land to be set aside in Jeffersonville for public use and enjoyment.	<ul> <li>Natural, scenic, and recreational areas should be protected so that they may be maintained as destinations for hiking, biking, and other physical activities.</li> <li>Public access to a wide variety of outdoor recreation activities should be preserved.</li> </ul>	[None provided.]	
Montpelier	Goal 1. By 2040, the incidences of preventable illness, injury and premature death in Montpelier are significantly reduced; life expectancy increases; and there is an improvement in quality of life for those who suffer from chronic diseases.	1b. Make Montpelier a place where it is easy to integrate physical activity into daily life.	<ul> <li>1b.1. Design roads in major transportation-ways to make biking and walking viable alternatives to automobile use.</li> <li>1b.2. Develop and maintain affordable, indoor community wellness options so that community members can stay active year-round.</li> <li>1b.3. Increase involvement in groups like CAN! to encourage participation in physical activity with neighbors.</li> <li>1b.4. Introduce additional "neighborhood-scale" recreational opportunities, and ensure larger regional facilities are well-served by alternative transportation.</li> <li>1b.5. Make full use of a variety of methods—online networking, local media, volunteer outreach, etc.—to ensure everyone is aware of the opportunities available to them.</li> </ul>	https://www.montpelier-vt.org/DocumentCenter/View/4789/Master-Plan-2017-Adopted-December-20-2017?bidId=p.230-231
		<b>1c.</b> Promote ways to integrate physical activity and nutritious eating habits into the workplace.	<ul> <li>1c.1. Encourage fitness programs/challenges in the workplace. Set up public/private partnerships to support these programs.</li> <li>1c.2. Encourage employers to support employee participation in noncompany, healthy lifestyle programs.</li> </ul>	

Town	Goals	Policies	Recommendations	Source
Montpelier	Goal 1 (continued)	1d. Increase the number of youth participating in	<b>1d.1.</b> Support and enhance existing outdoor	
(continued)		outdoor educational programs.	educational opportunities and encourage the	
			development of programs that promote physical	
			activity.	
			<b>1d.2.</b> Increase the understanding of "outdoor	
			classroom" opportunities at school.	
			<b>1d.3.</b> Make full use of a variety of methods—	
			online networking, local media, volunteer	
			outreach, etc.—to ensure everyone is aware of	
			the opportunities available to them.	
Morristown	[None provided.]	Draft zoning bylaw changes that require major	[None provided.]	https://morristownvt.org/ve
		development and redevelopment projects in the core		rtical/sites/%7B0DF3C9E1-
		of the village to provide pedestrian and bicycle		B323-4D1E-B137-
		amenities, such as sidewalks, bike lanes, bicycle		B890765A4F3D%7D/upload
		parking, and/or other streetscape improvements.		<u>s/2022-</u>
		Encourage the addition of more pedestrian amenities		2030 Town Plan Final 5.1
		in the village (such as benches, seats, water fountains,		<u>9.2022.pdf</u>
		shade/street trees) that enhance the pedestrian		p.58
		experience, especially in the downtown.		
		Ensure that adequate and appropriate lighting exists		
		for streets, parks, recreation facilities, sidewalks, bike		
		paths, and bike lanes to promote their use during		
		non-daylight hours, especially during the short winter		
		days.		
		Plan for the routine maintenance of municipally		
		designated bike lanes/routes (to the extent permitted		
		by town & village funding).		
		Support the conservation or protection of commonly-		
		used cross country ski-trails, such as the Catamount		
		Trail, VAST Trails, the trails around Bliss Hill, and the		
		trails on private land abutting the school property.		
		Support the Rail Trail as an important pedestrian,		
		transportation, and wellness amenity.		

Town	Goals	Policies	Recommendations	Source
Morristown	[None provided.]	Increase access to park and recreation opportunities	[None provided.]	https://morristownvt.org/ve
(continued)		for all.		rtical/sites/%7B0DF3C9E1-
		<ul> <li>Evaluate the additional cost associated with building</li> </ul>		B323-4D1E-B137-
		and maintaining safe, pleasant streets for walking and		B890765A4F3D%7D/upload
		biking, paying particular attention to high traffic areas		<u>s/2022-</u>
		by schools. Pedestrian and bike oriented		2030 Town Plan Final 5.1
		transportation options provide residents with the		9.2022.pdf
		option to walk/bike rather than drive, lessening traffic		p.58
		congestion, and improving our air quality.		
		<ul> <li>Prioritize protection and use of municipally owned</li> </ul>		
		recreational and natural spaces, including the Town		
		Forest, Oxbow Riverfront Park, and the portions of		
		the Clark property that can be safely accessed by the		
		public (in relation to the active hydro facility, and the		
		sensitive ecological integrity of this area).		
		<ul> <li>Improve and expand the existing trail system that</li> </ul>		
		accesses Oxbow Riverfront Park, including formalizing		
		the footpath that connects the park to the terminus		
		of Foundry St.		
		<ul> <li>Add an access point, or footpath, connecting Foundry</li> </ul>		
		Street to the Rail Trail, which would formalize Rail		
		Trail access at each side of the Oxbow park peninsula,		
		and also create a small walking loop through Oxbow		
		Park that is accessed from the Rail Trail.		
		Encourage the purchase of natural areas for		
		recreational purposes and wildlife corridors.		
I				

Town	Goals	Policies	Recommendations	Source
Orange	Goal 8. Maintain and enhance	1. Support the Town Recreation Committee in the effort	1. Assess existing recreation facilities and	https://orangevt.org/wp-
	healthy choices for the	to develop and maintain recreation facilities and	prioritize any upgrades that may be necessary.	content/uploads/2021/05/O
	residents of Orange including	infrastructure that will provide recreation opportunities	2. Identify grants or other funding sources that	range-Vermont-Town-
	active and passive recreational	for all residents	could be used to support recreational priorities	<u>Plan.pdf</u>
	opportunities; local food	4. Maintain and enhance recreational facilities and	for the community.	p.63-64
	choices; and access to natural,	opportunities.		
	scenic, or environmental	2. Ensure the preservation of and access to important	3. Identify locations that can support public	
	amenities.	natural and scenic resource areas for recreational use.	access to outdoor recreation amenities including	
		5. Encourage more physical activity through public land	hunting, fishing, bird watching, hiking, or similar	
		use plans and policies.	activities.	
		7. Support public access to natural, scenic, or	5. Require large land use projects to include	
		environmental recreation opportunities including	open space or similar amenities in their plans to	
		hiking, hunting, fishing, and other activities.	ensure open land is preserved and accessible to	
			the community.	
Reading	1. Town officials, committees,	2. Promote healthy lifestyle choices for Reading's	The Recreation Commission and other groups	https://readingvt.govoffice.
	business and other	residents, including but not limited to healthy food	will collaborate to plan and build a network of	com/vertical/sites/%7B29D7
	organizations or groups will	choices, prevention of substance misuse, access to	paths or trails for walking and non-motorized	6170-2CBD-4DB0-A089-
	actively promote health and	physical exercise and recreation, and promotion of	exercise activity in locations convenient to the	6F91F5BED766%7D/uploads
	wellness in Reading.	active transportation methods such as walking and	Village Center, hamlets and throughout town.	/Reading Town_Plan_02_1
		biking.	The Recreation Commission will consult with	4_2022(1).pdf
		8. Create a balanced and equitable transportation	landowners and create a map of nonmotorized	p.94-96
		system that provides for the safety and universal	paths and trails and other recreational places	
		mobility of pedestrians, bicyclists, strollers and	of interest	
		wheelchairs.		
		<b>9.</b> Incorporate active transportation design features into		
		new development projects.		
		<b>4.</b> Promote active transportation through walking and	<b>5.</b> Promote use of park and recreation facilities	https://www.trorc.org/wp-
	Cool 1. Dynamata haalth and	biking.	and expand walking and biking opportunities.	content/uploads/2013/10/R
Royalton	<b>Goal 1.</b> Promote health and		10. Consider conducting Health Impact	oyalton-Town-Plan-2020.pdf
•	wellness in Royalton.		Assessments for proposed projects when	p.50-51
			appropriate.	

Town	Goals	Policies	Recommendations	Source
Springfield	1. Engage the community, especially youth, seniors, and other underrepresented populations, and building a culture of healthy living and lifestyle choices, including healthy eating and substance free and active living	<ul> <li>2. Maintain zoning regulations which encourage active lifestyles and access to healthy food.</li> <li>9. Create adequate sidewalks throughout the developed portion of Springfield and, where possible, connect them to trails or pathways outside the developed portion of Springfield.</li> <li>15. Continue to support recreational programs in partnership with the School District, Town of Springfield Parks and Recreation Department, and area health centers, where appropriate.</li> <li>19. Review previous plans and feasibility studies to form a pedestrian and bicycle master plan that could also include a walking bridge across the Black River from Mineral to Main Streets and a stairway from Wall to Main Streets.</li> <li>27. Promote shared use agreements that allow expanded use of public buildings for physical activity.</li> <li>28. Encourage mandatory physical education for allstudents who are not involved in seasonal athletics by promoting collaboration between the Town, School District and other local entities to assure that all youth are given the opportunity to be involved in year-round physical exercise programs. Ensure that there are adequate opportunities for students to participate regardless of their ability.</li> </ul>		https://springfieldvt.gov/ver tical/sites/%7B234B28A5- DB73-489E-ABFA- F2FB1EF67C08%7D/uploads /2019 Springfield Town Pl an.pdf p.136-139
Waterville	[None provided.]	Waterville supports opportunities for residents of all ages to engage in physical and recreational activities, benefiting their health and wellness.	Waterville should seek funds and opportunities to promote health activities for residents.	https://www.lcpcvt.org/vert ical/Sites/%7B3C01460C- 7F49-40F5-B243- 0CA7924F23AF%7D/uploads /1. 2019 Waterville Town Plan Final.pdf p.38

