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Towns in Vermont with Health Chapters in their Town Plans

Town Name	Regional Planning Commission	Link to Town Plan document
Arlington	Bennington County Regional Commission	https://arlingtonvermont.org/wp-content/uploads/2020/07/ArlingtonTownPlan_AdoptedJune29.2020.pdf
Baltimore	Mount Ascutney Regional Commission	https://www.marcvt.org/uploads/1/4/7/0/147010472/adopted_7.9.2024_-_2024_town_plan_-_baltimore.pdf
Barnard	Two Rivers-Ottauquechee Regional Commission	https://www.trorc.org/wp-content/uploads/2020/11/2024-05-15-FINAL-ADOPTED.pdf
Berkshire	Northwest Regional Planning Commission	https://6eade072-06b3-4cb0-b552-9093f98282cd.filesusr.com/ugd/cf375c_ecfa826316da4ed2b6141ea1b5a1e26e.pdf
Bethel	Two Rivers-Ottauquechee Regional Commission	https://www.trorc.org/wp-content/uploads/2020/11/Bethel-2020-Town-Plan_FINAL.pdf
Bradford	Two Rivers-Ottauquechee Regional Commission	https://www.trorc.org/wp-content/uploads/2020/11/town-plan-adopted-oct-12-2023.pdf
Bridgewater	Two Rivers-Ottauquechee Regional Commission	https://www.trorc.org/wp-content/uploads/2013/09/Bridgewater-TP-Final.pdf
Chelsea	Two Rivers-Ottauquechee Regional Commission	https://www.trorc.org/wp-content/uploads/2025/02/Chelsea-Town-Plan-Adopted-12.3.2024.pdf
East Montpelier	Central Vermont Regional Planning Commission	https://eastmontpeliervt.org/wp-content/uploads/2022/11/2018-Town-Plan-Amended-July-11-2022.pdf
Enosburgh	Northwest Regional Planning Commission	https://www.enosburghvt.org/files/ugd/5ad4b5_a350fe9bcf3f46188c1cb3cfe3911a00.pdf
Fairfax	Northwest Regional Planning Commission	https://cms2.revize.com/revize/fairfax/Documents/Plans/Town_Plan.pdf
Fairlee	Two Rivers-Ottauquechee Regional Commission	https://www.trorc.org/wp-content/uploads/2013/10/Fairlee-Town-Plan-adopted-2020.pdf
Glover	Northeastern Vermont Development Association	https://townofglover.com/wp-content/uploads/2018-Glover-Town-Plan.pdf
Grafton	Windham Regional Commission	https://graftonvt.org/?page_id=271
Jeffersonville	Lamoille County Planning Commission	https://www.lcpcvt.org/vertical/Sites/%7B3C01460C-7F49-40F5-B243-0CA7924F23AF%7D/uploads/1_Final_Jeffersonville_Village_Plan.pdf

Milton	Chittenden County Regional Planning Commission	https://www.miltonvt.gov/DocumentCenter/View/338/2018-Comprehensive-Plan-Amended-July-15-2019-PDF
Montpelier	Central Vermont Regional Planning Commission	https://www.montpelier-vt.org/DocumentCenter/View/4789/Master-Plan-2017-Adopted-December-20-2017?bidId= *Please note that a new version of the Master Plan was adopted in 2025 that does not include a health chapter. Language is retained in this inventory for reference only.*
Morristown	Lamoille County Planning Commission	https://www.morristownvt.gov/zoning-planning/page/town-plan
Orange	Central Vermont Regional Planning Commission	https://orangevt.org/wp-content/uploads/2021/05/Orange-Vermont-Town-Plan.pdf
Plymouth	Two Rivers-Ottauquechee Regional Commission	https://www.trorc.org/wp-content/uploads/2013/10/Plymouth-Adopted-Plan-2019-002.pdf
Reading	Mount Ascutney Regional Commission	https://readingvt.govoffice.com/vertical/sites/%7B29D76170-2CBD-4DB0-A089-6F91F5BED766%7D/uploads/Reading_Town_Plan_02_14_2022(1).pdf
Royalton	Two Rivers-Ottauquechee Regional Commission	https://www.trorc.org/wp-content/uploads/2013/10/Royalton-Town-Plan-2020.pdf
Rutland Town	Rutland Regional Planning Commission	https://www.rutlandtown.com/wp-content/uploads/2019/11/Rutland-Town-Municipal-Plan_10_15_2019.pdf
Saint Albans City	Northwest Regional Planning Commission	https://www.stalbansvt.com/vertical/Sites/%7B6057F00C-4FBC-4942-B5A5-C142459B1038%7D/uploads/CityPlan_ADOPTED_08-14-17_-_TYPOS_CORRECTED.pdf
Saint Johnsbury	Northeastern Vermont Development Association	https://www.nvda.net/town_files/St.%20Johnsbury_Town%20Plan_2017%20Town%20Plan.pdf
Sharon	Two Rivers-Ottauquechee Regional Commission	https://www.trorc.org/wp-content/uploads/2023/08/SharonTownPlan_Adopted_2023-08-21.pdf
Springfield	Mount Ascutney Regional Commission	https://www.marcvt.org/uploads/1/4/7/0/147010472/_springfield_town_plan_2024_.pdf
Sutton	Northeastern Vermont Development Association	https://www.nvda.net/files/SuttonPlanAmended22521.pdf
Swanton	Northwest Regional Planning Commission	https://www.nrpcvt.com/wp-content/uploads/2022/08/SwantonTownPlan2015.pdf
Waterville	Lamoille County Planning Commission	https://www.lcpcvt.org/vertical/Sites/%7B3C01460C-7F49-40F5-B243-0CA7924F23AF%7D/uploads/1._2019_Waterville_Town_Plan_Final.pdf
Weathersfield	Mount Ascutney Regional Commission	https://www.weathersfieldvt.org/sites/g/files/vyhlf6216/f/uploads/2017_-_town_plan_-_amended_2024.10.28_1.pdf
Williston	Chittenden County Regional Planning Commission	https://www.town.williston.vt.us/vertical/Sites/%7BF506B13C-605B-4878-8062-87E5927E49F0%7D/uploads/2016-2024_Williston_Comprehensive_Plan_with_Maps_Reduced_Size.pdf

Wilmington	Windham Regional Commission	https://wilmingtonvermont.us/wp-content/uploads/2018/10/Town-Plan-as-Adopted-10-2-18.pdf
Wolcott	Lamoille County Planning Commission	https://www.lcpcvt.org/vertical/Sites/%7B3C01460C-7F49-40F5-B243-0CA7924F23AF%7D/uploads/Final_Plan_Narrative_and_Maps_Combined.pdf
Woodstock	Two Rivers-Ottauquechee Regional Commission	https://www.trorc.org/wp-content/uploads/2023/07/2023-Woodstock-Town-Plan.pdf

Health-Related Content in Town Plans, by Health Topic

Access to Health Care and other Critical Services

Town	Goals	Policies	Recommendations	Source
Arlington	[None provided.]	The Town should make every effort to maintain and extend access to medical, dental, and auxiliary services.	The Town should identify vulnerable populations including the disabled, elderly and others who may need assistance, particularly in an emergency	https://arlingtonvermont.org/wp-content/uploads/2020/07/ArlingtonTownPlan_AdoptedJune29.2020.pdf p. 107
Bethel	Goal 1: High-quality medical care should be available to all Bethel residents.	Policy a: It is the policy of the Town to support and encourage the development of local health care facilities and counseling services and help residents locate and efficiently access health care as close to home as possible.	Recommendation a.1: The Town will continue to work with Stagecoach and White River Ambulance to ensure residents have transportation to health and wellness services.	https://www.trorc.org/wp-content/uploads/2020/11/Bethel-2020-Town-Plan_FINAL.pdf p. 55-56
		Policy b: It is the policy of the Town to support programs that improve medical services for Bethel residents.	Recommendation b.2: The Town should make its facilities and resources available for community health and wellness programs/services, such as health screening days.	https://www.trorc.org/wp-content/uploads/2020/11/Bethel-2020-Town-Plan_FINAL.pdf p. 56
		Policy c: It is the policy of the Town to support the development of assisted living or other medical facilities or services dedicated to supporting seniors in Bethel.	Recommendation c.1: The Town should look for opportunities to support residents who wish to age in place.	
	Goal 2: To maintain appropriate ambulance service	Policy d: It is the policy of the Town to support efforts to decrease response times for emergency services.	Recommendation d.1: The Town should continue its relationship with White River Valley Ambulance and other community groups.	

Town	Goals	Policies	Recommendations	Source
Bradford	1.High quality medical care should be available to all Bradford residents.	1. It is the policy of the Town to support efforts to provide residents with access to high quality physical and mental healthcare through local providers. 2. It is the policy of the Town to support programs that expand medical coverage or improve medical services in Bradford	[None provided.]	https://www.trorc.org/wp-content/uploads/2020/11/town-plan-adopted-oct-12-2023.pdf p.35
Chelsea	1. High quality medical care should be available to all Chelsea residents.	1. It is the policy of the town to support programs that expand medical coverage or improve medical services for Chelsea residents. 2. It is the policy of the town to support the development of assisted living or other facilities or services dedicated to supporting the elderly in Chelsea. 3. It is the policy of the town to support efforts to provide residents with access to high quality physical and mental health care through local providers.	8. The Selectboard should explore options to expand medical coverage and services in town, including optometry and dentistry.	https://www.trorc.org/wp-content/uploads/2025/02/Chelsea-Town-Plan-Adopted-12.3.2024.pdf p.45-46
Fairfax	Support and encourage activities and community infrastructure, both social and physical, which enable and sustain the health and well-being of all residents.	To encourage opportunities to provide convenient access to health and human services for Fairfax residents	[None provided.]	https://cms2.revize.com/revize/fairfax/Documents/Plans/Town_Plan.pdf p.38
Glover	Work toward making Glover an inclusive and safe community where people from all backgrounds and identities feel welcome and at home	Encourage and expand volunteerism and citizen participation in the town's activities.	<ul style="list-style-type: none"> • Look into the possibility of setting up a walk-in clinic, urgent care facility, addiction counseling, teen safety shelter, and after school programs in Glover. • Assess the need for a dental program at Glover School - such as the Ronald McDonald Dental Mobile Unit. 	https://townofglover.com/wp-content/uploads/2018-Glover-Town-Plan.pdf p.23

Town	Goals	Policies	Recommendations	Source
Jeffersonville	For Jeffersonville to expand quality affordable healthcare options available to the local community.	<ul style="list-style-type: none"> Jeffersonville supports any reasonable proposal to locate a community health, dental, assisted living, or skilled nursing facility in the Village. New health facilities are encouraged in the Village Core, provided no new structures are created within the 100-year floodplain (as defined on the most recent FEMA maps). If such facilities are located within existing structures located within the floodplain, the structure shall be flood proofed in accordance with most recent FEMA guidelines. Given the vulnerable populations served by such facilities, measures should be taken to protect them during larger flood-events, including, but not limited to, elevating utilities to at least the 500-year flood elevation. 	Jeffersonville supports the development of elderly housing, assisted living, and skilled nursing facilities that are compatible with the physical and cultural characteristics of the community and are properly protected against flooding, and are not located within the 100-year floodplain (as defined on the most recent FEMA maps).	https://www.lcpcvt.org/vertical/Sites/%7B3C01460C-7F49-40F5-B243-0CA7924F23AF%7D/uploads/1. Final Jeffersonville Village Plan.pdf p.61-62
		[None provided.]	Jeffersonville supports investigating additional community wellness initiatives, such as a community paramedic program.	
Montpelier	Goal 2: More than 50 percent of Montpelier residents report that the availability of affordable quality health care in Montpelier is “good” or “excellent.”	Policy 2a: By 2020, develop and use measures to regularly report citizens’ opinions of the accessibility of affordable health services and the quality of care they receive.	[None provided.]	https://www.montpelier-vt.org/DocumentCenter/View/4789/Master-Plan-2017-Adopted-December-20-2017?bidId= p.232
		Policy 2b: Ensure Montpelier residents have access to a wide variety of health care services in a number of different forms.	2b.1. Support efforts to create and sustain collaborations among providers, organizations, businesses, and individuals. Support existing and new outreach and prevention programs. 2b.2. Ensure Montpelier is a vibrant community that draws and retains health providers and professionals. 2b.3. Support the REACH Program, which is a Care Bank as a complementary system of health and elder care.	

