



BUS STOP



trivalleytransit.org
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Making Connections

Mobility and Freedom As We Age



**A four-part workshop
for humans who
need to get places**



Made possible by:

***a GoVermont! Vermont Agency of Transportation,
Mobility and Transportation Innovations (MTI) Grant***

Partners:



Workshop design:

EAR TO THE GROUND

Connecting People and Places



Workshop 1 Why do we drive and how did we get here?

Workshop 1 Activity: *Who is this built for?*





Workshop 2
**What choices do
we want as we
age?**

Workshop 2 Activity: *Choose your own adventure.*



Group 1:

City leaders, State Senator.
Topic areas: advocacy, the machinery of government.

Group 2:

Planners & housing advocates.
Topic areas: how does stuff get built?

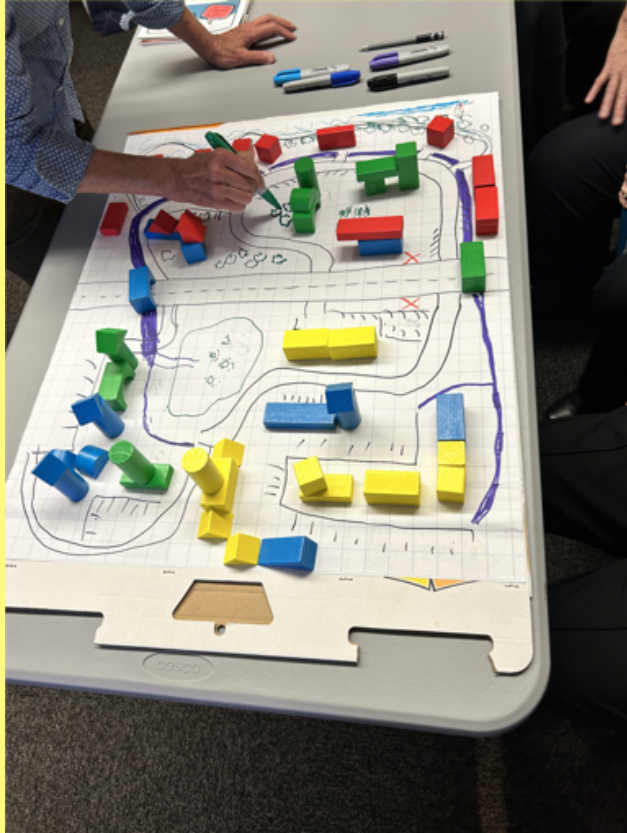
Group 3:

Transit companies. Topic areas:
How does transit work here?



Workshop 3 **Becoming a mobility advocate**

Workshop 3 Activity: *Build your own community.*



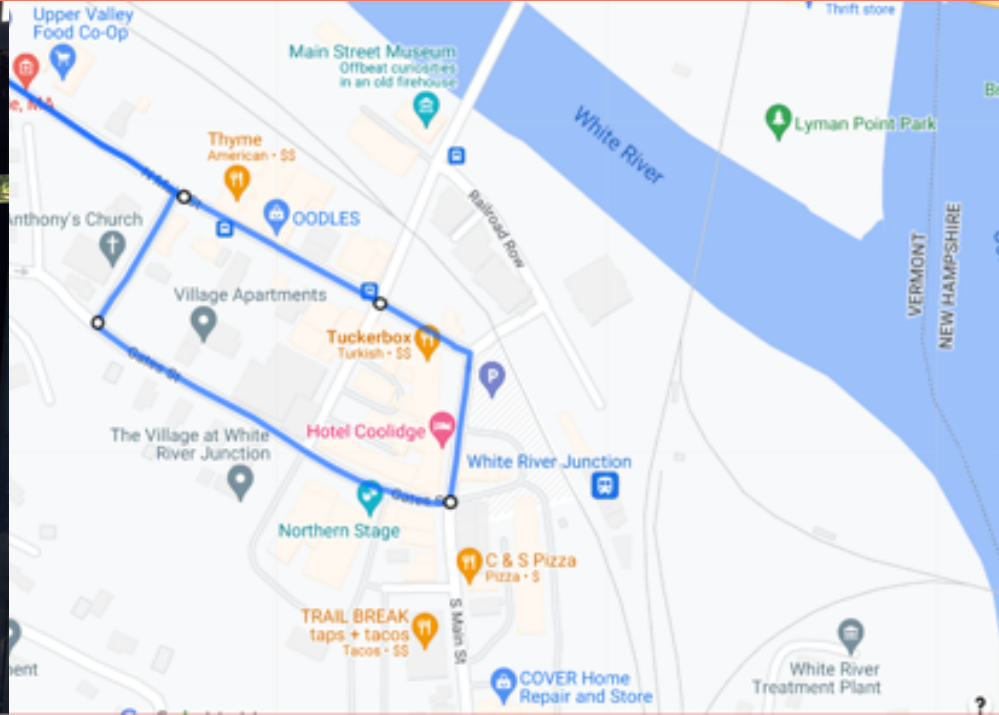


Part 4

Field Trip!

Auditing your
community

Workshop 4 Activity: *Let's go for a walk.*





It has made me much more aware of the possibilities of transportation in our community and how I would be able to access them.

Credit must be given to the comments and input from my fellow seniors. I learned so much about their transportation struggles and concerns. I am grateful to all these participants.

I'm sorry to admit I have never been on an Advance Transit bus! I will soon correct that. My husband and I have agreed to ride all the lines and see where they go, and how connections are made from line to line. This will make me feel more confident about the future.

Learning about who to contact for different things was really helpful.



I am still driving with no problem and expect I have a few years left. This has given me crucial information for when the time comes to hang up my license. We have no family near which eliminates the "my kids will take care of me" approach. I now feel much less worried about the future. This is a real gift and I appreciate it.

Why can't people live upstairs from stores? I think they should put apartments on the same lot as the Co-op.

Although this workshop made clear that transportation and housing are very closely connected, I'd like to learn more about senior housing. My house is on three levels...what will happen when my knees go out?

I'm 91 years old and I lived this journey through time. You captured what we saw while we watched the world change around us.