Town	Goals	Policies	Recommendations	Source
Weathersfield	10.4.1. Promote healthy community initiatives through comprehensive community planning and design that support public health, safety and welfare.	<ul> <li>10.5.3. Major developments will strive to create a balanced transportation system that provides for the safety and mobility of all users and that furthers the Complete Streets principles.</li> <li>10.5.5 The town should improve awareness of and public access to public-owned recreation facilities such as the Weathersfield School Gymnasium/Auditorium,</li> </ul>	<ul> <li>10.6.1. Consider utilizing a health impact analysis as part of a complete local land use permit application for commercial and industrial uses.</li> <li>10.6.2. Actively publicize area existing health and human service agencies, health programs, transportation services, and recreational</li> </ul>	https://www.weathersfieldv t.org/sites/g/files/vyhlif6216 /f/uploads/weathersfieldto wnplan 0.pdf p.106-108
		Hoisington Field, and the Town Forest.	activities for residents and visitors.  10.6.7. Evaluate current goals and mission of Parks and Recreation Commission, and create policies that govern commission activities and expenditures.	
		<b>10.5.6.</b> Development will not diminish public access to existing public recreational facilities.	<b>10.6.1.</b> Consider utilizing a health impact analysis as part of a complete local land use permit application for commercial and industrial uses.	
Wolcott	To maintain and enhance recreational facilities and opportunities.	Take active part in making the Lamoille Valley Rail Trail a rural trail facility that will provide opportunities for all users to enjoy nature and the scenic Vermont landscape to its fullest.	<ul> <li>Develop a comprehensive plan for amenities, facilities and aesthetics for the Lamoille Valley Rail Trail in town.</li> <li>Address various recreation issues in town, assist the development of recreational facilities, and support and coordinate the efforts of groups like the Wolcott Athletic Association</li> <li>Pursue grant funding for the development of the North Wolcott Recreation Park.</li> </ul>	https://www.lcpcvt.org/vert ical/Sites/%7B3C01460C- 7F49-40F5-B243- 0CA7924F23AF%7D/uploads /Final Plan Narrative and Maps Combined.pdf p.59-60
		<ul> <li>Protect natural, scenic and recreational areas so that they may be maintained as destinations for hiking, biking and other physical activities.</li> <li>Ensure public access to hunting and fishing and other outdoor recreation activities.</li> </ul>	[None provided.]	

Town	Goals	Policies	Recommendations	Source
Wolcott	To encourage more physical	Developers of large residential projects should include	[None provided.]	https://www.lcpcvt.org/vert
(continued)	activity through public land	adequate open space and pedestrian amenities for		ical/Sites/%7B3C01460C-
	use plans and policies.	recreation by the future residents of the project.		7F49-40F5-B243-
		All public roads in Wolcott should provide for safe		0CA7924F23AF%7D/uploads
		walking and biking.		/Final_Plan_Narrative_and_
				Maps_Combined.pdf
				p.59-60
Woodstock	<b>Goal 4</b> - Support infrastructure	Objective 4.2. Promote a built environment and	Action 4.2.1. Implement the Safe Routes to	https://www.trorc.org/wp-
	policies and organizations	programs that support physical activity.	School Plan adopted by the Village of	content/uploads/2013/10/2
	which promote healthy eating		Woodstock Trustees. Use the Plan as a basis for	016-Town-Plan-08-10-16-
	and active living and address		developing a more robust plan for a Walkable	completed-with-inserted-
	obesity and other health		Woodstock.	maps-and-amendments.pdf
	consequences.		Action 4.2.2. Expand Safe Routes to School	p.49
			Travel Plan to include the greater Woodstock	
			area to create a safe walkable town center.	
			Action 4.2.3. Support other programs that	
			promote healthy, physical activity	

### Age-Friendly Environment

Town	Goals	Policies	Recommendations	Source
East Montpelier	Goal 5.3: Support services and	Action 5.3.1: Support the location of a senior center in	[None provided.]	https://eastmontpeliervt.or
	facilities to address the needs	East Montpelier Village.		g/wp-
	for seniors and families with			content/uploads/2022/11/2
	young children.			018-Town-Plan-Amended-
				<u>July-11-2022.pdf</u>
				p. 49

Town	Goals	Policies	Recommendations	Source
Montpelier	Goal 3: Seniors and people with disabilities report that they have the support and resources needed to live independently in the community.	<b>3a.</b> Ensure that seniors and people with disabilities have the support and resources necessary to live independently.	<ul> <li>3a.1. Expand availability of affordable home care and related home support services (such as snow removal and housing maintenance), by, for example, making better linkages with schools and youth.</li> <li>3a.2. Expand the availability of, and access to, caregiver respite services.</li> <li>3a.3. Encourage seniors and people with disabilities to continue to participate in the community by volunteering, joining REACH and the Onion River Exchange, and/or attending community events.</li> </ul>	https://www.montpelier-vt.org/DocumentCenter/View/4789/Master-Plan-2017-Adopted-December-20-2017?bidId=p.233
		<b>3b.</b> Provide supportive housing services to people who are unable to live independently.	[None provided.]	
Weathersfield	10.4.1. Promote healthy community initiatives through comprehensive community planning and design that support public health, safety and welfare.	[None provided.]	<b>10.6.5.</b> Evaluate whether existing programs support multigenerational planning and aging-in-place in Weathersfield.	https://www.weathersfieldv t.org/sites/g/files/vyhlif6216 /f/uploads/weathersfieldto wnplan 0.pdf p.106-108
Woodstock	<b>Goal 7</b> - Build a stronger community for healthy aging.	<b>Objective 7.1.</b> Access to physical activity, medical care, nutritious food, social engagement, and mobility	Action 7.1.1. Learn about walkways, homes, and neighborhoods that meet the needs of older adults.  Action 7.1.2. Work with Thompson Senior Center and other entities to create a community that supports healthy aging in place.  Action 7.1.3. Encourage increased day care facilities for senior citizens	https://www.trorc.org/wp- content/uploads/2013/10/2 016-Town-Plan-08-10-16- completed-with-inserted- maps-and-amendments.pdf p.50

### Child Care

Town	Goals	Policies	Recommendations	Source
Springfield	3. Create and maintain a safe community that includes an appropriate mix of affordable and market rate housing, outdoor activities, employment opportunities and access to goods and services.	<b>6</b> . Review zoning regulations to encourage development of licensed childcare opportunities.	[None provided.]	https://springfieldvt.gov/ver tical/sites/%7B234B28A5- DB73-489E-ABFA- F2FB1EF67C08%7D/uploads /2019 Springfield Town Pl an.pdf p.136-139
Waterville	[None provided.]	Waterville supports state-level efforts to put in place mechanisms that facilitate access to high quality and affordable child care.	[None provided.]	https://www.lcpcvt.org/vert ical/Sites/%7B3C01460C- 7F49-40F5-B243- 0CA7924F23AF%7D/uploads /1. 2019 Waterville Town Plan Final.pdf, p.38

## **Environmental Quality**

Town	Goals	Policies	Recommendations	Source
Bethel	Goal 3: The Town will promote health, safety and wellness for all of its residents.	<b>Policy e:</b> It is the policy of the Town to build infrastructure that will promote environmentally safe and healthy lifestyles.	Recommendation e.1: Town will develop infrastructure using the Health Impact Assessment process, considering environmental and healthy lifestyle impacts.	https://www.trorc.org/wp- content/uploads/2020/11/Be thel-2020-Town- Plan_FINAL.pdf
Bridgewater	<b>Goal: 1.</b> Promote health and wellness in Bridgewater	3. Minimize the risks to human health and the environment posed by hazardous sites.	<b>3.</b> Protect water quality of rivers, streams, lakes, and wetlands.	p. 56  https://www.trorc.org/wp- content/uploads/2013/09/Bri dgewater-TP-Final.pdf p.88

Town	Goals	Policies	Recommendations	Source
East Montpelier	Goal 9.11: Encourage farming practices that protect wildlife habitat, water quality, and soil productivity.	Action 9.11.1: Ensure land conservation easement includes appropriate stream and roadside buffers to minimize agricultural run-off.	[None provided]	https://eastmontpeliervt.org /wp- content/uploads/2022/11/20 18-Town-Plan-Amended-July- 11-2022.pdf p.128
Fairlee	<b>Goal 1</b> To promote health and wellness in Fairlee.	<b>4.</b> It is the policy of the Town to minimize risk to human health and the environment posed by hazardous sites.	[None provided.]	https://www.trorc.org/wp- content/uploads/2013/10/Fa irlee-Town-Plan-adopted- 2020.pdf p.6
Glover	Work toward making Glover an inclusive and safe community where people from all backgrounds and identities feel welcome and at home.	Encourage and expand volunteerism and citizen participation in the town's activities.	<ul> <li>Remain vigilant to potential hazards with plans for quick mitigation: water, soil, air pollution, fire, flood.</li> <li>Continue active participation in Local Emergency Planning Commission District 10.</li> </ul>	https://townofglover.com/w p-content/uploads/2018- Glover-Town-Plan.pdf p.23
Plymouth	<b>Goal 1.</b> Promote health and wellness in Plymouth.	<b>3.</b> Minimize the risks to human health and the environment posed by hazardous sites.	<b>3.</b> Protect water quality of rivers, streams, lakes, and wetlands.	https://www.trorc.org/wp- content/uploads/2013/10/Pl ymouth-Adopted-Plan-2019- 002.pdf, p.55-56
	1. Town officials, committees, business and	<b>5.</b> Minimize environmental and human health risks posed by hazardous sites	[None provided.]	https://readingvt.govoffice.c om/vertical/sites/%7B29D76
Reading	other organizations or groups will actively promote health and wellness in Reading.	<b>6.</b> Improve air and water quality and reduce air and water pollution.	[None provided.]	170-2CBD-4DB0-A089- 6F91F5BED766%7D/uploads/ Reading Town Plan 02 14 2022(1).pdf p.94-96