Town	Goals	Policies	Recommendations	Source
Montpelier (continued)	Goal 2 (continued)	Policy 2b (continued)	<p>2b.4. Experiment with developing a healing arts package (Community Supported Healing Arts, or CSH, package, similar to Community Supported Agriculture) for people to experience a variety of healing arts and support local businesses.</p> <p>2b.5. Make full use of a variety of methods—online networking, local media, volunteer outreach, etc.—to ensure everyone is aware of the opportunities available to them.</p>	https://www.montpelier-vt.org/DocumentCenter/View/4789/Master-Plan-2017-Adopted-December-20-2017?bidId= p.232
	Goal 3. Seniors and people with disabilities report that they have the support and resources needed to live independently in the community.	3a. Ensure that seniors and people with disabilities have the support and resources necessary to live independently.	3a.2. Expand the availability of, and access to, caregiver respite services.	https://www.montpelier-vt.org/DocumentCenter/View/4789/Master-Plan-2017-Adopted-December-20-2017?bidId= p.233-234
	Goal 4: By 2040, the capacity exists locally to provide all appropriate support services to people with mental illness.	4c. Increase adequacy of, and access to, mental health services and treatment for addiction.		
Morristown	[None provided.]	<ul style="list-style-type: none"> • Support a 24/7 staffed community located, patient centered, Emergency Medical Service. • Support community education related to emergency medical situations such as, CPR/AED training, and Stop the Bleed Programming • Support community wide AED signage and recognition programs • Continue support of the Heartsafe community designation • Support Morristown Emergency Medical Service in its application to achieve the Vermont Pediatric Safe Agency designation • Offer Narcan response kits to at risk populations 	[None provided.]	https://www.morristownvt.gov/zoning-planning/page/town-plan p.59-60

Town	Goals	Policies	Recommendations	Source
Reading	1. Town officials, committees, business and other organizations or groups will actively promote health and wellness in Reading		<ul style="list-style-type: none"> The Reading-West Windsor Aging in Place Committee shall establish 501(c)(3) nonprofit status. With support of the participating Town Select Boards, the Reading-West Windsor Aging in Place Committee will seek funding to support a part-time community nurse position and subsequently hire a Community Nurse to serve the towns of Reading and West Windsor. 	https://readingvt.gov/office.com/vertical/sites/%7B29D76170-2CBD-4DB0-A089-6F91F5BED766%7D/uploads/Reading_Town_Plan_02_14_2022(1).pdf p.94-96
Royalton	Goal 1. Promote health and wellness in Royalton.	7. Support the wellbeing and safety of children and families.	9. Explore methods for increasing accessibility to family and child resources, including but not limited to resources for domestic violence prevention.	https://www.trorc.org/wp-content/uploads/2013/10/Royalton-Town-Plan-2020.pdf p.50-51
Springfield	1. Promote physical, mental, and social health.	Support the Springfield School District 56 Wellness Committee and local healthcare providers in assuring equitable youth access to medical and dental care.	[None provided.]	https://www.marcvt.org/uploads/1/4/7/0/147010472/springfield_town_plan_2024.pdf p.92
Weathersfield	10.4.1. Promote healthy community initiatives through comprehensive community planning and design that support public health, safety and welfare.	[None provided.]	<p>10.6.2. Actively publicize area existing health and human service agencies, health programs, transportation services, and recreational activities for residents and visitors.</p> <p>10.6.6. The town will consider obtaining ambulance coverage based in Springfield for the western part of the town.</p>	https://www.weathersfieldvt.org/sites/g/files/vyhlf6216/f/uploads/2017_-_town_plan_-_amended_2024.10.28_1.pdf p.138-139

Town	Goals	Policies	Recommendations	Source
Wilmington	GOAL 5: Offer local community health support services.	Policy 1: Ensure availability of and make the community aware of local health, mental health and substance abuse treatment and recovery services. Arrange for supplements to existing services for improved availability and access.	<p>Action 5.1.1: Encourage mental health and substance abuse providers to provide services locally.</p> <p>Action 5.1.2: Ensure availability of services for elderly and disabled including transportation, meal delivery, health care services support.</p> <p>Action 5.1.3: Promote the use of ‘211’ to access existing services, such as: DV Community Cares, DV Community Partnership, SASH, Food Pantry, Families First, Habitat for Humanity, Windham/Windsor Housing Trust, Churches, Medical Facilities, Mental Health Providers, Drug and Alcohol Abuse Programs, Police, Fire, and Rescue.</p>	https://wilmingtonvermont.us/wp-content/uploads/2018/10/Town-Plan-as-Adopted-10-2-18.pdf p.29
Woodstock	Goal 1 - Support the availability of comprehensive health care in the Woodstock community.	Objective 1.1. Support use of the Ottauquechee Health Center	<p>Action 1.1.1. Regular articles in the Vermont Standard.</p> <p>Action 1.1.2. Community conversations on health care.</p> <p>Action 1.1.3. Recognize availability of free care for those unable to afford medical care.</p> <p>Action 1.1.4. Ensure awareness of the range of care available (ophthalmology, dermatology, etc).</p>	https://www.trorc.org/wp-content/uploads/2023/07/2023-Woodstock-Town-Plan.pdf p.54-55
		Objective 1.2. Work with Mt. Ascutney Hospital to ensure efficient and effective functioning of the Center	<p>Action 1.2.1. Appoint a town designated representative to work with the Ottauquechee Health Center Advisory Council.</p> <p>Action 1.2.2. Create a welcoming and informative environment in the Center, possibly through a volunteer program.</p> <p>Action 1.2.3. Help promote the importance of the Center in Vermont’s Blueprint for Health.</p>	

Town	Goals	Policies	Recommendations	Source
Woodstock (continued)	Goal 1 (continued)	Objective 1.3. Support the Community Care Coordinator Program. Recognize this as a crucial community-based health program to provide access to resources.	Action 1.3.1. Provide town funds for this service. Action 1.3.2. Recognize the importance of access to the CCC at the Senior Center as well as at the Health Center. Action 1.3.3. Provide regular on-going feedback of the program ensuring community member access and satisfaction.	https://www.trorc.org/wp-content/uploads/2023/07/2023-Woodstock-Town-Plan.pdf p.54-55
		Objective 1.4. Explore and study ways to provide an emergency care facility in Woodstock to treat individuals who need immediate emergency lifesaving care on an economically viable basis.	Action 1.4.1. Consider providing an emergency treatment facility in Woodstock.	
		Objective 1.5. Provide Support for the terminally ill and their families.	Action 1.5.1. Establish a hospice.	
	Goal 5 - Increase access to local mental and behavioral health services.	Objective 5.1. Reduce suicide and self-inflicted injuries risk and rate	Action 5.1.1. Promote awareness that suicide is a public health issue. Action 5.1.2. Develop and implement strategies to promote positive public attitudes toward being a consumer of mental health including substance misuse and suicide prevention services. Action 5.1.3. Training for recognizing at-risk behavior and delivering effective treatment. Action 5.1.4. Improve access to mental health and substance misuse services and better coordinate services in a variety of community institutions.	https://www.trorc.org/wp-content/uploads/2023/07/2023-Woodstock-Town-Plan.pdf p.56

Active Living & Active Transportation

Town	Goals	Policies	Recommendations	Source
Baltimore	1. Promote health and wellness in Baltimore.	4. Promote active transportation through walking and biking.	4. Promote use of outdoor recreation.	https://www.marcv.org/uploads/1/4/7/0/147010472/adopted_7.9.2024_-_2024_town_plan_-_baltimore.pdf p.23-24
Barnard	1. To maintain, enhance and expand recreational opportunities in Barnard so that the Town has adequate facilities and amenities to meet the current and future physical activity and recreation needs of its residents and visitors.	1. It is the policy of the Town to encourage the development of outdoor recreational opportunities, including recreational business development.	2. Support the Barnard Recreation Department in developing a long-range recreation plan that utilizes citizen input and good planning practices. 3. Support the use of public spaces such as the Dorothy Thompson Park and look into expanding recreational opportunities for Barnard citizens.	https://www.trorc.org/wp-content/uploads/2020/11/2024-05-15-FINAL-ADOPTED.pdf p.64-65
	2. Improve pedestrian access and safety in the Village	2. Promote a built environment and programs that support physical activity.	1. Reasonable and safe access between (sidewalks, paths, etc.). As walking is increasingly recognized as an essential part of healthy living, the Planning Commission should seek opportunities to improve the walking environment within the village and hamlet areas.	
Berkshire	Goal 6. Maintain and enhance community infrastructure and activities, both social and physical, which sustain and improve the health and wellbeing of all residents.	6) New construction or major reconstruction of roads and highways in the Town should identify the feasibility of accommodating all users by way of paths, sidewalks, or shoulders wide enough for use solely non-motorized means of transportation, when economically feasible or in the public interest. 7) Sidewalk or pedestrian facilities should be provided in populated areas, including the hamlets of East and West Berkshire, and alternative recreational paths for public use should be designated by the Town where appropriate.	[None provided.]	https://6eade072-06b3-4cb0-b552-9093f98282cd.filesusr.com/ugd/cf375c_ecfa826316da4ed2b6141ea1b5a1e26e.pdf p.89-90

Town	Goals	Policies	Recommendations	Source
Bethel	Goal 3: The Town will promote health, safety and wellness for all of its residents.	Policy f: It is the policy of the Town to promote healthy lifestyle choices for its residents, including but not limited to healthy food choices, prevention of substance misuse, access to physical exercise and recreation, and promotion of active transportation methods such as walking and biking.	Recommendation f.3: The Town should promote use of parks and recreation facilities.	https://www.trorc.org/wp-content/uploads/2020/11/Bethel-2020-Town-Plan_FINAL.pdf p. 56
Bradford	3. The Town should promote health and wellness.	3. It is the policy of the Town to maintain, enhance and expand recreational opportunities in Bradford in support of improving mental and physical health.	[None provided.]	https://www.trorc.org/wp-content/uploads/2020/11/town-plan-adopted-oct-12-2023.pdf p. 35
Bridgewater	Goal: 1. Promote health and wellness in Bridgewater	4. Promote active transportation through walking and biking.	4. Promote use of park and recreation facilities.	https://www.trorc.org/wp-content/uploads/2013/09/Bridgewater-TP-Final.pdf p.88-89
		5. Improve parks, recreation facilities, and open spaces for accessibility and community mingling.	5. Consider accessibility when developing public spaces and recreational opportunities.	
East Montpelier	Goal 4.4: Protect recreational spaces and develop new recreational areas in various parts of town.	Action 4.4.2: Develop a trail along the Winooski River in East Montpelier Village.	[None provided.]	https://eastmontpeliervt.org/wp-content/uploads/2018/06/2018-Town-Plan-small.pdf p.34
	Goal 4.5: Maintain a proactive and supportive relationship between the town, trail-user groups, and landowners.	Action 4.5.1: Support efforts to locate off-road segments of the Cross Vermont Trail in East Montpelier.	[None provided.]	https://eastmontpeliervt.org/wp-content/uploads/2018/06/2018-Town-Plan-small.pdf p.36
	Goal 4.6: Maintain and expand the existing trail system to create connected loops and links to villages and population centers.	Action 4.6.2: Consider new trail links to connect villages and East Montpelier Elementary School with the trail system.	[None provided.]	https://eastmontpeliervt.org/wp-content/uploads/2022/11/2018-Town-Plan-Amended-July-11-2022.pdf p. 36

Town	Goals	Policies	Recommendations	Source
East Montpelier (continued)	Goal 6.2: Ensure that the road network provides safe and adequate transportation for all road users balanced with retaining the scenic and natural character of roadways.	Action 6.2.1: Ensure that all state transportation projects meet the goals of this plan including accommodating pedestrian and bicycle use and protecting the character of the roadside. Action 6.2.2: Provide safe, attractive and convenient pedestrian and bicycle facilities in East Montpelier Village. Priorities are sidewalks and bicycle lanes connecting the Upper Village to the Lower Village and the Lower Village to East Montpelier Elementary School. Action 6.2.3: Provide marked bicycle lanes with all new paving projects.	[None provided.]	https://eastmontpelier.vt.org/wp-content/uploads/2022/11/2018-Town-Plan-Amended-July-11-2022.pdf p. 70-71
	Goal 6.3: Reduce traffic speeds and improve safety in villages and areas with pedestrians and bicyclists.	Action 6.3.1: Implement traffic calming measures in villages and areas with pedestrians and bicyclists.	[None provided.]	
Fairlee	Goal 1 To promote health and wellness in Fairlee.	2. It is the policy of the Town to promote active transportation through walking and biking.	3. The Town should explore bike path options.	https://www.trorc.org/wp-content/uploads/2013/10/Fairlee-Town-Plan-adopted-2020.pdf p.6

Town	Goals	Policies	Recommendations	Source
Jeffersonville	To maintain, develop, expand, and enhance recreational facilities and opportunities.	Jeffersonville recognizes the value of the planned Lamoille Valley Rail Trail, Cambridge Greenway, and other trail networks. Jeffersonville supports infrastructure investments that will allow businesses and community members to take full advantage of this opportunity.	<ul style="list-style-type: none"> Jeffersonville should identify and fill gaps in the existing recreation trail network and establish itself as a “hub” for local and regional recreation amenities. Jeffersonville, in partnership with other organizations and the Town of Cambridge, should develop a comprehensive plan for amenities, facilities, and aesthetics for the Lamoille Valley Rail Trail and other trail systems. Jeffersonville supports Cambridge Rail Trail Committee in their effort to extend Cambridge Greenway to Williamson Road, and eventually to Cambridge Village. 	https://www.lcpcvt.org/vertical/Sites/%7B3C01460C-7F49-40F5-B243-0CA7924F23AF%7D/uploads/1. Final Jeffersonville Village Plan.pdf p. 61-62
		Jeffersonville supports responsible development of additional indoor and outdoor recreational facilities within the Village. Passive recreation such as trails is an acceptable use of areas within the 100-year floodplain (as defined on the most recent FEMA maps), provided no new structures are created.	<ul style="list-style-type: none"> The Village should work with other groups in the community to address various recreation issues, assist the development of recreational facilities, and support and coordinate the efforts of local recreation, trail, and conservation groups. Jeffersonville should continue to explore development of additional indoor and outdoor recreation and enrichment facilities. 	
	To encourage more physical activity through land use plans and policies.	<ul style="list-style-type: none"> All public roads in Jeffersonville should provide for safe walking and biking. Jeffersonville’s youth should be provided with opportunities to walk or bike to school, sound nutrition, and information pertinent to healthy living. 	[None provided.]	

Town	Goals	Policies	Recommendations	Source
Jeffersonville (continued)	For suitable amounts and types of land to be set aside in Jeffersonville for public use and enjoyment.	<ul style="list-style-type: none"> Natural, scenic, and recreational areas should be protected so that they may be maintained as destinations for hiking, biking, and other physical activities. Public access to a wide variety of outdoor recreation activities should be preserved. 	[None provided.]	https://www.lcpcvt.org/vertical/Sites/%7B3C01460C-7F49-40F5-B243-0CA7924F23AF%7D/uploads/1. Final Jeffersonville Village Plan.pdf p. 61-62
Montpelier	Goal 1. By 2040, the incidences of preventable illness, injury and premature death in Montpelier are significantly reduced; life expectancy increases; and there is an improvement in quality of life for those who suffer from chronic diseases.	1b. Make Montpelier a place where it is easy to integrate physical activity into daily life.	1b.1. Design roads in major transportation-ways to make biking and walking viable alternatives to automobile use. 1b.2. Develop and maintain affordable, indoor community wellness options so that community members can stay active year-round. 1b.3. Increase involvement in groups like CAN! to encourage participation in physical activity with neighbors. 1b.4. Introduce additional “neighborhood-scale” recreational opportunities, and ensure larger regional facilities are well-served by alternative transportation. 1b.5. Make full use of a variety of methods—online networking, local media, volunteer outreach, etc.—to ensure everyone is aware of the opportunities available to them.	https://www.montpelier-vt.org/DocumentCenter/View/4789/Master-Plan-2017-Adopted-December-20-2017?bidId= p.230-231
		1c. Promote ways to integrate physical activity and nutritious eating habits into the workplace.	1c.1. Encourage fitness programs/challenges in the workplace. Set up public/private partnerships to support these programs. 1c.2. Encourage employers to support employee participation in noncompany, healthy lifestyle programs.	

Town	Goals	Policies	Recommendations	Source
Montpelier (continued)	Goal 1 (continued)	1d. Increase the number of youth participating in outdoor educational programs.	<p>1d.1. Support and enhance existing outdoor educational opportunities and encourage the development of programs that promote physical activity.</p> <p>1d.2. Increase the understanding of “outdoor classroom” opportunities at school.</p> <p>1d.3. Make full use of a variety of methods—online networking, local media, volunteer outreach, etc.—to ensure everyone is aware of the opportunities available to them.</p>	https://www.montpelier-vt.org/DocumentCenter/View/4789/Master-Plan-2017-Adopted-December-20-2017?bidId= p.230-231
Morristown	[None provided.]	<ul style="list-style-type: none"> • Draft zoning bylaw changes that require major development and redevelopment projects in the core of the village to provide pedestrian and bicycle amenities, such as sidewalks, bike lanes, bicycle parking, and/or other streetscape improvements. • Encourage the addition of more pedestrian amenities in the village (such as benches, seats, water fountains, shade/street trees) that enhance the pedestrian experience, especially in the downtown. • Ensure that adequate and appropriate lighting exists for streets, parks, recreation facilities, sidewalks, bike paths, and bike lanes to promote their use during non-daylight hours, especially during the short winter days. • Plan for the routine maintenance of municipally designated bike lanes/routes (to the extent permitted by town & village funding). • Support the conservation or protection of commonly-used cross country ski-trails, such as the Catamount Trail, VAST Trails, the trails around Bliss Hill, and the trails on private land abutting the school property. • Support the Rail Trail as an important pedestrian, transportation, and wellness amenity. 	[None provided.]	https://www.morristownvt.gov/zoning-planning/page/town-plan p.58

Town	Goals	Policies	Recommendations	Source
Morristown (continued)	[None provided.]	<ul style="list-style-type: none">• Increase access to park and recreation opportunities for all.• Evaluate the additional cost associated with building and maintaining safe, pleasant streets for walking and biking, paying particular attention to high traffic areas by schools. Pedestrian and bike oriented transportation options provide residents with the option to walk/bike rather than drive, lessening traffic congestion, and improving our air quality.• Prioritize protection and use of municipally owned recreational and natural spaces, including the Town Forest, Oxbow Riverfront Park, and the portions of the Clark property that can be safely accessed by the public (in relation to the active hydro facility, and the sensitive ecological integrity of this area).• Improve and expand the existing trail system that accesses Oxbow Riverfront Park, including formalizing the footpath that connects the park to the terminus of Foundry St.• Add an access point, or footpath, connecting Foundry Street to the Rail Trail, which would formalize Rail Trail access at each side of the Oxbow park peninsula, and also create a small walking loop through Oxbow Park that is accessed from the Rail Trail.• Encourage the purchase of natural areas for recreational purposes and wildlife corridors.	[None provided.]	https://www.morristownvt.gov/zoning-planning/page/town-plan p.58

Town	Goals	Policies	Recommendations	Source
Orange	Goal 8. Maintain and enhance healthy choices for the residents of Orange including active and passive recreational opportunities; local food choices; and access to natural, scenic, or environmental amenities.	1. Support the Town Recreation Committee in the effort to develop and maintain recreation facilities and infrastructure that will provide recreation opportunities for all residents 4. Maintain and enhance recreational facilities and opportunities.	1. Assess existing recreation facilities and prioritize any upgrades that may be necessary. 2. Identify grants or other funding sources that could be used to support recreational priorities for the community.	https://orangevt.org/wp-content/uploads/2021/05/Orange-Vermont-Town-Plan.pdf p.63-64
		2. Ensure the preservation of and access to important natural and scenic resource areas for recreational use. 5. Encourage more physical activity through public land use plans and policies. 7. Support public access to natural, scenic, or environmental recreation opportunities including hiking, hunting, fishing, and other activities.	3. Identify locations that can support public access to outdoor recreation amenities including hunting, fishing, bird watching, hiking, or similar activities. 5. Require large land use projects to include open space or similar amenities in their plans to ensure open land is preserved and accessible to the community.	
Reading	1. Town officials, committees, business and other organizations or groups will actively promote health and wellness in Reading.	2. Promote healthy lifestyle choices for Reading’s residents, including but not limited to healthy food choices, prevention of substance misuse, access to physical exercise and recreation, and promotion of active transportation methods such as walking and biking. 8. Create a balanced and equitable transportation system that provides for the safety and universal mobility of pedestrians, bicyclists, strollers and wheelchairs. 9. Incorporate active transportation design features into new development projects.	<ul style="list-style-type: none"> The Recreation Commission and other groups will collaborate to plan and build a network of paths or trails for walking and non-motorized exercise activity in locations convenient to the Village Center, hamlets and throughout town. The Recreation Commission will consult with landowners and create a map of nonmotorized paths and trails and other recreational places of interest 	https://readingvt.govoffice.com/vertical/sites/%7B29D76170-2CBD-4DB0-A089-6F91F5BED766%7D/uploads/Reading_Town_Plan_02_14_2022(1).pdf p.94-96
Royalton	Goal 1. Promote health and wellness in Royalton.	4. Promote active transportation through walking and biking.	5. Promote use of park and recreation facilities and expand walking and biking opportunities. 10. Consider conducting Health Impact Assessments for proposed projects when appropriate.	https://www.trorc.org/wp-content/uploads/2013/10/Royalton-Town-Plan-2020.pdf p.50-51

Town	Goals	Policies	Recommendations	Source
Sharon	Goal I: Promote the health and wellness of residents in Sharon.	Policy D: Promote active transportation through walking and biking.	Implementation Action 1.D: Gradually make the major roads in Sharon more walking and biking friendly.	https://www.trorc.org/wp-content/uploads/2023/08/SharonTownPlan_Adopted_2023-08-21.pdf p.120
		Policy E: Improve parks, recreation facilities, and open spaces for accessibility and community mingling.	Implementation Action 1.E: Promote the use of park and recreation facilities and expand walking and biking opportunities.	
Springfield	1. Promote physical, mental, and social health.	Amend the land use development and transportation ordinances to support a 'walkable community' with complete streets and multimodal access to parks and recreational facilities.	[None provided.]	https://www.marcvt.org/uploads/1/4/7/0/147010472/springfield_town_plan_2024.pdf p.92
		Prioritize investments and collaborations for all recreational programs and facilities. Conduct this work with the Springfield School District 56, Parks and Recreation Department, Edgar May Health and Recreation Center, and regional health centers.		
Waterville	[None provided.]	Waterville supports opportunities for residents of all ages to engage in physical and recreational activities, benefiting their health and wellness.	Waterville should seek funds and opportunities to promote health activities for residents.	https://www.lcpvvt.org/vertical/Sites/%7B3C01460C-7F49-40F5-B243-0CA7924F23AF%7D/uploads/1.2019.Waterville.Town.Plan.Final.pdf p.38
Weathersfield	10.4.1. Promote healthy community initiatives through comprehensive community planning and design that support public health, safety and welfare.	10.5.3. Major developments will strive to create a balanced transportation system that provides for the safety and mobility of all users and that furthers the Complete Streets principles.	10.6.1. Consider utilizing a health impact analysis as part of a complete local land use permit application for commercial and industrial uses.	https://www.weathersfieldvt.org/sites/g/files/vyhlf6216/f/uploads/2017-town_plan_-_amended_2024.10.28_1.pdf p.138-140