Town	Goals	Policies	Recommendations	Source
Royalton	<b>Goal 1.</b> Promote health and wellness in Royalton.	<b>3.</b> Minimize the risks to human health and the environment posed by hazardous sites.	<ul> <li>4. Protect water quality of rivers, streams, lakes, and wetlands according to policies and actions developed in the basin plans established by the Secretary of Natural Resources.</li> <li>10. Consider conducting Health Impact Assessments for proposed projects when appropriate.</li> </ul>	https://www.trorc.org/wp- content/uploads/2013/10/Ro yalton-Town-Plan-2020.pdf p.50-51
Springfield	3. Create and maintain a safe community that includes an appropriate mix of affordable and market rate housing, outdoor activities, employment opportunities and access to goods and services.	11. Develop appropriate policies to maintain clean air, soil and water.	[None provided.]	https://springfieldvt.gov/vert ical/sites/%7B234B28A5- DB73-489E-ABFA- F2FB1EF67C08%7D/uploads/ 2019 Springfield Town Plan .pdf p.136-139
Woodstock	Goal 2 - Consider how new developments (e.g. housing, transportation, infrastructure, policies, zoning, road construction, water treatment plants) impact health.	Objective 2.1. Ensure that a Health Impact Assessment (HIA) is conducted with every major project	Action 2.1.1. Use HIA trained individuals to lead a HIA with every proposed major project. Action 2.1.2. Use the results of the HIA to adapt the project to maximize the positive health impacts and minimize the negative health impacts.	https://www.trorc.org/wp- content/uploads/2013/10/20 16-Town-Plan-08-10-16- completed-with-inserted- maps-and-amendments.pdf p.48

### Faith, Wisdom, and Spirituality

Town	Goals	Policies	Recommendations	Source
Montpelier	Goal 1: Over 80 percent of		[None provided.]	https://www.montpelier-
	Montpelier residents report	1a. Increase public awareness of and education about		vt.org/DocumentCenter/Vie
	that the openness and	Montpelier's faith, wisdom, and spiritual community.		w/4789/Master-Plan-2017-
	acceptance of the community			Adopted-December-20-
	toward people of diverse			<u>2017?bidId=</u>
	backgrounds is "good" or			p.235-236
	"excellent."			
	Goal 2: Over 85 percent of	<b>2a.</b> Create opportunities for dialogue and celebration	2a.1 Establish forums and policy/program	
	Montpelier residents report	among different religions, faith traditions, and cultures.	discussions that encourage conversation among	
	that the there are		different religions, faith traditions, and	
	"good" or "excellent"		cultures.	
	opportunities to participate in		<b>2a.2</b> Encourage cultural celebrations.	
	religious or spiritual events		<b>2a.3</b> Support interfaith education programs.	
	and activities.	<b>2b.</b> Ensure people are aware of faith and spiritual	<b>2b.1.</b> Include information about faith and	
		resources in the community.	spiritual resources in a welcome package for	
			newcomers to the city.	
			<b>2b.2.</b> Encourage spiritual groups to provide	
			electronic links on their on website to other	
			opportunities in the area.	
			<b>2b.3.</b> Make full use of a variety of methods—	
			online networking, local media, volunteer	
1			outreach, etc.—to ensure everyone is aware of	
l			the opportunities available to them.	

### Healthy Food Access and Choice

Town	Goals	Policies	Recommendations	Source
Berkshire	Goal 6: Maintain and enhance community infrastructure and activities, both social and physical, which sustain and improve the health and wellbeing of all residents.	<ul> <li>11) The Town should ensure that local regulations support local farm stands wherever possible.</li> <li>12) The Town supports the Berkshire Elementary School's Farm to School Program.</li> </ul>	[None provided.]	https://6eade072-06b3-4cb0- b552- 9093f98282cd.filesusr.com/ugd/cf 375c_ecfa826316da4ed2b6141ea 1b5a1e26e.pdf p.89-90
Bethel	Goal 3: The Town will promote health, safety and wellness for all of its residents.	Policy f: It is the policy of the Town to promote healthy lifestyle choices for its residents, including but not limited to healthy food choices, prevention of substance misuse, access to physical exercise and recreation, and promotion of active transportation methods such as walking and biking.	Recommendation f.4: The Town should continue to support healthy eating, local agriculture, and food production through ongoing support of the weekly Bethel Farmers' Market. Recommendation f.5: The Town shall promote and support the efforts of the Bethel Food Shelf in assisting low income and food insecure residents with access to enough healthy and nutritious food to maintain a healthy lifestyle.	https://www.trorc.org/wp- content/uploads/2020/11/Bethel- 2020-Town-Plan FINAL.pdf p. 56
Bridgewater	<b>Goal: 1.</b> Promote health and wellness in Bridgewater	1. Increase access to healthy foods.	<b>1.</b> Promote and expand farmers markets and community gardens.	https://www.trorc.org/wp- content/uploads/2013/09/Bridge water-TP-Final.pdf p.88
East Montpelier	Goal 7.4: Promote and support the viability of sustainable agricultural enterprises.	Action 7.4.1: Encourage local agricultural enterprises through non-regulatory techniques such as hosting farmer's markets or fairs and providing information about local agricultural products.	[None provided]	https://eastmontpeliervt.org/wp- content/uploads/2022/11/2018- Town-Plan-Amended-July-11- 2022.pdf p.102
Fairfax	Support and encourage activities and community infrastructure, both social and physical, which enable and	To support the local food system (growing, harvesting, processing, packaging, transporting, marketing, consuming, and disposing of food).	[None provided.]	https://www.fairfax- vt.gov/vertical/sites/%7BA7F085C D-5C79-4CCF-8878- 6AF1EF4F216C%7D/uploads/Fairf axTownPlan-

Town	Goals	Policies	Recommendations	Source
Fairfax (continued)	sustain the health and well- being of all residents	<ul> <li>To collaborate with interested parties to complete a community food audit to identify existing access and future opportunities to increase access to healthy food.</li> <li>To improve the access to healthy food and model best practices related to promoting healthy communities.</li> </ul>		Appendix Adopted 2018 small ( 1).pdf p.38
Fairlee	<b>Goal 1</b> To promote health and wellness in Fairlee.	<b>3.</b> It is the policy of the Town to support increased access to healthy foods.	<b>4.</b> The Town should help promote access to and awareness of locally grown and locally produced foods.	https://www.trorc.org/wp- content/uploads/2013/10/Fairlee- Town-Plan-adopted-2020.pdf p.6
Glover	Work toward making Glover an inclusive and safe community where people from all backgrounds and identities feel welcome and at home.	Encourage and expand volunteerism and citizen participation in the town's activities.	Work to make Glover a food secure community by setting up a food shelf, maintaining a Meals-on-Wheels program, and creating community garden opportunities.	https://townofglover.com/wp- content/uploads/2018-Glover- Town-Plan.pdf p.23
Jeffersonville	To provide access to healthy, affordable locally grown food.	The availability and affordability of locally grown foods to residents of all income levels should be increased.	The Jeffersonville Farmers' and Artisans' Market should continue to participate in the EBT/Debit program.	https://www.lcpcvt.org/vertical/Si tes/%7B3C01460C-7F49-40F5- B243- 0CA7924F23AF%7D/uploads/1. Fi
		<ul> <li>Gardening, including private and community gardens, is strongly encouraged and supported.</li> <li>Jeffersonville should plan for the development of future community gardens.</li> </ul>	The Jeffersonville Board of Trustees and Planning Commission should work with other local groups to identify potential space for community gardens within the Village.	nal Jeffersonville Village Plan.pd <u>f</u> p. 61-62
		Jeffersonville's youth should be provided with opportunities to walk or bike to school, sound nutrition, and information pertinent to healthy living.	The Cambridge Elementary School should continue to work with local farmers/producers to increase local food products provided as part of the school's lunch program.	

Town	Goals	Policies	Recommendations	Source
Montpelier	Goals  Goal 1: By 2040, the incidences of preventable illness, injury and premature death in Montpelier are significantly reduced; life expectancy increases; and there is an improvement in quality of life for those who suffer from chronic diseases.	Policies  1a. Ensure that all Montpelier residents have access to health education and recreation to support physical and mental health.  1c. Promote ways to integrate physical activity and nutritious eating habits into the workplace.	<ul> <li>1a.3. The Central Vermont Food Systems Council increases awareness of local food education opportunities.</li> <li>1c.1. Encourage fitness programs/challenges in the workplace. Set up public/private partnerships to support these programs.</li> <li>1c.2. Encourage employers to support employee participation in noncompany, healthy lifestyle</li> </ul>	https://www.montpelier- vt.org/DocumentCenter/View/478 9/Master-Plan-2017-Adopted- December-20-2017?bidId= p.230
		1e. Promote healthy eating habits.	programs  1e.1. Encourage and support such programs as farm-to-school and farm-to-hospital.  1e.2. Promote the awareness of programs that increase accessibility and affordability of whole, fresh foods (EBT at Farmers' Market; fresh food at Food Shelf; etc).  1e.3. Support and enhance programs that teach individuals how to shop for and cook with whole foods.	
Morristown	[None provided.]	<ul> <li>Encourage local agricultural, and forest based, product production from local sources.</li> <li>Show support for local agribusinesses, and agricultural land-use.</li> <li>Show support for the farmers' market, local farm stands, and community gardens.</li> <li>Encourage and support community led health campaigns that increase consumer awareness of healthy lifestyles.</li> </ul>	[None provided.]	https://morristownvt.org/vertical/sites/%7B0DF3C9E1-B323-4D1E-B137-B890765A4F3D%7D/uploads/2022  2030 Town Plan Final 5.19.2022 .pdf p. 58