Town	Goals	Policies	Recommendations	Source
Weathersfield (continued)	10.4.1. (continued)	10.5.5 The town should improve awareness of and public access to public-owned recreation facilities such as the Weathersfield School Gymnasium/Auditorium, Hoisington Field, and the Town Forest.	10.6.2. Actively publicize area existing health and human service agencies, health programs, transportation services, and recreational activities for residents and visitors.	https://www.weathersfieldvt.org/sites/g/files/vyhlif6216/f/uploads/2017_-_town_plan_-_amended_2024.10.28_1.pdf p.138-140
		[None provided.]	10.6.7. Evaluate current goals and mission of Parks and Recreation Commission, and create policies that govern commission activities and expenditures.	
		10.5.6. Development will not diminish public access to existing public recreational facilities.	10.6.1. Consider utilizing a health impact analysis as part of a complete local land use permit application for commercial and industrial uses.	
Wolcott	To maintain and enhance recreational facilities and opportunities.	<ul style="list-style-type: none"> Take active part in making the Lamoille Valley Rail Trail a rural trail facility that will provide opportunities for all users to enjoy nature and the scenic Vermont landscape to its fullest. 	<ul style="list-style-type: none"> Develop a comprehensive plan for amenities, facilities and aesthetics for the Lamoille Valley Rail Trail in town. Address various recreation issues in town, assist the development of recreational facilities, and support and coordinate the efforts of groups like the Wolcott Athletic Association Pursue grant funding for the development of the North Wolcott Recreation Park. 	https://www.lcpcvt.org/vertical/Sites/%7B3C01460C-7F49-40F5-B243-0CA7924F23AF%7D/uploads/Final_Plan_Narrative_and_Maps_Combined.pdf p.59-60
		<ul style="list-style-type: none"> Protect natural, scenic and recreational areas so that they may be maintained as destinations for hiking, biking and other physical activities. Ensure public access to hunting and fishing and other outdoor recreation activities. 	[None provided.]	
	To encourage more physical activity through public land use plans and policies.	<ul style="list-style-type: none"> Developers of large residential projects should include adequate open space and pedestrian amenities for recreation by the future residents of the project. All public roads in Wolcott should provide for safe walking and biking. 	[None provided.]	

Town	Goals	Policies	Recommendations	Source
Woodstock	Goal 4 - Support infrastructure policies and organizations which promote healthy eating and active living and address obesity and other health consequences.	Objective 4.2. Promote a built environment and programs that support physical activity.	<p>Action 4.2.1. Implement the Safe Routes to School Plan adopted by the Village of Woodstock Trustees. Use the Plan as a basis for developing a more robust plan for a Walkable Woodstock.</p> <p>Action 4.2.2. Expand Safe Routes to School Travel Plan to include the greater Woodstock area to create a safe walkable town center.</p> <p>Action 4.2.3. Support other programs that promote healthy, physical activity</p>	https://www.trorc.org/wp-content/uploads/2023/07/2023-Woodstock-Town-Plan.pdf p.56

Age-Friendly Environment

Town	Goals	Policies	Recommendations	Source
East Montpelier	Goal 5.3: Support services and facilities to address the needs for seniors and families with young children.	Action 5.3.1: Support the location of a senior center in East Montpelier Village.	[None provided.]	https://eastmontpeliervt.org/wp-content/uploads/2022/11/2018-Town-Plan-Amended-July-11-2022.pdf p. 49

Town	Goals	Policies	Recommendations	Source
Montpelier	Goal 3: Seniors and people with disabilities report that they have the support and resources needed to live independently in the community.	3a. Ensure that seniors and people with disabilities have the support and resources necessary to live independently.	3a.1. Expand availability of affordable home care and related home support services (such as snow removal and housing maintenance), by, for example, making better linkages with schools and youth. 3a.2. Expand the availability of, and access to, caregiver respite services. 3a.3. Encourage seniors and people with disabilities to continue to participate in the community by volunteering, joining REACH and the Onion River Exchange, and/or attending community events.	https://www.montpelier-vt.org/DocumentCenter/View/4789/Master-Plan-2017-Adopted-December-20-2017?bidId= p.233
		3b. Provide supportive housing services to people who are unable to live independently.	[None provided.]	
Weathersfield	10.4.1. Promote healthy community initiatives through comprehensive community planning and design that support public health, safety and welfare.	[None provided.]	10.6.5. Evaluate whether existing programs support multigenerational planning and aging-in-place in Weathersfield.	https://www.weathersfieldvt.org/sites/g/files/vyhlf6216/f/uploads/2017_-_town_plan_-_amended_2024.10.28_1.pdf p.138-139
Woodstock	Goal 7 - Build a stronger community for healthy aging.	Objective 7.1. Access to physical activity, medical care, nutritious food, social engagement, and mobility	Action 7.1.1. Learn about walkways, homes, and neighborhoods that meet the needs of older adults. Action 7.1.2. Work with Thompson Senior Center and other entities to create a community that supports healthy aging in place. Action 7.1.3. Encourage increased day care facilities for senior citizens	https://www.trorc.org/wp-content/uploads/2023/07/2023-Woodstock-Town-Plan.pdf p.57

Child Care

Town	Goals	Policies	Recommendations	Source
Waterville	[None provided.]	Waterville supports state-level efforts to put in place mechanisms that facilitate access to high quality and affordable child care.	[None provided.]	https://www.lcpcvt.org/vertical/Sites/%7B3C01460C-7F49-40F5-B243-0CA7924F23AF%7D/uploads/1.2019.Waterville.Town.Plan.Final.pdf , p.38

Environmental Quality

Town	Goals	Policies	Recommendations	Source
Baltimore	1. Promote health and wellness in Baltimore.	3. Minimize the risks to human health and the environment posed by hazardous sites.	3. Protect water quality of rivers, streams, lakes, and wetlands.	https://www.marcv.org/uploads/1/4/7/0/147010472/adopted.7.9.2024.-2024.town.plan.-baltimore.pdf p.23-24
Bethel	Goal 3: The Town will promote health, safety and wellness for all of its residents.	Policy e: It is the policy of the Town to build infrastructure that will promote environmentally safe and healthy lifestyles.	Recommendation e.1: Town will develop infrastructure using the Health Impact Assessment process, considering environmental and healthy lifestyle impacts.	https://www.trorc.org/wp-content/uploads/2020/11/Bethel-2020-Town-Plan_FINAL.pdf p. 56
Bridgewater	Goal: 1. Promote health and wellness in Bridgewater	3. Minimize the risks to human health and the environment posed by hazardous sites.	3. Protect water quality of rivers, streams, lakes, and wetlands.	https://www.trorc.org/wp-content/uploads/2013/09/Bridgewater-TP-Final.pdf p.88
East Montpelier	Goal 9.11: Encourage farming practices that protect wildlife habitat, water quality, and soil productivity.	Action 9.11.1: Ensure land conservation easement includes appropriate stream and roadside buffers to minimize agricultural run-off.	[None provided]	https://eastmontpeliervt.org/wp-content/uploads/2022/11/2018-Town-Plan-Amended-July-11-2022.pdf p.128

Town	Goals	Policies	Recommendations	Source
Fairlee	Goal 1 To promote health and wellness in Fairlee.	4. It is the policy of the Town to minimize risk to human health and the environment posed by hazardous sites.	[None provided.]	https://www.trorc.org/wp-content/uploads/2013/10/Fairlee-Town-Plan-adopted-2020.pdf p.6
Glover	Work toward making Glover an inclusive and safe community where people from all backgrounds and identities feel welcome and at home.	Encourage and expand volunteerism and citizen participation in the town's activities.	<ul style="list-style-type: none"> • Remain vigilant to potential hazards with plans for quick mitigation: water, soil, air pollution, fire, flood. • Continue active participation in Local Emergency Planning Commission District 10. 	https://townofglover.com/wp-content/uploads/2018-Glover-Town-Plan.pdf p.23
Plymouth	Goal 1. Promote health and wellness in Plymouth.	3. Minimize the risks to human health and the environment posed by hazardous sites.	3. Protect water quality of rivers, streams, lakes, and wetlands.	https://www.trorc.org/wp-content/uploads/2013/10/Plymouth-Adopted-Plan-2019-002.pdf , p.55-56
Reading	1. Town officials, committees, business and other organizations or groups will actively promote health and wellness in Reading.	5. Minimize environmental and human health risks posed by hazardous sites	[None provided.]	https://readingvt.gov/office.com/vertical/sites/%7B29D76170-2CBD-4DB0-A089-6F91F5BED766%7D/uploads/Reading_Town_Plan_02_14_2022(1).pdf p.94-96
		6. Improve air and water quality and reduce air and water pollution.	[None provided.]	
Royalton	Goal 1. Promote health and wellness in Royalton.	3. Minimize the risks to human health and the environment posed by hazardous sites.	4. Protect water quality of rivers, streams, lakes, and wetlands according to policies and actions developed in the basin plans established by the Secretary of Natural Resources. 10. Consider conducting Health Impact Assessments for proposed projects when appropriate.	https://www.trorc.org/wp-content/uploads/2013/10/Royalton-Town-Plan-2020.pdf p.50-51
Sharon	Goal I: Promote the health and wellness of residents in Sharon.	Policy C: Minimize the risks to human health and the environment posed by hazardous sites.	Implementation Action 1.C: Consider conducting Health Impact Assessments for proposed projects when appropriate.	https://www.trorc.org/wp-content/uploads/2023/08/SharonTownPlan_Adopted_2023-08-21.pdf p.120

Town	Goals	Policies	Recommendations	Source
Woodstock	Goal 2 - Consider how new developments (e.g. housing, transportation, infrastructure, policies, zoning, road construction, water treatment plants) impact health.	Objective 2.1. Ensure that a Health Impact Assessment (HIA) is conducted with every major project	Action 2.1.1. Use HIA trained individuals to lead a HIA with every proposed major project. Action 2.1.2. Use the results of the HIA to adapt the project to maximize the positive health impacts and minimize the negative health impacts.	https://www.trorc.org/wp-content/uploads/2023/07/2023-Woodstock-Town-Plan.pdf p.55

Faith, Wisdom, and Spirituality

Town	Goals	Policies	Recommendations	Source
Montpelier	Goal 1: Over 80 percent of Montpelier residents report that the openness and acceptance of the community toward people of diverse backgrounds is “good” or “excellent.”	1a. Increase public awareness of and education about Montpelier’s faith, wisdom, and spiritual community.	[None provided.]	https://www.montpelier-vt.org/DocumentCenter/View/4789/Master-Plan-2017-Adopted-December-20-2017?bidId= p.235-236
	Goal 2: Over 85 percent of Montpelier residents report that there are “good” or “excellent” opportunities to participate in religious or spiritual events and activities.	2a. Create opportunities for dialogue and celebration among different religions, faith traditions, and cultures.	2a.1 Establish forums and policy/program discussions that encourage conversation among different religions, faith traditions, and cultures. 2a.2 Encourage cultural celebrations. 2a.3 Support interfaith education programs.	
		2b. Ensure people are aware of faith and spiritual resources in the community.	2b.1. Include information about faith and spiritual resources in a welcome package for newcomers to the city. 2b.2. Encourage spiritual groups to provide electronic links on their on website to other opportunities in the area. 2b.3. Make full use of a variety of methods—online networking, local media, volunteer outreach, etc.—to ensure everyone is aware of the opportunities available to them.	

Healthy Food Access and Choice

Town	Goals	Policies	Recommendations	Source
Baltimore	1. Promote health and wellness in Baltimore.	1. Increase access to healthy foods.	1. Promote and expand farmers markets and community gardens.	https://www.marcv.org/uploads/1/4/7/0/147010472/adopted_7.9.2024_-_2024_town_plan_-_baltimore.pdf p.23
Barnard	3. That healthy, fresh and locally-sourced food is accessible to all Barnard residents.	3. It is the policy of the Town to support the work of Helping Hands, the Thompson Center, and other organizations that help to meet the needs of Barnard residents. 4. Support local farms and retail outlets in offering fresh and local food. 5. Support local organizations that distribute food to those in need.	4. Continue to support farm stands at the Town Hall. 5. Support and encourage updates of Community of Barnard Website on Local Food and Agriculture.	https://www.trorc.org/wp-content/uploads/2020/11/2024-05-15-FINAL-ADOPTED.pdf p.64-65
Berkshire	Goal 6: Maintain and enhance community infrastructure and activities, both social and physical, which sustain and improve the health and wellbeing of all residents.	11) The Town should ensure that local regulations support local farm stands wherever possible. 12) The Town supports the Berkshire Elementary School's Farm to School Program.	[None provided.]	https://6eade072-06b3-4cb0-b552-9093f98282cd.filesusr.com/ugd/cf375c_ecfa826316da4ed2b6141ea1b5a1e26e.pdf p.89-90
Bethel	Goal 3: The Town will promote health, safety and wellness for all of its residents.	Policy f: It is the policy of the Town to promote healthy lifestyle choices for its residents, including but not limited to healthy food choices, prevention of substance misuse, access to physical exercise and recreation, and promotion of active transportation methods such as walking and biking.	Recommendation f.4: The Town should continue to support healthy eating, local agriculture, and food production through ongoing support of the weekly Bethel Farmers' Market. Recommendation f.5: The Town shall promote and support the efforts of the Bethel Food Shelf in assisting low income and food insecure residents with access to enough healthy and nutritious food to maintain a healthy lifestyle.	https://www.trorc.org/wp-content/uploads/2020/11/Bethel-2020-Town-Plan_FINAL.pdf p. 56
Bridgewater	Goal: 1. Promote health and wellness in Bridgewater	1. Increase access to healthy foods.	1. Promote and expand farmers markets and community gardens.	https://www.trorc.org/wp-content/uploads/2013/09/Bridge-water-TP-Final.pdf p.88

Town	Goals	Policies	Recommendations	Source
East Montpelier	Goal 7.4: Promote and support the viability of sustainable agricultural enterprises.	Action 7.4.1: Encourage local agricultural enterprises through non-regulatory techniques such as hosting farmer’s markets or fairs and providing information about local agricultural products.	[None provided]	https://eastmontpeliervt.org/wp-content/uploads/2022/11/2018-Town-Plan-Amended-July-11-2022.pdf p.102
Fairfax	Support and encourage activities and community infrastructure, both social and physical, which enable and sustain the health and well-being of all residents.	<ul style="list-style-type: none"> • To support the local food system (growing, harvesting, processing, packaging, transporting, marketing, consuming, and disposing of food). • To collaborate with interested parties to complete a community food audit to identify existing access and future opportunities to increase access to healthy food. • To improve the access to healthy food and model best practices related to promoting healthy communities. 	[None provided.]	https://cms2.revize.com/revize/fairfax/Documents/Plans/Town_Plan.pdf p.38
Fairlee	Goal 1 To promote health and wellness in Fairlee.	3. It is the policy of the Town to support increased access to healthy foods.	4. The Town should help promote access to and awareness of locally grown and locally produced foods.	https://www.trorc.org/wp-content/uploads/2013/10/Fairlee-Town-Plan-adopted-2020.pdf p.6
Glover	Work toward making Glover an inclusive and safe community where people from all backgrounds and identities feel welcome and at home.	Encourage and expand volunteerism and citizen participation in the town’s activities.	Work to make Glover a food secure community by setting up a food shelf, maintaining a Meals-on-Wheels program, and creating community garden opportunities.	https://townofglover.com/wp-content/uploads/2018-Glover-Town-Plan.pdf p.23

Town	Goals	Policies	Recommendations	Source
Jeffersonville	To provide access to healthy, affordable locally grown food.	The availability and affordability of locally grown foods to residents of all income levels should be increased.	The Jeffersonville Farmers' and Artisans' Market should continue to participate in the EBT/Debit program.	https://www.lpcvt.org/vertical/Sites/%7B3C01460C-7F49-40F5-B243-0CA7924F23AF%7D/uploads/1. Final Jeffersonville Village Plan.pdf p. 61-62
		<ul style="list-style-type: none"> Gardening, including private and community gardens, is strongly encouraged and supported. Jeffersonville should plan for the development of future community gardens. 	The Jeffersonville Board of Trustees and Planning Commission should work with other local groups to identify potential space for community gardens within the Village.	
		Jeffersonville's youth should be provided with opportunities to walk or bike to school, sound nutrition, and information pertinent to healthy living.	The Cambridge Elementary School should continue to work with local farmers/producers to increase local food products provided as part of the school's lunch program.	
Montpelier	Goal 1: By 2040, the incidences of preventable illness, injury and premature death in Montpelier are significantly reduced; life expectancy increases; and there is an improvement in quality of life for those who suffer from chronic diseases.	1a. Ensure that all Montpelier residents have access to health education and recreation to support physical and mental health.	1a.3. The Central Vermont Food Systems Council increases awareness of local food education opportunities.	https://www.montpelier-vt.org/DocumentCenter/View/4789/Master-Plan-2017-Adopted-December-20-2017?bidId= p.230
		1c. Promote ways to integrate physical activity and nutritious eating habits into the workplace.	1c.1. Encourage fitness programs/challenges in the workplace. Set up public/private partnerships to support these programs. 1c.2. Encourage employers to support employee participation in noncompany, healthy lifestyle programs	https://www.montpelier-vt.org/DocumentCenter/View/4789/Master-Plan-2017-Adopted-December-20-2017?bidId= p.231
		1e. Promote healthy eating habits.	1e.1. Encourage and support such programs as farm-to-school and farm-to-hospital. 1e.2. Promote the awareness of programs that increase accessibility and affordability of whole, fresh foods (EBT at Farmers' Market; fresh food at Food Shelf; etc). 1e.3. Support and enhance programs that teach individuals how to shop for and cook with whole foods.	

Town	Goals	Policies	Recommendations	Source
Morristown	[None provided.]	<ul style="list-style-type: none"> Encourage local agricultural, and forest based, product production from local sources. Show support for local agribusinesses, and agricultural land-use. Show support for the farmers' market, local farm stands, and community gardens. Encourage and support community led health campaigns that increase consumer awareness of healthy lifestyles. 	[None provided.]	https://www.morristownvt.gov/zoning-planning/page/town-plan p. 58
Orange	Goal 8: Maintain and enhance healthy choices for the residents of Orange including active and passive recreational opportunities; local food choices; and access to natural, scenic, or environmental amenities.	6. Support access to local food production and availability.	[None provided.]	https://orangevt.org/wp-content/uploads/2021/05/Orange-Vermont-Town-Plan.pdf p.63
Plymouth	Goal 1. Promote health and wellness in Plymouth.	1. Increase access to healthy foods by alerting town residents to organizations such as local CSAs, the Vermont Healthy Soils Coalition, local farmers' markets, and organizations that serve local residents in need, such as Black River/Good Neighbor.	1. Promote and expand farmers markets and community gardens, encourage local gardeners to share their overabundance of summer produce by bringing their fruits and vegetables to a local site for distribution, and organize delivery to local residents who are unable to drive.	https://www.trorc.org/wp-content/uploads/2013/10/Plymouth-Adopted-Plan-2019-002.pdf p.55-56
Reading	1. Town officials, committees, business and other organizations or groups will actively promote health and wellness in Reading.	2. Promote healthy lifestyle choices for Reading's residents, including but not limited to healthy food choices, prevention of substance misuse, access to physical exercise and recreation, and promotion of active transportation methods such as walking and biking. 3. Increase access to healthy foods.	The Reading-West Windsor Food Shelf will continue its work to provide healthy food and donated personal items to families in need.	https://readingvt.govoffice.com/vertical/sites/%7B29D76170-2CBD-4DB0-A089-6F91F5BED766%7D/uploads/Reading_Town_Plan_02_14_2022(1).pdf p.94-96

Town	Goals	Policies	Recommendations	Source
Royalton	Goal 1. Promote health and wellness in Royalton.	1. Increase access to healthy foods.	1. Assist the farmers market and community garden to explore barriers to and increase options for food access. 2. Support organizations like the Royalton Food Shelf and explore additional opportunities and locations for similar services.	https://www.trorc.org/wp-content/uploads/2013/10/Royalton-Town-Plan-2020.pdf p.50-51
Sharon	Goal I: Promote the health and wellness of residents in Sharon.	Policy A: Increase access to healthy foods.	Implementation Action 1.A: Explore barriers to and increase options for food access in Sharon, such as re-establishing the farmer's market. Implementation Action 2.A: Support organizations like the Sharon Food Shelf and explore additional opportunities and locations for similar services.	https://www.trorc.org/wp-content/uploads/2023/08/Sharon-TownPlan-Adopted-2023-08-21.pdf p.119
Weathersfield	10.4.1. Promote healthy community initiatives through comprehensive community planning and design that support public health, safety and welfare.	10.5.7. The town should encourage businesses and community-led initiatives to strengthen the food system and enhance access to locally produced foods, including the development of necessary infrastructure, such as community gardens on vacant lands, more farm stands, and support for community-based food shelves.	10.6.3. Consider zoning bylaw provisions that encourage retail uses that contribute to healthy diets.	https://www.weathersfieldvt.org/sites/g/files/vyhlf6216/f/uploads/2017-town-plan-amended-2024.10.28_1.pdf p.138-139
Wolcott	To provide access to healthy, locally grown food	Support increased availability and affordability of locally grown foods to lower income residents.	Investigate the feasibility of a Wolcott farmer's market.	https://www.lpcvt.org/vertical/Sites/%7B3C01460C-7F49-40F5-B243-0CA7924F23AF%7D/uploads/Final-Plan-Narrative-and-Maps-Combined.pdf p.59-60
		Provide to Wolcott's school children ample nutrition and information pertinent to healthy living.	Promote the district wide school wellness policy for students and teachers developed by the Orleans South West Supervisory Union.	
	To provide access to land for community gardens	Plan for future community gardens.	Pursue the development of community gardens in town; a first step would be the identification of potential sites.	

Town	Goals	Policies	Recommendations	Source
Woodstock	Goal 4 - Support infrastructure policies and organizations which promote healthy eating and active living and address obesity and other health consequences.	Objective 4.1. Increase access to local healthy food for all.	Action 4.1.1. Support local Farm to School efforts. Action 4.1.2. Support access to Healthier Living workshops for the Woodstock Community. Action 4.1.3. Support expansion of existing farmer’s market and creation of new farmer’s markets that accept EBT cards. Action 4.1.4. Support policies that limit availability of sugar-sweetened beverages in schools.	https://www.trorc.org/wp-content/uploads/2023/07/2023-Woodstock-Town-Plan.pdf p.56

Healthy Homes

Town	Goals	Policies	Recommendations	Source
Baltimore	1. Promote health and wellness in Baltimore.	2. Maintain sufficient affordable housing.	2. Work with local housing authorities to create a variety of housing types and maintenance options.	https://www.marcvt.org/uploads/1/4/7/0/147010472/adopted_7.9.2024_-_2024_town_plan_-_baltimore.pdf p.23
Bethel	Goal 3: The Town will promote health, safety and wellness for all of its residents.	Policy e: It is the policy of the Town to build infrastructure that will promote environmentally safe and healthy lifestyles.	Recommendation e.2: The Town should support efforts to provide residents with affordable, safe, and efficient heating systems.	https://www.trorc.org/wp-content/uploads/2020/11/Bethel-2020-Town-Plan_FINAL.pdf p. 56
Bridgewater	Goal: 1. Promote health and wellness in Bridgewater	2. Maintain sufficient affordable housing.	2. Work with local housing authorities to create a variety of housing types and maintenance options	https://www.trorc.org/wp-content/uploads/2013/09/Bridgewater-TP-Final.pdf p.88