Town	Goals	Policies	Recommendations	Source
Orange	Goal 8: Maintain and enhance healthy choices for the residents of Orange including active and passive recreational opportunities; local food choices; and access to natural, scenic, or environmental amenities.	6. Support access to local food production and availability.	[None provided.]	https://orangevt.org/wp- content/uploads/2021/05/Orange -Vermont-Town-Plan.pdf p.63
Plymouth	<b>Goal 1.</b> Promote health and wellness in Plymouth.	1. Increase access to healthy foods by alerting town residents to organizations such as local CSAs, the Vermont Healthy Soils Coalition, local farmers' markets, and organizations that serve local residents in need, such as Black River/Good Neighbor.	1. Promote and expand farmers markets and community gardens, encourage local gardeners to share their overabundance of summer produce by bringing their fruits and vegetables to a local site for distribution, and organize delivery to local residents who are unable to drive.	https://www.trorc.org/wp- content/uploads/2013/10/Plymou th-Adopted-Plan-2019-002.pdf p.55-56
Reading	1. Town officials, committees, business and other organizations or groups will actively promote health and wellness in Reading.	2. Promote healthy lifestyle choices for Reading's residents, including but not limited to healthy food choices, prevention of substance misuse, access to physical exercise and recreation, and promotion of active transportation methods such as walking and biking.  3. Increase access to healthy foods.	The Reading-West Windsor Food Shelf will continue its work to provide healthy food and donated personal items to families in need.	https://readingvt.govoffice.com/vertical/sites/%7B29D76170-2CBD-4DB0-A089-6F91F5BED766%7D/uploads/Reading Town Plan 02 14 2022(1).pdfp.94-96
Royalton	Goal 1. Promote health and wellness in Royalton.	1. Increase access to healthy foods.	1. Assist the farmers market and community garden to explore barriers to and increase options for food access. 2. Support organizations like the Royalton Food Shelf and explore additional opportunities and locations for similar services.	https://www.trorc.org/wp- content/uploads/2013/10/Royalto n-Town-Plan-2020.pdf p.50-51

Town	Goals	Policies	Recommendations	Source
<b>Town</b> Springfield	Goals  1. Engage the community, especially youth, seniors, and other underrepresented populations, and building a culture of healthy living and lifestyle choices, including healthy eating and substance free and active living	<ol> <li>Encourage and facilitate the development of affordable neighborhood stores offering healthy choices within the residential neighborhoods.</li> <li>Maintain zoning regulations which encourage active lifestyles and access to healthy food.</li> <li>Consider offering reclaimed property for the expansion of the existing Springfield farmer's market or for a year-round farmer's market.</li> <li>Review zoning regulations to encourage neighborhood gathering spaces and community gardens to promote local agriculture, access to healthy foods and social engagement.</li> <li>Discourage exposure to tobacco, alcohol,</li> </ol>	Recommendations	https://springfieldvt.gov/vertical/s ites/%7B234B28A5-DB73-489E- ABFA- F2FB1EF67C08%7D/uploads/2019 Springfield_Town_Plan.pdf p.136-137
Weathersfield	10.4.1. Promote healthy community initiatives through comprehensive community planning and design that support public health, safety and welfare.	other harmful substances and unhealthy foods.  10.5.7. The town should encourage businesses and community-led initiatives to strengthen the food system and enhance access to locally produced foods, including the development of necessary infrastructure, such as community gardens on vacant lands, more farm stands, and support for community-based food shelves.	<b>10.6.3.</b> Consider zoning bylaw provisions that encourage retail uses that contribute to healthy diets.	https://www.weathersfieldvt.org/sites/g/files/vyhlif6216/f/uploads/weathersfieldtownplan_0.pdfp.106-108
Wolcott	To provide access to healthy, locally grown food	Support increased availability and affordability of locally grown foods to lower income residents.  Provide to Wolcott's school children ample nutrition and information pertinent to healthy living.	Investigate the feasibility of a Wolcott farmer's market.  Promote the district wide school wellness policy for students and teachers developed by the Orleans South West Supervisory Union.	https://www.lcpcvt.org/vertical/Si tes/%7B3C01460C-7F49-40F5- B243- 0CA7924F23AF%7D/uploads/Final Plan Narrative and Maps Com bined.pdf
	To provide access to land for community gardens	Plan for future community gardens.	Pursue the development of community gardens in town; a first step would be the identification of potential sites.	p.59-60

Town	Goals	Policies	Recommendations	Source
Woodstock	<b>Goal 4</b> - Support infrastructure	Objective 4.1. Increase access to local healthy	<b>Action 4.1.1.</b> Support local Farm to School efforts.	https://www.trorc.org/wp-
	policies and organizations	food for all.	Action 4.1.2. Support access to Healthier Living	content/uploads/2013/10/2016-
	which promote healthy eating		workshops for the Woodstock Community.	Town-Plan-08-10-16-completed-
	and active living and address		Action 4.1.3. Support expansion of existing	with-inserted-maps-and-
	obesity and other health		farmer's market and creation of new farmer's	amendments.pdf
	consequences.		markets that accept EBT cards.	p.49
			Action 4.1.4. Support policies that limit availability	
			of sugar-sweetened beverages in schools.	

### Healthy Homes

Town	Goals	Policies	Recommendations	Source
Bethel	Goal 3: The Town will promote health, safety and wellness for all of its residents.	<b>Policy e:</b> It is the policy of the Town to build infrastructure that will promote environmentally safe and healthy lifestyles.	<b>Recommendation e.2:</b> The Town should support efforts to provide residents with affordable, safe, and efficient heating systems.	https://www.trorc.org/wp- content/uploads/2020/11/B ethel-2020-Town- Plan_FINAL.pdf
Bridgewater	<b>Goal: 1.</b> Promote health and wellness in Bridgewater	2. Maintain sufficient affordable housing.	2. Work with local housing authorities to create a variety of housing types and maintenance options	p. 56  https://www.trorc.org/wp-content/uploads/2013/09/Bridgewater-TP-Final.pdf p.88

Town	Goals	Policies	Recommendations	Source
	<b>Goal 6.14</b> : Promote energy conservation and efficiency.	Action 6.14.1: Publicize home weatherization and other energy conservation programs to East Montpelier residents.	[None provided]	https://eastmontpeliervt.or g/wp- content/uploads/2022/11/2 018-Town-Plan-Amended- July-11-2022.pdf p.90
East Montpelier	Goal 8.1: Provide a range of housing opportunities including single-family, multifamily, mixed use, and affordable and senior housing.	Action 8.1.1: Partner with other organizations to create affordable and senior housing near transportation and services.  Action 8.1.2: Evaluate expanding the Conservation Fund to include affordable housing.  Action 8.1.3: Promote and support home share programs as a way to support senior and affordable housing	[None provided]	https://eastmontpeliervt.or g/wp- content/uploads/2022/11/2 018-Town-Plan-Amended- July-11-2022.pdf p.108
Fairlee	<b>Goal 1</b> To promote health and wellness in Fairlee.	1. It is the policy of the Town to promote sufficient affordable housing	<ol> <li>The Town should work with the Two Rivers-Ottauquechee Regional Commission (TRORC) to evaluate Fairlee's role in supplying the region's housing stock by continuing to assess the Town's capacity for growth.</li> <li>The Town should promote opportunities for housing that meet the Town's identified need.</li> </ol>	https://www.trorc.org/wp- content/uploads/2013/10/F airlee-Town-Plan-adopted- 2020.pdf p.6
Jeffersonville	For Jeffersonville to expand quality affordable healthcare options available to the local community.	[None provided.]	Jeffersonville should pursue partnerships with other organizations to ensure the provision of affordable housing that shelters and supports all residents, especially children, the elderly, and those possessing disabilities.	https://www.lcpcvt.org/vert ical/Sites/%7B3C01460C- 7F49-40F5-B243- 0CA7924F23AF%7D/uploads /1. Final Jeffersonville Villa ge_Plan.pdf p.61-62

Town	Goals	Policies	Recommendations	Source
	[None provided.]	Incorporate healthy homes principals into all	[None provided.]	https://morristownvt.org/ve
		public housing development		rtical/sites/%7B0DF3C9E1-
				B323-4D1E-B137-
Morristown				B890765A4F3D%7D/upload
IVIOITISCOVII				<u>s/2022-</u>
				2030 Town Plan Final 5.1
				<u>9.2022.pdf</u>
				p.59
		2. Encourage affordable housing.	<b>2.</b> Work with local housing authorities to create a	https://www.trorc.org/wp-
	<b>Goal 1.</b> Promote health and		variety of housing types and maintenance options.	content/uploads/2013/10/P
Plymouth	wellness in Plymouth.			<u>lymouth-Adopted-Plan-</u>
	weilitess in Flymouth.			<u>2019-002.pdf</u>
				p.55-56
	1. Town officials, committees, business and other organizations or groups will actively promote health and wellness in Reading.	1. Prioritize infrastructure investments that	The Energy Board and Volunteer Fire Department	
		promote environmentally safe and healthy	will promote programs to improve the health, safety	
		lifestyles.	and energy efficiency for Reading homes and	
			businesses with educational events and using	https://readingvt.govoffice.
			resources available through Southeastern Vermont	com/vertical/sites/%7B29D7
			Community Action (SEVCA), Efficiency Vermont, and	6170-2CBD-4DB0-A089-
Reading			Vermont Housing and Conservation Board (VHCB).	6F91F5BED766%7D/uploads
		<b>4.</b> Prioritize the development and maintenance of	The Planning Commission and Select Board will	/Reading Town Plan 02 1
		safe and high-quality affordable housing, consistent	collaborate to consider regulatory options which	<u>4_2022(1).pdf</u>
		with the policies of the Housing Chapter.	address substandard housing.	p.94-96
			The Health Officer(s) will pro-actively educate	
			landlords about public health rules for rental	
			dwellings.	
Royalton	<b>Goal 1.</b> Promote health and wellness in Royalton.	2. Maintain sufficient, safe, and healthy affordable	<b>3.</b> Work with local housing authorities to create a	https://www.trorc.org/wp-
		housing	variety of housing types and maintenance options.	content/uploads/2013/10/R
			<b>10.</b> Consider conducting Health Impact Assessments	oyalton-Town-Plan-2020.pdf
			for proposed projects when appropriate.	p.50-51