Town	Goals	Policies	Recommendations	Source
East Montpelier	Goal 6.14: Promote energy conservation and efficiency.	Action 6.14.1: Publicize home weatherization and other energy conservation programs to East Montpelier residents.	[None provided]	https://eastmontpeliervt.org/wp-content/uploads/2022/11/2018-Town-Plan-Amended-July-11-2022.pdf p.90
	Goal 8.1: Provide a range of housing opportunities including single-family, multi-family, mixed use, and affordable and senior housing.	Action 8.1.1: Partner with other organizations to create affordable and senior housing near transportation and services. Action 8.1.2: Evaluate expanding the Conservation Fund to include affordable housing. Action 8.1.3: Promote and support home share programs as a way to support senior and affordable housing	[None provided]	https://eastmontpeliervt.org/wp-content/uploads/2022/11/2018-Town-Plan-Amended-July-11-2022.pdf p.108
Fairlee	Goal 1 To promote health and wellness in Fairlee.	1. It is the policy of the Town to promote sufficient affordable housing	1. The Town should work with the Two Rivers-Ottauquechee Regional Commission (TRORC) to evaluate Fairlee’s role in supplying the region’s housing stock by continuing to assess the Town’s capacity for growth. 2. The Town should promote opportunities for housing that meet the Town’s identified need.	https://www.trorc.org/wp-content/uploads/2013/10/Fairlee-Town-Plan-adopted-2020.pdf p.6
Jeffersonville	For Jeffersonville to expand quality affordable healthcare options available to the local community.	[None provided.]	Jeffersonville should pursue partnerships with other organizations to ensure the provision of affordable housing that shelters and supports all residents, especially children, the elderly, and those possessing disabilities.	https://www.lpcvt.org/vertical/Sites/%7B3C01460C-7F49-40F5-B243-0CA7924F23AF%7D/uploads/1. Final Jeffersonville Village Plan.pdf p.61-62

Town	Goals	Policies	Recommendations	Source
Morristown	[None provided.]	<ul style="list-style-type: none"> Incorporate healthy homes principals into all public housing development 	[None provided.]	https://www.morristownvt.gov/zoning-planning/page/town-plan p.59
Plymouth	Goal 1. Promote health and wellness in Plymouth.	2. Encourage affordable housing.	2. Work with local housing authorities to create a variety of housing types and maintenance options.	https://www.trorc.org/wp-content/uploads/2013/10/Plymouth-Adopted-Plan-2019-002.pdf p.55-56
Reading	1. Town officials, committees, business and other organizations or groups will actively promote health and wellness in Reading.	1. Prioritize infrastructure investments that promote environmentally safe and healthy lifestyles.	The Energy Board and Volunteer Fire Department will promote programs to improve the health, safety and energy efficiency for Reading homes and businesses with educational events and using resources available through Southeastern Vermont Community Action (SEVCA), Efficiency Vermont, and Vermont Housing and Conservation Board (VHCB).	https://readingvt.gov/office.com/vertical/sites/%7B29D76170-2CBD-4DB0-A089-6F91F5BED766%7D/uploads/Reading_Town_Plan_02_14_2022(1).pdf p.94-96
		4. Prioritize the development and maintenance of safe and high-quality affordable housing, consistent with the policies of the Housing Chapter.	<ul style="list-style-type: none"> The Planning Commission and Select Board will collaborate to consider regulatory options which address substandard housing. The Health Officer(s) will pro-actively educate landlords about public health rules for rental dwellings. 	
Royalton	Goal 1. Promote health and wellness in Royalton.	2. Maintain sufficient, safe, and healthy affordable housing	3. Work with local housing authorities to create a variety of housing types and maintenance options. 10. Consider conducting Health Impact Assessments for proposed projects when appropriate.	https://www.trorc.org/wp-content/uploads/2013/10/Royalton-Town-Plan-2020.pdf p.50-51
Sharon	Goal I: Promote the health and wellness of residents in Sharon.	Policy B: Maintain sufficient, safe, and healthy affordable housing.	Implementation Action 1.B: Work with local housing authorities to create a variety of housing types and ownership models.	https://www.trorc.org/wp-content/uploads/2023/08/SharonTownPlan_Adopted_2023-08-21.pdf p.120

Town	Goals	Policies	Recommendations	Source
Waterville	[None provided.]	[None provided.]	The Selectboard should consider appointing a Health Officer to act as a liaison to regional and state resources for addressing septic and composting concerns.	https://www.lcpcvt.org/vertical/Sites/%7B3C01460C-7F49-40F5-B243-0CA7924F23AF%7D/uploads/1. 2019 Waterville Town Plan Final.pdf p.38
Wolcott	[None provided.]	[None provided.]	Pursue partnerships with other organizations to ensure the provision of affordable housing for all residents, especially children, the elderly and those possessing disabilities.	https://www.lcpcvt.org/vertical/Sites/%7B3C01460C-7F49-40F5-B243-0CA7924F23AF%7D/uploads/Final Plan Narrative and Maps Combined.pdf p.59-60

Social Inclusion & Sense of Community

Town	Goals	Policies	Recommendations	Source
Baltimore	1. Promote health and wellness in Baltimore.	4. Promote active transportation through walking and biking.	5. Consider accessibility when developing public spaces and recreational opportunities.	https://www.marcvt.org/uploads/1/4/7/0/147010472/adopted 7.9. 2024 - 2024 town plan - baltimore.pdf p.23-24
Barnard	4. Foster community cohesion through local events and the improvement and better utilization of public spaces in Town.	6. Support community-building events such as Street Dance, Fireman’s Sale, and other events open to all. 7. Support efforts to increase utilization of Barnard’s public spaces.	6. Help secure funding to renovate the old fire station.	https://www.trorc.org/wp-content/uploads/2020/11/2024-05-15-FINAL-ADOPTED.pdf p.64-65

Town	Goals	Policies	Recommendations	Source
Bethel	Goal 3: The Town will promote health, safety and wellness for all of its residents.	Policy e: It is the policy of the Town to build infrastructure that will promote environmentally safe and healthy lifestyles.	Recommendation e.3: The Town should consider accessibility when developing public spaces and recreational opportunities.	https://www.trorc.org/wp-content/uploads/2020/11/Bethel-2020-Town-Plan_FINAL.pdf , p. 56
East Montpelier	Goal 4.1: Promote a sense of community through educational and social opportunities and gathering places	Action 4.1.1: Provide information on town activities and how residents can participate. Action 4.1.2: Support use of the East Montpelier Signpost and Front Porch Forum to inform residents about community events, issues, resources and townspeople. Action 4.1.3: Organize periodic community-wide events to provide information and encourage discussion on topics relevant to the town or to showcase community resources	[None provided]	https://eastmontpeliervt.org/wp-content/uploads/2018/06/2018-Town-Plan-small.pdf p.26
	Goal 4.4: Protect recreational spaces and develop new recreational areas in various parts of town.	Action 4.4.1: Maintain and improve existing recreational facilities near the Elementary School. Action 4.4.3: Develop a plan for the Old LaPerle Farm property that includes recreational uses	[None provided.]	https://eastmontpeliervt.org/wp-content/uploads/2018/06/2018-Town-Plan-small.pdf p.34
	Goal 4.10: Enable residents of all ages to learn about and appreciate the town's history	Action 4.10.1: Provide programs and information about the town's history and historic resources to a range of audiences, including youth and adults.	[None provided.]	https://eastmontpeliervt.org/wp-content/uploads/2022/11/2018-Town-Plan-Amended-July-11-2022.pdf p.40
	Goal 5.4: Promote formal and informal social support services.	Action 5.4.1: Post current information about existing social services. Action 5.4.2: Maintain a list of contacts to neighborhood groups.	[None provided.]	https://eastmontpeliervt.org/wp-content/uploads/2022/11/2018-Town-Plan-Amended-July-11-2022.pdf p.49
Fairlee	Goal 1 To promote health and wellness in Fairlee.	5. It is the policy of the Town to improve accessibility to parks, recreation facilities, and open spaces.	[None provided.]	https://www.trorc.org/wp-content/uploads/2013/10/Fairlee-Town-Plan-adopted-2020.pdf p.6

Town	Goals	Policies	Recommendations	Source
Glover	Work toward making Glover an inclusive and safe community where people from all backgrounds and identities feel welcome and at home.	Encourage and expand volunteerism and citizen participation in the town's activities.	<ul style="list-style-type: none"> • Encourage mentoring relationships and skill sharing between school children and community members, especially seniors. This could include reading programs, talent sharing, story-telling, art exhibits and job shadowing. • Work to promote community spirit by offering various community activities. • Take advantage of Lake Region Union High School community service program to help address community needs. • Maintain a list of volunteer opportunities - on a public bulletin board, community calendar, Front Porch Forum, at Town Clerk's office, at school, and at the library. 	https://townofglover.com/wp-content/uploads/2018-Glover-Town-Plan.pdf p.23
Montpelier	Goal 3. Seniors and people with disabilities report that they have the support and resources needed to live independently in the community.	3a. Ensure that seniors and people with disabilities have the support and resources necessary to live independently.	3a.3. Encourage seniors and people with disabilities to continue to participate in the community by volunteering, joining REACH and the Onion River Exchange, and/or attending community events. 3a.4. Strengthen and improve connections between different age groups, so that students and young people maintain relationships with seniors.	https://www.montpelier-vt.org/DocumentCenter/View/4789/Master-Plan-2017-Adopted-December-20-2017?bidId= p.233
	Goal 4. By 2040, the capacity exists locally to provide all appropriate support services to people with mental illness.	4a. Encourage engagement in the community to increase feelings of inclusion and belonging. In order to minimize conflict and stress, maintain Montpelier's welcoming nature and continue to develop strategies for incorporating diversity into the community.	[None provided.]	https://www.montpelier-vt.org/DocumentCenter/View/4789/Master-Plan-2017-Adopted-December-20-2017?bidId= p. 234

Town	Goals	Policies	Recommendations	Source
Morristown	[None provided.]	<ul style="list-style-type: none"> • Create spaces that are accessible for anyone, including people with disabilities, in order to create a healthier community, and instill a sense of belonging for all in the community. • Abide by the principals of the Americans with Disabilities Act to ensure that all residents have access to healthy activities, wellness opportunities, and can thrive. 	[None provided.]	https://www.morristownvt.gov/zoning-planning/page/town-plan p.58
Plymouth	Goal 1. Promote health and wellness in Plymouth.	5. Improve parks, recreation facilities, and open spaces for accessibility and community mingling.	4. Promote use of park and recreation facilities. 5. Consider accessibility when developing public spaces and recreational opportunities.	https://www.trorc.org/wp-content/uploads/2013/10/Plymouth-Adopted-Plan-2019-002.pdf p.55-56
Reading	1. Town officials, committees, business and other organizations or groups will actively promote health and wellness in Reading.	10. Improve recreation sites and municipal facilities for accessibility and community gatherings. 11. Provide opportunities for recreation and community involvement.	<ul style="list-style-type: none"> • The Reading Recreation Commission with the support of the Select Board will work to revitalize or repurpose Bartley Field. • The Select Board will adopt policies for parking at the Twenty Foot Hole which may or may not include an increase or decrease in space. The policies will consider safety of vehicular and pedestrian traffic. • The Town and the Recreation Commission will coordinate with neighboring communities to expand recreational opportunities for the Reading community. • The Select Board, in partnership with the Planning Commission, should consider adopting a noise ordinance and/or a special events ordinance 	https://readingvt.govoffice.com/vertical/sites/%7B29D76170-2CBD-4DB0-A089-6F91F5BED766%7D/uploads/Reading_Town_Plan_02_14_2022(1).pdf p.94-96
Royalton	Goal 1. Promote health and wellness in Royalton.	5. Improve parks, recreation facilities, and open spaces for accessibility and community mingling.	6. Consider accessibility when developing public spaces and recreational opportunities 10. Consider conducting Health Impact Assessments for proposed projects when appropriate.	https://www.trorc.org/wp-content/uploads/2013/10/Royalton-Town-Plan-2020.pdf p.50-51

Town	Goals	Policies	Recommendations	Source
Sharon	Goal I: Promote the health and wellness of residents in Sharon.	Policy E: Improve parks, recreation facilities, and open spaces for accessibility and community mingling.	Implementation Action 2.E: Consider accessibility when developing public spaces and recreational opportunities.	https://www.trorc.org/wp-content/uploads/2023/08/Sharon_TownPlan_Adopted_2023-08-21.pdf p.120
Springfield	1. Promote physical, mental, and social health.	Implement Inclusion Implementation Committee recommendations for inclusivity, health, safety, and wellness.	[None provided.]	https://www.marcv.t.org/uploads/1/4/7/0/147010472/springfield_town_plan_2024.pdf p.92

Substance Misuse Prevention and Response

Town	Goals	Policies	Recommendations	Source
Berkshire	GOAL 6: Maintain and enhance community infrastructure and activities, both social and physical, which sustain and improve the health and wellbeing of all residents.	13) The Town supports opportunities to collaborate with key regional partners to implement initiatives that reduce the stigma associated with substance misuse and mental health problems.	[None provided.]	https://6eade072-06b3-4cb0-b552-9093f98282cd.filesusr.com/ugd/cf375c_ecfa826316da4ed2b6141ea1b5a1e26e.pdf p.89-90
Bethel	Goal 3: The Town will promote health, safety and wellness for all of its residents.	Policy f: It is the policy of the Town to promote healthy lifestyle choices for its residents, including but not limited to healthy food choices, prevention of substance misuse, access to physical exercise and recreation, and promotion of active transportation methods such as walking and biking.	Recommendation f.1: The Town should consider ordinances and other regulations prohibiting use and disposal of tobacco, tobacco substitutes, vaping products, and marijuana/cannabis on Town-owned or Town-leased property, or at outdoor events open to the public. Recommendation f.2: The Town should consider establishing point-of-sale restrictions for age-restricted substances	https://www.trorc.org/wp-content/uploads/2020/11/Bethel-2020-Town-Plan_FINAL.pdf p. 56

Town	Goals	Policies	Recommendations	Source
Bridgewater	Goal: 1. Promote health and wellness in Bridgewater	6. Reduce concentrated exposure to alcohol, drugs, and tobacco.	6. Raise awareness of the nature and seriousness of substance abuse with the help of community organizations.	https://www.trorc.org/wp-content/uploads/2013/09/Bridgewater-TP-Final.pdf p.88-89
Enosburgh	Ensure a safe community that is committed to fostering the health and well-being of all residents.	<ul style="list-style-type: none"> Enosburgh will support regional youth substance prevention groups and coalitions that discourage underage substance use. <p>The town will support strategies that reduce the stigma associated with addictions and mental health problems.</p>	[None provided.]	https://www.enosburghvt.org/files/ugd/5ad4b5_a350fe9bcf3f46188c1cb3cfe3911a00.pdf p.55-56
Fairfax	Support and encourage activities and community infrastructure, both social and physical, which enable and sustain the health and well-being of all residents.	<ul style="list-style-type: none"> To provide diverse, meaningful programming with an emphasis on community health and wellness. Specifically target alcohol free, cross-generational activities for families, teens, and seniors. 	[None provided.]	https://cms2.revize.com/revize/fairfax/Documents/Plans/Town_Plan.pdf p.38
Grafton	Goal 1: To cooperate with neighboring towns in addressing mutual concerns and in planning regional development.	7. Work closely with neighboring towns and law enforcement on issues of crime and drug and alcohol abuse.	[None provided.]	https://graftonvt.org/?page_id=271 p.79

Town	Goals	Policies	Recommendations	Source
Milton	4.1: School Goals	4.1.5. School Climate, School Community/Relations and Communications – The Vermont Department of Health’s division of Alcohol and Drug Abuse Programs, the Vermont Department of Education’s Comprehensive School Health Program, the Town of Milton, the Milton Community Youth Coalition and the Milton Town School District are working in partnership to reduce high risk behaviors among our students and to promote healthy behaviors. Therefore, our goal is to reduce the number of students engaged in risky behaviors, as reported on the Vermont Youth Risk Behavior Survey, by 10% in each of the categories.	[None provided.]	https://www.miltonvt.gov/DocumentCenter/View/338/2018-Comprehensive-Plan-Amended-July-15-2019-PDF p.46
Montpelier	Goal 1: By 2040, the incidences of preventable illness, injury and premature death in Montpelier are significantly reduced; life expectancy increases; and there is an improvement in quality of life for those who suffer from chronic diseases.	1a. Ensure that all Montpelier residents have access to health education and recreation to support physical and mental health.	1a.4. Increase awareness of, and accessibility to, existing substance abuse prevention programs in all age groups.	https://www.montpelier-vt.org/DocumentCenter/View/4789/Master-Plan-2017-Adopted-December-20-2017?bidId= p.230
	Goal 4. By 2040, the capacity exists locally to provide all appropriate support services to people with mental illness.	4c. Increase adequacy of, and access to, mental health services and treatment for addiction.	[None provided.]	https://www.montpelier-vt.org/DocumentCenter/View/4789/Master-Plan-2017-Adopted-December-20-2017?bidId= p.234

Town	Goals	Policies	Recommendations	Source
Morristown	[None provided.]	<ul style="list-style-type: none"> • Offer Narcan response kits to at risk populations • Engage a workgroup for the purpose of engaging in a strategic planning process related to substance misuse prevention, treatment, and recovery that will identify action items that could include policy changes or enhancements. 	[None provided.]	https://www.morristownvt.gov/zoning-planning/page/town-plan p.60
Reading	1. Town officials, committees, business and other organizations or groups will actively promote health and wellness in Reading.	2. Promote healthy lifestyle choices for Reading’s residents, including but not limited to healthy food choices, prevention of substance misuse, access to physical exercise and recreation, and promotion of active transportation methods such as walking and biking.	Town-appointed committees such as the Recreation Commission, the Library and other groups will coordinate with the Mount Ascutney Prevention Partnership to offer programs that mitigate substance misuse.	https://readingvt.govoffice.com/vertical/sites/%7B29D76170-2CBD-4DB0-A089-6F91F5BED766%7D/uploads/Reading_Town_Plan_02_14_2022(1).pdf p.94-96
Royalton	Goal 1. Promote health and wellness in Royalton.	6. Reduce concentrated exposure to alcohol, drugs, and tobacco and nicotine products.	7. With the help of community organizations, raise awareness of the nature and seriousness of substance abuse and driving under the influence. 8. Encourage smoke-free environments 10. Consider conducting Health Impact Assessments for proposed projects when appropriate.	https://www.trorc.org/wp-content/uploads/2013/10/Royalton-Town-Plan-2020.pdf p.50-51
Rutland Town	To increase the economic vitality of the Town, including new business development that is balances with environmental concerns and the provision of public safety.	[None provided.]	Continue to fight for a drug-free community so as to protect the Town’s children.	https://www.rutlandtown.com/wp-content/uploads/2019/11/Rutland-Town-Municipal-Plan_10_15_2019.pdf p.25
Saint Johnsbury	GOAL 1.0: Maintain and protect St. Johnsbury’s assets so as to enable and sustain economic growth through new business, tourism, and creative endeavors.	1.2 Public Services, Utilities, and Infrastructure Policy: Sustain a safe environment throughout St. Johnsbury while effectively limiting the expansion of resources that will be expensive to maintain.	I. Maintain the drug prevention program through the Drug Task Force and community work of the Drug Abuse Resistance Team (DART).	https://www.nvda.net/town_files/St.%20Johnsbury_Town%20Plan_2017%20Town%20Plan.pdf p.15-16

Town	Goals	Policies	Recommendations	Source
Saint Albans City	[None provided.]	[None provided.]	<p>10. Facilitate further discussion on how best to regulate controlled substance dispensaries and the retail sale of controlled substances.</p> <p>11. Explore the need and ability to limit the outward advertisement of the sale or dispensing of alcohol, tobacco, and controlled substances City-wide or in specific areas of the community.</p>	<p>https://www.stalbansvt.com/vertical/Sites/%7B6057F00C-4FBC-4942-B5A5-C142459B1038%7D/uploads/CityPlan_ADOPTED_08-14-17_-_TYPOS_CORRECTED.pdf</p> <p>p.36-37</p>
	Objective 3. City residents have access to a wide variety of health care services in a number of different forms, including the services needed to avoid opiate addiction and hasten the treatment for those currently dealing with opiate addiction.	Policy 9. Support health and resource centers, where appropriate, for those with special or unique needs, such as opiate treatment centers, addiction housing, women's/family wellness centers, and senior centers.	[None provided.]	
Sharon	Goal I: Promote the health and wellness of residents in Sharon.	Policy F: Reduce concentrated exposure to alcohol, drugs, and tobacco and nicotine products.	<p>Implementation Action 1.F: With the help of the community nurse and other organizations, raise awareness of the nature and seriousness of substance abuse and driving under the influence.</p> <p>Implementation Action 2.F: Encourage smoke-free environments.</p>	<p>https://www.trorc.org/wp-content/uploads/2023/08/SharonTownPlan_Adopted_2023-08-21.pdf</p> <p>p.120</p>

Town	Goals	Policies	Recommendations	Source
Sutton	Provide for a healthy and pleasant school climate by complying with Act 113 for a civil, safe, and drug free school that aligns with Sutton School's and the district's behavior philosophy. Continue professional development in the "Positive Behavioral Supports in Schools" program which began in 2009. Review/revise school rules and procedures as needed; revise the handbook annually. Review and adjust crisis prevention and child protection plans.	[None provided.]	[None provided.]	https://www.nvda.net/files/SuttonPlanAmended22521.pdf p.37
Swanton	E. To identify and address the public health needs of all community residents.	<ol style="list-style-type: none"> 1. Support the gathering of data and information about substance abuse and substances abuse treatment in the community. 2. Support efforts to create and expand access to substance abuse treatment in Swanton. 	[None provided.]	https://www.nrpcvt.com/wp-content/uploads/2022/08/SwantonTownPlan2015.pdf p.66-67
Waterville	[None provided.]	[None provided.]	<ul style="list-style-type: none"> • The Waterville Planning Board and Selectboard should work with local resources to address the opiate epidemic in Vermont. • The Waterville Planning Board and Selectboard should explore non-regulatory planning for prevention opportunities to address drug and alcohol related concerns. 	https://www.lcpcvt.org/vertical/Sites/%7B3C01460C-7F49-40F5-B243-0CA7924F23AF%7D/uploads/1. 2019 Waterville Town Plan Final.pdf p.38

Town	Goals	Policies	Recommendations	Source
Weathersfield	10.4.1. Promote healthy community initiatives through comprehensive community planning and design that support public health, safety and welfare.	[None provided.]	10.6.4. The town will protect the village character by limiting the location and density of businesses that sell products that cannot be sold to minors.	https://www.weathersfieldvt.org/sites/g/files/vyhlf6216/f/uploads/2017_-_town_plan_-_amended_2024.10.28_1.pdf p.138-139
Williston	[None provided.]	Signs and Outdoor Lighting – This objective addresses two elements of design that have a major impact on traffic safety, neighboring properties, the town’s appearance, and the night sky. The town will consider a content neutral ordinance for signage to help prevent substance misuse among young people, and support community members in recovery from substance use disorder and to maintain aesthetic appeal. The town will advocate for the voluntary compliance with best practices regarding public health. For example, not advertising substances that are harmful to health.	[None provided.]	https://www.town.williston.vt.us/vertical/Sites/%7BF506B13C-605B-4878-8062-87E5927E49F0%7D/uploads/2016-2024_Williston_Comprehensive_Plan_with_Maps_Reduced_Size.pdf p.20, 22-25
	4.4 - Urban Parks - The Town of Williston will strongly encourage the provision of urban parks in commercial and mixed use developments and seek to enliven existing urban parks.	4.4.3 Refine the Requirements for Urban Parks. The town will examine the effectiveness of the current requirements for urban parks and will revise these requirements as necessary to achieve the following:	Urban parks may be designated to be substance-free and promote substance-free events to provide supportive environments for youth and people in recovery.	

Town	Goals	Policies	Recommendations	Source
Williston (continued)	4.5 - Neighborhood Parks - The Town of Williston will encourage and, in some cases, require the provision of neighborhood parks in new residential developments. The town will also seek to provide neighborhood parks to existing neighborhoods where they are needed.	4.5.2 Refine the Requirements for Neighborhood Parks. The town will examine the effectiveness of the current requirements for neighborhood parks and will revise these requirements as necessary to achieve the following:	Neighborhood parks may choose to be substance-free and promote substance-free events to provide supportive environments for youth and people in recovery.	
Wilmington	GOAL 4: Work with the School Board to provide an educational system that will a) attract people to move here, b) develop skills needed for workforce development, c) attract and retain students through desirable educational and extracurricular activities.	Policy 1: Work with the School Board to provide high quality educational and job training opportunities for students of all abilities.	Action 4.1.6: Work with the School Board to promote healthy choices within the schools; healthy eating, non-smoking, zero tolerance for substance abuse.	https://wilmingtonvermont.us/wp-content/uploads/2018/10/Town-Plan-as-Adopted-10-2-18.pdf p. 28-30
	GOAL 5: Offer local community health support services.	Policy 1: Ensure availability of and make the community aware of local health, mental health and substance abuse treatment and recovery services. Arrange for supplements to existing services for improved availability and access.	Action 5.1.1: Encourage mental health and substance abuse providers to provide services locally. Action 5.1.3: Promote the use of '211' to access existing services , such as: DV Community Cares, DV Community Partnership, SASH, Food Pantry, Families First, Habitat for Humanity, Windham/Windsor Housing Trust, Churches, Medical Facilities, Mental Health Providers, Drug and Alcohol Abuse Programs, Police, Fire, and Rescue.	