Town	Goals	Policies	Recommendations	Source
Springfield	3. Create and maintain a safe	12. Raise awareness of existing state testing		https://springfieldvt.gov/ver
	community that includes an	programs designed to promote home safety (i.e.		tical/sites/%7B234B28A5-
	appropriate mix of affordable	Lead paint, radon, water, etc.).		DB73-489E-ABFA-
	and market rate housing,	18. Implement zoning policies to promote mixed-		F2FB1EF67C08%7D/uploads
	outdoor activities,	use, walkable neighborhoods in Springfield and its		/2019 Springfield Town Pl
	employment opportunities	downtown and shopping areas.		an.pdf
	and access to goods and	<b>30</b> . Ensure planning for appropriate locations for		p.136-139
	services.	new congregate or transitional housing unit with		
		input from neighborhoods and the Housing		
		Authority on acceptable housing standards		
Waterville	[None provided.]	[None provided.]	The Selectboard should consider appointing a Health	https://www.lcpcvt.org/vert
			Officer to act as a liaison to regional and	ical/Sites/%7B3C01460C-
			state resources for addressing septic and	7F49-40F5-B243-
			composting concerns.	OCA7924F23AF%7D/uploads
				/1. 2019 Waterville Town
				Plan_Final.pdf
				p.38
Wolcott	[None provided.]	[None provided.]	Pursue partnerships with other organizations to	https://www.lcpcvt.org/vert
			ensure the provision of affordable housing	ical/Sites/%7B3C01460C-
			for all residents, especially children, the elderly and	7F49-40F5-B243-
			those possessing disabilities.	OCA7924F23AF%7D/uploads
				/Final_Plan_Narrative_and_
				Maps_Combined.pdf
				p.59-60

### Social Inclusion & Sense of Community

Town	Goals	Policies	Recommendations	Source
Bethel	Goal 3: The Town will promote	Policy e: It is the policy of the Town to build	Recommendation e.3: The Town should consider	https://www.trorc.org/wp-
	health, safety and wellness for	infrastructure that will promote	accessibility when developing public spaces and	content/uploads/2020/11/Bethel-
	all of its residents.	environmentally safe and healthy lifestyles.	recreational opportunities.	2020-Town-Plan_FINAL.pdf, p. 56
	Goal 4.1: Promote a sense of	Action 4.1.1: Provide information on town		https://eastmontpeliervt.org/wp-
	community through	activities and how residents can participate.		content/uploads/2018/06/2018-
	educational and social	Action 4.1.2: Support use of the East		Town-Plan-small.pdf
	opportunities and gathering	Montpelier Signpost and Front Porch Forum to	[Name are sided]	p.26
	places	inform residents about community events,		
		issues, resources and townspeople.	[None provided]	
		Action 4.1.3: Organize periodic community-		
		wide events to provide information and		
		encourage discussion on topics relevant to the		
		town or to showcase community resources		
	Goal 4.4: Protect recreational	Action 4.4.1: Maintain and improve existing	[None provided.]	https://eastmontpeliervt.org/wp-
	spaces and develop new	recreational facilities near the Elementary		content/uploads/2018/06/2018-
East Montpelier	recreational areas in various	School.		Town-Plan-small.pdf
	parts of town.	Action 4.4.3: Develop a plan for the Old LaPerle		p.34
		Farm property that includes recreational uses		
	Goal 4.10: Enable residents of	Action 4.10.1: Provide programs and	[None provided.]	https://eastmontpeliervt.org/wp-
	all ages to learn about and	information about the town's history and		content/uploads/2022/11/2018-
	appreciate the town's history	historic resources to a range of audiences,		Town-Plan-Amended-July-11-
		including youth and adults.		<u>2022.pdf</u>
				p.40
		Action 5.4.1: Post current information about	[None provided.]	https://eastmontpeliervt.org/wp-
	Goal 5.4: Promote formal and	existing social services.		content/uploads/2022/11/2018-
	informal social support	Action 5.4.2: Maintain a list of contacts to		Town-Plan-Amended-July-11-
	services.	neighborhood groups.		<u>2022.pdf</u>
				p.49
	<b>Goal 1</b> To promote health and	5. It is the policy of the Town to improve	[None provided.]	https://www.trorc.org/wp-
Fairlee	wellness in Fairlee.	accessibility to parks, recreation facilities, and		content/uploads/2013/10/Fairlee-
	weililess iii raiilee.	open spaces.		Town-Plan-adopted-2020.pdf p.6

Town	Goals	Policies	Recommendations	Source
Glover	Work toward making Glover an inclusive and safe community where people from all backgrounds and identities feel welcome and at home.	Encourage and expand volunteerism and citizen participation in the town's activities.	<ul> <li>Encourage mentoring relationships and skill sharing between school children and community members, especially seniors. This could include reading programs, talent sharing, story-telling, art exhibits and job shadowing.</li> <li>Work to promote community spirit by offering various community activities.</li> <li>Take advantage of Lake Region Union High School community service program to help address community needs.</li> <li>Maintain a list of volunteer opportunities - on a public bulletin board, community calendar, Front Porch Forum, at Town Clerk's office, at school, and at the library.</li> </ul>	https://townofglover.com/wp- content/uploads/2018-Glover- Town-Plan.pdf p.23
Montpelier	Goal 3. Seniors and people with disabilities report that they have the support and resources needed to live independently in the community.	<b>3a.</b> Ensure that seniors and people with disabilities have the support and resources necessary to live independently.	<ul> <li>3a.3. Encourage seniors and people with disabilities to continue to participate in the community by volunteering, joining REACH and the Onion River Exchange, and/or attending community events.</li> <li>3a.4. Strengthen and improve connections between different age groups, so that students and young people maintain relationships with seniors.</li> </ul>	https://www.montpelier- vt.org/DocumentCenter/View/478 9/Master-Plan-2017-Adopted- December-20-2017?bidId= p.233
	<b>Goal 4.</b> By 2040, the capacity exists locally to provide all appropriate support services to people with mental illness.	<b>4a.</b> Encourage engagement in the community to increase feelings of inclusion and belonging. In order to minimize conflict and stress, maintain Montpelier's welcoming nature and continue to develop strategies for incorporating diversity into the community.	[None provided.]	https://www.montpelier- vt.org/DocumentCenter/View/478 9/Master-Plan-2017-Adopted- December-20-2017?bidId= p. 234

Town	Goals	Policies	Recommendations	Source
Morristown	[None provided.]	<ul> <li>Create spaces that are accessible for anyone, including people with disabilities, in order to create a healthier community, and instill a sense of belonging for all in the community.</li> <li>Abide by the principals of the Americans with Disabilities Act to ensure that all residents have access to healthy activities, wellness opportunities, and can thrive.</li> </ul>	[None provided.]	https://morristownvt.org/vertical/sites/%7B0DF3C9E1-B323-4D1E-B137-B890765A4F3D%7D/uploads/2022  2030 Town Plan Final 5.19.2022 .pdf p.58
Plymouth	<b>Goal 1.</b> Promote health and wellness in Plymouth.	<b>5.</b> Improve parks, recreation facilities, and open spaces for accessibility and community mingling.	<ul><li>4. Promote use of park and recreation facilities.</li><li>5. Consider accessibility when developing public spaces and recreational opportunities.</li></ul>	https://www.trorc.org/wp- content/uploads/2013/10/Plymou th-Adopted-Plan-2019-002.pdf p.55-56
Reading	1. Town officials, committees, business and other organizations or groups will actively promote health and wellness in Reading.	10. Improve recreation sites and municipal facilities for accessibility and community gatherings.     11. Provide opportunities for recreation and community involvement.	<ul> <li>The Reading Recreation Commission with the support of the Select Board will work to revitalize or repurpose Bartley Field.</li> <li>The Select Board will adopt policies for parking at the Twenty Foot Hole which may or may not include an increase or decrease in space. The policies will consider safety of vehicular and pedestrian traffic.</li> <li>The Town and the Recreation Commission will coordinate with neighboring communities to expand recreational opportunities for the Reading community.</li> <li>The Select Board, in partnership with the Planning Commission, should consider adopting a noise ordinance and/or a special events ordinance</li> </ul>	https://readingvt.govoffice.com/vertical/sites/%7B29D76170-2CBD-4DB0-A089-6F91F5BED766%7D/uploads/Reading_Town_Plan_02_14_2022(1).pdfp.94-96
Royalton	<b>Goal 1.</b> Promote health and wellness in Royalton.	<b>5.</b> Improve parks, recreation facilities, and open spaces for accessibility and community mingling.	6. Consider accessibility when developing public spaces and recreational opportunities 10. Consider conducting Health Impact Assessments for proposed projects when appropriate.	https://www.trorc.org/wp- content/uploads/2013/10/Royalto n-Town-Plan-2020.pdf p.50-51

Town	Goals	Policies	Recommendations	Source
Springfield	3. Create and maintain a safe	5. Review zoning regulations to encourage	[None provided.]	https://springfieldvt.gov/vertical/s
	community that includes an	neighborhood gathering spaces and community		ites/%7B234B28A5-DB73-489E-
	appropriate mix of affordable	gardens to promote local agriculture, access to		ABFA-
	and market rate housing,	healthy foods and social engagement.		F2FB1EF67C08%7D/uploads/2019
	outdoor activities,	<b>20</b> . Review Springfield's zoning regulations to		Springfield Town Plan.pdf
	employment opportunities	encourage the development of community		p.136-139
	and access to goods and	gardens and similar neighborhood gathering		
	services.	sites.		
		25. Reasonably address the needs of residents		
		with ambulatory limitations.		
		<b>29</b> . Continue to support and develop a		
		multipurpose community center accessible to		
		youth, seniors and other community groups.		
		<b>34</b> . Explore options to develop an information		
		clearinghouse where residents and visitors can		
		learn about local events that promote healthy		
		lifestyles and social engagement.		

# Substance Misuse Prevention and Response

Town	Goals	Policies	Recommendations	Source
Berkshire	GOAL 6: Maintain and	<b>13)</b> The Town supports opportunities to collaborate	[None provided.]	https://6eade072-06b3-
	enhance community	with key regional partners to implement initiatives		4cb0-b552-
	infrastructure and activities,	that reduce the stigma associated with substance		9093f98282cd.filesusr.com
	both social and physical,	misuse and mental health problems.		/ugd/cf375c_ecfa826316da
	which sustain and improve			4ed2b6141ea1b5a1e26e.p
	the health and wellbeing of all			<u>df</u>
	residents.			p.89-90

Town	Goals	Policies	Recommendations	Source
Bethel	Goals  Goal 3: The Town will promote health, safety and wellness for all of its residents.	Policies  Policy f: It is the policy of the Town to promote healthy lifestyle choices for its residents, including but not limited to healthy food choices, prevention of substance misuse, access to physical exercise and recreation, and promotion of active transportation methods such as walking and biking.	Recommendations  Recommendation f.1: The Town should consider ordinances and other regulations prohibiting use and disposal of tobacco, tobacco substitutes, vaping products, and marijuana/cannabis on Town-owned or Town-leased property, or at outdoor events open to the public.  Recommendation f.2: The Town should consider establishing point-of-sale restrictions for agerestricted substances	https://www.trorc.org/wp-content/uploads/2020/11/Bethel-2020-Town-Plan_FINAL.pdf  p. 56
Bridgewater	Goal: 1. Promote health and wellness in Bridgewater	<b>6.</b> Reduce concentrated exposure to alcohol, drugs, and tobacco.	<b>6.</b> Raise awareness of the nature and seriousness of substance abuse with the help of community organizations.	https://www.trorc.org/wp- content/uploads/2013/09/ Bridgewater-TP-Final.pdf p.88-89
Dorset	[None provided.]	<b>3.10.4</b> Encourage the highest level of personal health for everyone in our community through investments and programs that encourage healthy lifestyles, reduce risks, and create access to quality healthcare regardless of age, income, or ability.	Consider use of municipal ordinances and development regulations to limit the number of alcohol, tobacco, and other recreational substance retailers permitted in a given area and to locate them away from recreation sites, schools, daycares, and other concentrations of youth.	https://dorsetvt.org/uploa ds/3/5/3/5/35356792/dors ettownplan_1.21.20202 .pdf p.17, 66
Enosburgh	Ensure a safe community that is committed to fostering the health and well-being of all residents.	<ul> <li>Enosburgh will support regional youth substance prevention groups and coalitions that discourage underage substance use.</li> <li>The town will support strategies that reduce the stigma associated with addictions and mental health problems.</li> </ul>	[None provided.]	https://www.enosburghvt. org/ files/ugd/5ad4b5 a35 Ofe9bcf3f46188c1cb3cfe39 11a00.pdf p.55-56
Fairfax	Support and encourage activities and community infrastructure, both social and physical, which enable and sustain the health and wellbeing of all residents.	To provide diverse, meaningful programming with an emphasis on community health and wellness. Specifically target alcohol free, cross- generational activities for families, teens, and seniors.	[None provided.]	https://www.fairfax- vt.gov/vertical/sites/%7BA 7F085CD-5C79-4CCF-8878- 6AF1EF4F216C%7D/upload s/FairfaxTownPlan- Appendix Adopted 2018 s mall (1).pdf p.38

Town	Goals	Policies	Recommendations	Source
Grafton	Goal 1: To cooperate with neighboring towns in addressing mutual concerns and in planning regional development.	7. Work closely with neighboring towns and law enforcement on issues of crime and drug and alcohol abuse.	[None provided.]	https://graftonvt.org/?pag e_id=271 p.79
Milton	4.1: School Goals	4.1.5. School Climate, School Community/Relations and Communications – The Vermont Department of Health's division of Alcohol and Drug Abuse Programs, the Vermont Department of Education's Comprehensive School Heath Program, the Town of Milton, the Milton Community Youth Coalition and the Milton Town School District are working in partnership to reduce high risk behaviors among our students and to promote healthy behaviors. Therefore, our goal is to reduce the number of students engaged in risky behaviors, as reported on the Vermont Youth Risk Behavior Survey, by 10% in each of the categories.	[None provided.]	https://www.miltonvt.gov/ DocumentCenter/View/33 8/2018-Comprehensive- Plan-Amended-July-15- 2019-PDF p.46
Montpelier	Goal 1: By 2040, the incidences of preventable illness, injury and premature death in Montpelier are significantly reduced; life expectancy increases; and there is an improvement in quality of life for those who suffer from chronic diseases.	1a. Ensure that all Montpelier residents have access to health education and recreation to support physical and mental health.	<b>1a.4.</b> Increase awareness of, and accessibility to, existing substance abuse prevention programs in all age groups.	https://www.montpelier- vt.org/DocumentCenter/Vi ew/4789/Master-Plan- 2017-Adopted-December- 20-2017?bidId= p.230
	<b>Goal 4.</b> By 2040, the capacity exists locally to provide all appropriate support services to people with mental illness.	<b>4c.</b> Increase adequacy of, and access to, mental health services and treatment for addiction.	[None provided.]	https://www.montpelier- vt.org/DocumentCenter/Vi ew/4789/Master-Plan- 2017-Adopted-December- 20-2017?bidId= p.234

Town	Goals	Policies	Recommendations	Source
Morristown	[None provided.]	Offer Narcan response kits to at risk populations	[None provided.]	https://morristownvt.org/v
		Engage a workgroup for the purpose of engaging		ertical/sites/%7B0DF3C9E1
		in a strategic planning process related to		-B323-4D1E-B137-
		substance misuse prevention, treatment, and		B890765A4F3D%7D/uploa
		recovery that will identify action items that could		ds/2022-
		include policy changes or enhancements.		2030 Town Plan Final 5.1
				9.2022.pdf
				p.60
Reading	1. Town officials, committees,	2. Promote healthy lifestyle choices for Reading's	Town-appointed committees such as the Recreation	https://readingvt.govoffice.
	business and other	residents, including but not limited to healthy food	Commission, the Library and other groups will	com/vertical/sites/%7B29D
	organizations or groups will	choices, prevention of substance misuse, access to	coordinate with the Mount Ascutney Prevention	76170-2CBD-4DB0-A089-
	actively promote health and	physical exercise and recreation, and promotion of	Partnership to offer programs that mitigate substance	6F91F5BED766%7D/upload
	wellness in Reading.	active transportation methods such as walking and	misuse.	s/Reading Town Plan 02
		biking.		14_2022(1).pdf
				p.94-96
		<b>6.</b> Reduce concentrated exposure to alcohol, drugs,	7. With the help of community organizations, raise	https://www.trorc.org/wp-
		and tobacco and nicotine products.	awareness of the nature and seriousness of substance	content/uploads/2013/10/
Royalton	Goal 1. Promote health and		abuse and driving under the influence.	Royalton-Town-Plan-
Koyaiton	wellness in Royalton.		8. Encourage smoke-free environments	<u>2020.pdf</u>
			<b>10.</b> Consider conducting Health Impact Assessments	p.50-51
			for proposed projects when appropriate.	
	To increase the economic	[None provided.]	Continue to fight for a drug-free community so as to	https://www.rutlandrpc.or
	vitality of the Town, including		protect the Town's children.	g/_download.php?id=124&
Rutland Town	new business development			mode=towns_ddown&nam
Rutiana rown	that is balances with			<u>e=Rutland_Town_Municipa</u>
	environmental concerns and			<u>l_Plan_10_15_2019.pdf</u>
	the provision of public safety.			p.25
	GOAL 1.0: Maintain and	<b>1.2</b> Public Services, Utilities, and Infrastructure	I. Maintain the drug prevention program through the	https://www.nvda.net/tow
	protect St. Johnsbury's assets	Policy: Sustain a safe environment throughout St.	Drug Task Force and community work of the Drug	n_files/St.%20Johnsbury_T
Saint Johnsbury	so as to enable and sustain	Johnsbury while effectively limiting the expansion	Abuse Resistance Team (DART).	own%20Plan_2017%20Tow
Jamit Johnsbury	economic growth through	of resources that will be expensive to maintain.		n%20Plan.pdf
	new business, tourism, and			p.15-16
	creative endeavors.			

Town	Goals	Policies	Recommendations	Source
Springfield	1. Engage the community, especially youth, seniors, and other underrepresented populations, and building a culture of healthy living and lifestyle choices, including healthy eating and substance free and active living	<ul> <li>7. Support partnerships with school district, Parks &amp; Recreation, health service providers and other organizations that facilitate year-round community health, wellness, prevention and early intervention activities for all ages and abilities.</li> <li>13. Review policies regulating the use of tobacco and other substances on town-owned properties, and at town-sanctioned events.</li> <li>14. Discourage exposure to tobacco, alcohol, other harmful substances and unhealthy foods.</li> <li>26. Collaborate regionally to develop policies to address the substance abuse issues Springfield faces and encourage collaboration regarding rehabilitation needs.</li> </ul>	[None provided.]	https://springfieldvt.gov/vertical/sites/%7B234B28A5-DB73-489E-ABFA-F2FB1EF67C08%7D/uploads/2019 Springfield TownPlan.pdfp.136-137
Saint Albans City	[None provided.]	[None provided.]	<ul> <li>10. Facilitate further discussion on how best to regulate controlled substance dispensaries and the retail sale of controlled substances.</li> <li>11. Explore the need and ability to limit the outward advertisement of the sale or dispensing of alcohol, tobacco, and controlled substances City-wide or in specific areas of the community.</li> </ul>	https://www.stalbansvt.co m/vertical/Sites/%7B6057F 00C-4FBC-4942-B5A5- C142459B1038%7D/upload s/CityPlan ADOPTED 08- 14-17 - TYPOS CORRECTED.pdf
	Objective 3. City residents have access to a wide variety of health care services in a number of different forms, including the services needed to avoid opiate addiction and hasten the treatment for those currently dealing with opiate addiction.	Policy 9. Support health and resource centers, where appropriate, for those with special or unique needs, such as opiate treatment centers, addiction housing, women's/family wellness centers, and senior centers.	[None provided.]	p.36-37

Town	Goals	Policies	Recommendations	Source
Sutton	Provide for a healthy and pleasant school climate by complying with Act 113 for a civil, safe, and drug free school that aligns with Sutton School's and the district's behavior philosophy. Continue professional development in the "Positive Behavioral Supports in Schools" program which began in 2009. Review/revise school rules and procedures as needed; revise the handbook annually. Review and adjust crisis prevention and child protection plans.	[None provided.]	[None provided.]	https://www.nvda.net/files /SuttonPlanAmended2252 1.pdf p.37
Swanton	<b>E.</b> To identify and address the public health needs of all community residents.	<ol> <li>Support the gathering of data and information about substance abuse and substances abuse treatment in the community.</li> <li>Support efforts to create and expand access to substance abuse treatment in Swanton.</li> </ol>	[None provided.]	https://www.nrpcvt.com/wp- content/uploads/2022/08/ SwantonTownPlan2015.pdf p.66-67
Waterville	[None provided.]	[None provided.]	<ul> <li>The Waterville Planning Board and Selectboard should work with local resources to address the opiate epidemic in Vermont.</li> <li>The Waterville Planning Board and Selectboard should explore non-regulatory planning for prevention opportunities to address drug and alcohol related concerns.</li> </ul>	https://www.lcpcvt.org/ver tical/Sites/%7B3C01460C- 7F49-40F5-B243- 0CA7924F23AF%7D/upload s/1. 2019 Waterville Tow n_Plan_Final.pdf p.38

Town	Goals	Policies	Recommendations	Source
Weathersfield	10.4.1. Promote healthy community initiatives through comprehensive community planning and design that support public health, safety and welfare.	[None provided.]	<b>10.6.4.</b> The town will protect the village character by limiting the location and density of businesses that sell products that cannot be sold to minors.	https://www.weathersfield vt.org/sites/g/files/vyhlif62 16/f/uploads/weathersfield townplan_0.pdf p.106-108
Williston	[None provided.]	Signs and Outdoor Lighting – This objective addresses two elements of design that have a major impact on traffic safety, neighboring properties, the town's appearance, and the night sky. The town will consider a content neutral ordinance for signage to help prevent substance misuse among young people, and support community members in recovery from substance use disorder and to maintain aesthetic appeal. The town will advocate for the voluntary compliance with best practices regarding public health. For example, not advertising substances that are harmful to health.	[None provided.]	https://www.town.willisto n.vt.us/vertical/Sites/%7BF 506B13C-605B-4878-8062- 87E5927E49F0%7D/upload s/2016- 2024 Williston Comprehe nsive Plan with Maps Re duced Size.pdf p.20, 22-25
	4.4 - Urban Parks - The Town of Williston will strongly encourage the provision of urban parks in commercial and mixed use developments and seek to enliven existing urban parks.	<b>4.4.3</b> Refine the Requirements for Urban Parks. The town will examine the effectiveness of the current requirements for urban parks and will revise these requirements as necessary to achieve the following:	Urban parks may be designated to be substance-free and promote substance-free events to provide supportive environments for youth and people in recovery.	

Town	Goals	Policies	Recommendations	Source
Williston (continued)	4.5 - Neighborhood Parks - The Town of Williston will encourage and, in some cases, require the provision of neighborhood parks in new residential developments. The town will also seek to provide neighborhood parks to existing neighborhoods where they are needed.	<b>4.5.2</b> Refine the Requirements for Neighborhood Parks. The town will examine the effectiveness of the current requirements for neighborhood parks and will revise these requirements as necessary to achieve the following:	Neighborhood parks may choose to be substance-free and promote substance-free events to provide supportive environments for youth and people in recovery.	
Wilmington	GOAL 4: Work with the School Board to provide an educational system that will a) attract people to move here, b) develop skills needed for workforce development, c) attract and retain students through desirable educational and extracurricular activities.	Policy 1: Work with the School Board to provide high quality educational and job training opportunities for students of all abilities.	Action 4.1.6: Work with the School Board to promote healthy choices within the schools; healthy eating, non-smoking, zero tolerance for substance abuse.	https://wilmingtonvermont .us/wp- content/uploads/2018/10/ Town-Plan-as-Adopted-10- 2-18.pdf p. 28-30
	GOAL 5: Offer local community health support services.	Policy 1: Ensure availability of and make the community aware of local health, mental health and substance abuse treatment and recovery services. Arrange for supplements to existing services for improved availability and access.	Action 5.1.1: Encourage mental health and substance abuse providers to provide services locally.  Action 5.1.3: Promote the use of '211'to access existing services, such as: DV Community Cares, DV Community Partnership, SASH, Food Pantry, Families First, Habitat for Humanity, Windham/Windsor Housing Trust, Churches, Medical Facilities, Mental Health Providers, Drug and Alcohol Abuse Programs, Police, Fire, and Rescue.	

Town	Goals	Policies	Recommendations	Source
Wilmington	GOAL 6: Offer a wide range of	Policy 2: Provide youth and young adults with	Action 6.2.1: Arrange for dances, concerts, outdoor	
(continued)	local community recreation	activities free of alcohol and drugs	activities, cooking, gyms, nightlife and civic groups.	
	services to address the needs		Action 6.2.2: Develop community police, fire, and	
	of all age groups, ability		town official outreach programs to foster relationships	
	levels, and interests.		between town services and residents, businesses, and	
			schools.	
		<b>Objective 3.1.</b> Reduce the incidence of substance	Action 3.1.1. Work with quality substance abuse	
		abuse and addiction	support programs to have regular local support groups	https://www.trorc.org/wp-
	Goal 3 - Make resources		for youth and parents with substance abuse	content/uploads/2013/10/
	available locally to adults,		dependency or addiction, and for parents with	2016-Town-Plan-08-10-16-
Woodstock	youth, and parents to help		children suffering from substance abuse dependency.	completed-with-inserted-
	with substance abuse issues.	Objective 3.2. Substance abuse prevention	Action 3.2.1. Work with Ottauquechee Community	maps-and-
	with substance abuse issues.		Partnership and other organizations to support local	amendments.pdf
			substance abuse prevention efforts in the schools and	p.48
			the community.	

## Other Topics

Town	Goals	Policies	Recommendations	Source
East Montpelier	Goal 5.1: Provide for	Action 5.1.1: Motivate each student to enjoy	[None provided.]	https://eastmontpeliervt.o
	supportive and stimulating	learning and experience academic and		rg/wp-
	schools that promote	social success while instilling respect for the rights		content/uploads/2022/11/
	learning.	of others.		2018-Town-Plan-Amended-
	Goal 5.2: Encourage	Action 5.2.1: Promote the use of school facilities	[None provided.]	July-11-2022.pdf
	community participation in	for adult education and community use.		p. 46
	the schools.			

Town	Goals	Policies	Recommendations	Source
Fairfax	Support and encourage activities and community infrastructure, both social and physical, which enable and sustain the health and wellbeing of all residents	To provide diverse, meaningful programming with an emphasis on community health and wellness. Specifically target alcohol free, cross-generational activities for families, teens, and seniors.	[None provided.]	https://www.fairfax- vt.gov/vertical/sites/%7BA 7F085CD-5C79-4CCF-8878- 6AF1EF4F216C%7D/upload s/FairfaxTownPlan- Appendix Adopted 2018 s mall (1).pdf p.38
Glover	Work toward making Glover an inclusive and safe community where people from all backgrounds and identities feel welcome and at home.	Encourage and expand volunteerism and citizen participation in the town's activities.	<ul> <li>Hold a "Health and Wellness Day" inviting vendors and representatives from various organizations that promote health and well-being to set up a table. Exhibitors might include someone from Building Bright Futures, Vermont Center for Independent Living, CCV, Northeast Kingdom Council on Aging, local yoga and fitness instructors, SASH (Support And Services at Home).</li> <li>Conduct an annual community survey to identify needs and desires.</li> </ul>	https://townofglover.com/ wp-content/uploads/2018- Glover-Town-Plan.pdf p.23
Jeffersonville	To provide ample opportunities for the health and wellness of Jeffersonville residents.	Jeffersonville's youth should be provided with opportunities to walk or bike to school, sound nutrition, and information pertinent to healthy living.  [None provided.]	Cambridge Elementary School should continue to promote and implement the district wide school wellness policy for students and teachers developed by the Lamoille North Supervisory Union.  To improve public safety of Cambridge Elementary School students, the School should explore options for obtaining access to the lot connecting the school with the school's emergency center at Cambridge Community Center for use in the event of forced evacuation.	https://www.lcpcvt.org/ver tical/Sites/%7B3C01460C- 7F49-40F5-B243- 0CA7924F23AF%7D/upload s/1. Final Jeffersonville Vi llage Plan.pdf p.61-62
	To have the local data necessary to provide a baseline for measuring health and wellness in Jeffersonville.	[None provided.]	Jeffersonville should work in partnership with other local, regional, and state agencies to begin measuring more local health and wellness indicators.	

Town	Goals	Policies	Recommendations	Source
Montpelier	<b>Goal 1</b> : By 2040, the	1a. Ensure that all Montpelier residents have	<b>1a.1.</b> Support and enhance existing school curricula to	https://www.montpelier-
	incidences of preventable	access to health education and recreation to	ensure students have the knowledge to lead healthy	vt.org/DocumentCenter/Vi
	illness, injury and premature	support physical and mental health.	lifestyles.	ew/4789/Master-Plan-
	death in Montpelier are		<b>1a.2</b> Conduct a needs assessment to determine if	2017-Adopted-December-
	significantly reduced; life		health and recreation programs offered by the	20-2017?bidId=
	expectancy increases; and		recreation department, the senior center, and various	p.230
	there is an improvement in		other community groups are are sufficient to meet	
	quality of life for those who		emerging needs that are not being met.	
	suffer from chronic diseases.			
	Goal 3. Seniors and people	<b>3b.</b> Provide supportive housing services to people	[None provided.]	https://www.montpelier-
	with disabilities report that	who are unable to live independently.		vt.org/DocumentCenter/Vi
	they have the support and	<b>3c.</b> Encourage a range of career and service		ew/4789/Master-Plan-
	resources needed to live	opportunities (e.g. education, internships,		2017-Adopted-December-
	independently in the	practicum, credentialing, and Care Bank)		20-2017?bidId=
	community.	for individuals to be trained to provide support for		p.233
		people with disabilities and others needing care.		
	Goal 4. By 2040, the capacity	<b>4b.</b> Encourage physical well-being, healthy eating	[None provided.]	https://www.montpelier-
	exists locally to provide all	habits, stress reduction, and healthy sleeping		vt.org/DocumentCenter/Vi
	appropriate support services	patterns as a means to maintaining good mental		ew/4789/Master-Plan-
	to people with mental illness.	health.		2017-Adopted-December-
				20-2017?bidId=
				p.234
Morristown	[None provided.]	Support efforts aimed to improve the wellness of	[None provided.]	https://morristownvt.org/v
		the community, including using this plan as a		ertical/sites/%7B0DF3C9E1
		resource for grant writing opportunities.		-B323-4D1E-B137-
		Fund health and wellness related infrastructure		B890765A4F3D%7D/uploa
		improvements equally with both private funding		ds/2022-
		and municipal funding, when feasible, including		2030 Town Plan Final 5.1
		ongoing maintenance.		9.2022.pdf
				p. 58-59

Town	Goals	Policies	Recommendations	Source
Morristown (continued)	[None provided.]	<ul> <li>Highlight the important, but often overlooked, link between the built environment and health by requiring a health impact assessment be conducted before any decision is made about the purchase or disposition of public land, and the relocation of public buildings.</li> <li>Support the Selectboard creating a creating a sub-committee of the Parks and Recreation Committee, or an independent committee, charged with creating a community vision for health and wellness, and to support the implementation of that vision through measurable goals, and achievable objectives, that includes representation from the entire community.</li> <li>Identify a vision for community wellness, and create a wellness and healthy community expanded document that focuses on increasing protective factors, and decreasing risk factors for all.</li> </ul>	[None provided.]	https://morristownvt.org/vertical/sites/%7B0DF3C9E1 -B323-4D1E-B137-B890765A4F3D%7D/uploads/2022-2030 Town Plan Final 5.19.2022.pdf p. 58-59
Orange	Goal 8. Maintain and enhance healthy choices for the residents of Orange including active and passive	3. Obtain the local data necessary to provide a baseline for measuring health and wellness in Orange.  [None provided.]	[None provided.]	https://orangevt.org/wp- content/uploads/2021/05/ Orange-Vermont-Town- Plan.pdf
	recreational opportunities; local food choices; and access to natural, scenic, or environmental amenities.	[None provided.]	4. Consider establishing a committee to support ongoing efforts of the Town of Orange regarding health and wellness activities.	p.63-64

Town	Goals	Policies	Recommendations	Source
Reading	1. Town officials, committees, business and other organizations or groups will actively promote health and wellness in Reading.	<b>7.</b> Support climate change mitigation and adaptation efforts as well as flood resiliency planning.	[None provided.]	https://readingvt.govoffice.co m/vertical/sites/%7B29D7617 0-2CBD-4DB0-A089- 6F91F5BED766%7D/uploads/ Reading Town Plan 02 14 2 022(1).pdf p.94-96
Springfield	2. Support and maintain policies and practices that promote cross-generational, physical, emotional and behavioral health, as well as social well-being.	<b>24</b> . Encourage the creation and promotion of local workforce training for soft skill development (i.e. arriving at work on time, appropriate dress, appropriate language, etc.).	[None provided.]	
	3. Create and maintain a safe community that includes an appropriate mix of affordable and market rate housing, outdoor activities, employment opportunities and access to goods and services.	<ol> <li>Encourage and facilitate the development of affordable neighborhood stores offering healthy choices within the residential neighborhoods.</li> <li>Facilitate and promote the creation of artist/artisan interactive malls, and maker's spaces.</li> <li>Develop appropriate policies for enhancing the safety and aesthetics of school zones.</li> <li>Assess and improve the location of crosswalks, signal lights, and traffic calming strategies.</li> <li>Recruit and support business development, creating a business-friendly environment, with consideration toward sustainable, long-term investments and benefits.</li> <li>Support economic diversity, including, but not limited to, public and private institutions, the arts, agriculture and non-profits.</li> <li>Evaluate and address neighborhood safety issues, including lighting, crime prevention/reduction, traffic patrols and beautification.</li> <li>Promote community health, and safety by ensuring neighborhood decay and deterioration, such as trash, poor maintenance, graffiti and unfinished structures are promptly remediated.</li> </ol>	[None provided.]	https://springfieldvt.gov/vertical/sites/%7B234B28A5-DB73-489E-ABFA-F2FB1EF67C08%7D/uploads/2019_Springfield_Town_Plan.pdfp.136-139

Town	Goals	Policies	Recommendations	Source
Springfield (continued)	4. Encourage the engagement of underrepresented population segments of the Town in decision-making, particularly the youth, people who experience disability and the elderly.	<ul> <li>17. Seek community input through mediating forums when developing or reviewing policies pertaining to transportation and housing decision</li> <li>31. Consider implementation of projects designed by youth in Springfield High School classes.</li> <li>32. Create mediating forums to discuss and amicably resolve congregate housing issues.</li> </ul>	[None provided.]	
Weathersfield	10.4.1 Promote healthy community initiatives through comprehensive community planning and design that support public health, safety and welfare.	10.5.1. Any project that is subject to a zoning permit will avoid undue adverse impacts on public health by meeting the Performance Standards of the Weathersfield Zoning Bylaws.  10.5.2 Commercial and industrial developments will demonstrate that they will not create an unreasonable burden on the municipality in providing governmental services, including adequate emergency vehicle access and the ability to serve the proposed development with the existing municipal police and fire facilities and personnel.	<ul> <li>10.6.1. Consider utilizing a health impact analysis as part of a complete local land use permit application for commercial and industrial uses.</li> <li>10.6.8. The town should periodically review zoning and subdivision bylaws to make sure that they adequately promote public health, welfare, and safety.</li> </ul>	https://www.weathersfield vt.org/sites/g/files/vyhlif62 16/f/uploads/weathersfield townplan_0.pdf p.106-108
Wolcott	To provide ample opportunities for the health and wellness of Wolcott residents.	[None provided.]	Develop a health and wellness/recreation committee of local residents that reports to the Planning Commission.  Provide health and wellness education to townspeople as a chapter in the annual Town Report.	https://www.lcpcvt.org/ver tical/Sites/%7B3C01460C- 7F49-40F5-B243- 0CA7924F23AF%7D/upload
	To have the local data necessary to provide a baseline for measuring health and wellness in Wolcott.	[None provided.]	Wolcott should work in partnership with other agencies to begin measuring more local health and wellness indicators.	s/Final Plan Narrative an d Maps Combined.pdf p.59-60

Town	Goals	Policies	Recommendations	Source
		<b>Objective 6.1.</b> Support opportunities for youth to	Action 6.1.1. Encourage businesses and government	https://www.trorc.org/wp-
		connect to positive adults through mentoring.	entities to release employees for an extra ½ hour per	content/uploads/2013/10/
			week to serve as buddies in the Woodstock	2016-Town-Plan-08-10-16-
			Elementary School.	completed-with-inserted-
				maps-and-
				amendments.pdf
	Goal 6 - Increase youth			p.49
	connection to community.	Objective 6.2. Develop opportunities for	Action 6.2.1. Work with schools to encourage local	https://www.trorc.org/wp-
		internships and apprenticeships with local	businesses and organizations to engage youth in local	content/uploads/2013/10/
		businesses and organizations.	enterprises during school, after school and in the	2016-Town-Plan-08-10-16-
Woodstock			summer	completed-with-inserted-
		<b>Objective 6.3.</b> Provide a safe, supervised place for	Action 6.3.1. Work with Woodstock Rec and other	maps-and-
		young people to socialize, do homework, and play	after school entities to support after school	amendments.pdf
		music/games after school.	programming and staffing	p.49
	Goal 8 - Coordinate health	<b>Objective 8.1</b> . Ensure that the recommendations of	Action 8.1.1. Appoint a Town Health and Human	https://www.trorc.org/wp-
	and human services issues	the Town Plan Health and Human Services section	Services commission to identify needs and resources	content/uploads/2013/10/
		and other health-related decisions are	and coordinate efforts to implement the actions	2016-Town-Plan-08-10-16-
		implemented in a coordinated way	identified in the Town Plan	completed-with-inserted-
				maps-and-
				amendments.pdf
				p.50