Town	Goals	Policies	Recommendations	Source
Wilmington (continued)	GOAL 6: Offer a wide range of local community recreation services to address the needs of all age groups, ability levels, and interests.	Policy 2: Provide youth and young adults with activities free of alcohol and drugs	Action 6.2.1: Arrange for dances, concerts, outdoor activities, cooking, gyms, nightlife and civic groups. Action 6.2.2: Develop community police, fire, and town official outreach programs to foster relationships between town services and residents, businesses, and schools.	
Woodstock	Goal 3 - Make resources available locally to adults, youth, and parents to help with substance misuse issues.	Objective 3.1. Reduce the incidence of substance misuse and substance misuse disorder.	Action 3.1.1. Work with quality substance misuse support programs to have regular local support groups for youth and parents with substance misuse dependency or substance misuse disorder, and for parents with children suffering from substance dependency.	https://www.trorc.org/wp-content/uploads/2023/07/2023-Woodstock-Town-Plan.pdf p.55
		Objective 3.2. Substance misuse prevention	Action 3.2.1. Work with Mount Ascutney Prevention Partnership and other organizations to support local substance misuse prevention efforts in the schools and the community.	

Other Topics

Town	Goals	Policies	Recommendations	Source
Baltimore	1. Promote health and wellness in Baltimore.	[None provided.]	6. Raise awareness of connection between community health and municipal planning.	https://www.marcvt.org/uploads/1/4/7/0/147010472/adopted_7.9.2024_-_2024_town_plan_-_baltimore.pdf p.23-24

Town	Goals	Policies	Recommendations	Source
East Montpelier	Goal 5.1: Provide for supportive and stimulating schools that promote learning.	Action 5.1.1: Motivate each student to enjoy learning and experience academic and social success while instilling respect for the rights of others.	[None provided.]	https://eastmontpelier.vt.gov/wp-content/uploads/2022/11/2018-Town-Plan-Amended-July-11-2022.pdf
	Goal 5.2: Encourage community participation in the schools.	Action 5.2.1: Promote the use of school facilities for adult education and community use.	[None provided.]	p. 46
Fairfax	Support and encourage activities and community infrastructure, both social and physical, which enable and sustain the health and well-being of all residents	To provide diverse, meaningful programming with an emphasis on community health and wellness. Specifically target alcohol free, cross-generational activities for families, teens, and seniors.	[None provided.]	https://cms2.revize.com/revize/fairfax/Documents/Plans/Town_Plan.pdf p.38
Glover	Work toward making Glover an inclusive and safe community where people from all backgrounds and identities feel welcome and at home.	Encourage and expand volunteerism and citizen participation in the town's activities.	<ul style="list-style-type: none"> • Hold a "Health and Wellness Day" inviting vendors and representatives from various organizations that promote health and well-being to set up a table. Exhibitors might include someone from Building Bright Futures, Vermont Center for Independent Living, CCV, Northeast Kingdom Council on Aging, local yoga and fitness instructors, SASH (Support And Services at Home). • Conduct an annual community survey to identify needs and desires. 	https://townofglover.com/wp-content/uploads/2018-Glover-Town-Plan.pdf p.23
Jeffersonville	To provide ample opportunities for the health and wellness of Jeffersonville residents.	Jeffersonville's youth should be provided with opportunities to walk or bike to school, sound nutrition, and information pertinent to healthy living.	Cambridge Elementary School should continue to promote and implement the district wide school wellness policy for students and teachers developed by the Lamoille North Supervisory Union.	https://www.lcpcvt.org/vertical/Sites/%7B3C01460C-7F49-40F5-B243-0CA7924F23AF%7D/uploads/1.FinalJeffersonvilleVillagePlan.pdf p.61-62
		[None provided.]	To improve public safety of Cambridge Elementary School students, the School should explore options for obtaining access to the lot connecting the school with the school's emergency center at	

Town	Goals	Policies	Recommendations	Source
			Cambridge Community Center for use in the event of forced evacuation.	
Jeffersonville (continued)	To have the local data necessary to provide a baseline for measuring health and wellness in Jeffersonville.	[None provided.]	Jeffersonville should work in partnership with other local, regional, and state agencies to begin measuring more local health and wellness indicators.	https://www.lcpcvt.org/vertical/Sites/%7B3C01460C-7F49-40F5-B243-0CA7924F23AF%7D/uploads/1.FinalJeffersonvilleVillagePlan.pdf p.61-62
Montpelier	Goal 1: By 2040, the incidences of preventable illness, injury and premature death in Montpelier are significantly reduced; life expectancy increases; and there is an improvement in quality of life for those who suffer from chronic diseases.	1a. Ensure that all Montpelier residents have access to health education and recreation to support physical and mental health.	1a.1. Support and enhance existing school curricula to ensure students have the knowledge to lead healthy lifestyles. 1a.2 Conduct a needs assessment to determine if health and recreation programs offered by the recreation department, the senior center, and various other community groups are sufficient to meet emerging needs that are not being met.	https://www.montpelier-vt.org/DocumentCenter/View/4789/Master-Plan-2017-Adopted-December-20-2017?bidId= p.230
	Goal 3. Seniors and people with disabilities report that they have the support and resources needed to live independently in the community.	3b. Provide supportive housing services to people who are unable to live independently. 3c. Encourage a range of career and service opportunities (e.g. education, internships, practicum, credentialing, and Care Bank) for individuals to be trained to provide support for people with disabilities and others needing care.	[None provided.]	https://www.montpelier-vt.org/DocumentCenter/View/4789/Master-Plan-2017-Adopted-December-20-2017?bidId= p.233
	Goal 4. By 2040, the capacity exists locally to provide all appropriate support services to people with mental illness.	4b. Encourage physical well-being, healthy eating habits, stress reduction, and healthy sleeping patterns as a means to maintaining good mental health.	[None provided.]	https://www.montpelier-vt.org/DocumentCenter/View/4789/Master-Plan-2017-Adopted-December-20-2017?bidId= p.234

Town	Goals	Policies	Recommendations	Source
Morristown	[None provided.]	<ul style="list-style-type: none"> Support efforts aimed to improve the wellness of the community, including using this plan as a resource for grant writing opportunities. Fund health and wellness related infrastructure improvements equally with both private funding and municipal funding, when feasible, including ongoing maintenance. 	[None provided.]	https://www.morristownvt.gov/zoning-planning/page/town-plan p. 58-59
	[None provided.]	<ul style="list-style-type: none"> Highlight the important, but often overlooked, link between the built environment and health by requiring a health impact assessment be conducted before any decision is made about the purchase or disposition of public land, and the relocation of public buildings. Support the Selectboard creating a creating a sub-committee of the Parks and Recreation Committee, or an independent committee, charged with creating a community vision for health and wellness, and to support the implementation of that vision through measurable goals, and achievable objectives, that includes representation from the entire community. Identify a vision for community wellness, and create a wellness and healthy community expanded document that focuses on increasing protective factors, and decreasing risk factors for all. 	[None provided.]	
Orange	Goal 8. Maintain and enhance healthy choices for the residents of Orange including active and passive recreational opportunities; local food choices; and access to natural, scenic, or environmental amenities.	3. Obtain the local data necessary to provide a baseline for measuring health and wellness in Orange.	[None provided.]	https://orangevt.org/wp-content/uploads/2021/05/Orange-Vermont-Town-Plan.pdf p.63-64
		[None provided.]	4. Consider establishing a committee to support on-going efforts of the Town of Orange regarding health and wellness activities.	

Town	Goals	Policies	Recommendations	Source
Reading	1. Town officials, committees, business and other organizations or groups will actively promote health and wellness in Reading.	7. Support climate change mitigation and adaptation efforts as well as flood resiliency planning.	[None provided.]	https://readingvt.govoffice.com/vertical/sites/%7B29D76170-2CBD-4DB0-A089-6F91F5BED766%7D/uploads/Reading_Town_Plan_02_14_2022(1).pdf p.94-96
Sharon	Goal I: Promote the health and wellness of residents in Sharon.	Policy G: Support the wellbeing and safety of children and families.	[None provided.]	https://www.trorc.org/wp-content/uploads/2023/08/SharonTownPlan_Adopted_2023-08-21.pdf p.120
Springfield	1. Promote physical, mental, and social health.	Participate in community events to raise awareness of home testing programs that promote life safety and livability.	[None provided.]	https://www.marcvt.org/uploads/1/4/7/0/147010472/springfield_town_plan_2024.pdf p. 92
		Coordinate regular meetings with health, housing, and substance abuse organizations to assess community mental health. Coordinate with and implement three projects per year that address mental health.	[None provided.]	
		Market Springfield and coordinate this marketing with community health and wellness organizations to achieve the status of being one of the Top 10 desirable towns in Vermont.	[None provided.]	
Weathersfield	10.4.1 Promote healthy community initiatives through comprehensive community planning and design that support public health, safety and welfare.	10.5.1. Any project that is subject to a zoning permit will avoid undue adverse impacts on public health by meeting the Performance Standards of the Weathersfield Zoning Bylaws. 10.5.2 Commercial and industrial developments will demonstrate that they will not create an unreasonable burden on the municipality in providing governmental services, including adequate emergency vehicle access and the ability to serve the proposed development with the existing municipal police and fire facilities and personnel.	10.6.1. Consider utilizing a health impact analysis as part of a complete local land use permit application for commercial and industrial uses. 10.6.8. The town should periodically review zoning and subdivision bylaws to make sure that they adequately promote public health, welfare, and safety.	https://www.weathersfieldvt.org/sites/g/files/vyhlf6216/f/uploads/2017_-_town_plan_-_amended_2024.10.28_1.pdf p.138-140

Town	Goals	Policies	Recommendations	Source
Wolcott	To provide ample opportunities for the health and wellness of Wolcott residents.	[None provided.]	Develop a health and wellness/recreation committee of local residents that reports to the Planning Commission.	https://www.lcpcvt.org/vertical/Sites/%7B3C01460C-7F49-40F5-B243-0CA7924F23AF%7D/uploads/Final_Plan_Narrative_and_Maps_Combined.pdf p.59-60
		[None provided.]	Provide health and wellness education to townspeople as a chapter in the annual Town Report.	
	To have the local data necessary to provide a baseline for measuring health and wellness in Wolcott.	[None provided.]	Wolcott should work in partnership with other agencies to begin measuring more local health and wellness indicators.	
Woodstock	Goal 6 - Increase youth connection to community.	Objective 6.1. Support opportunities for youth to connect to positive adults through mentoring.	Action 6.1.1. Encourage businesses and government entities to release employees for an extra ½ hour per week to serve as buddies in the community.	https://www.trorc.org/wp-content/uploads/2023/07/2023-Woodstock-Town-Plan.pdf p.56-57
		Objective 6.2. Develop opportunities for internships and apprenticeships with local businesses and organizations.	Action 6.2.1. Work with schools to encourage local businesses and organizations to engage youth in local enterprises during school, after school and in the summer	
		Objective 6.3. Provide a safe, supervised place for young people to socialize, do homework, and play music/games after school.	Action 6.3.1. Work with Woodstock Rec and other after school entities to support after school programming and staffing	
	Goal 8 - Coordinate health and human services issues	Objective 8.1. Ensure that the recommendations of the Town Plan Health and Human Services section and other health-related decisions are implemented in a coordinated way	Action 8.1.1. Appoint a Town Health and Human Services commission to identify needs and resources and coordinate efforts to implement the actions identified in the Town Plan	https://www.trorc.org/wp-content/uploads/2023/07/2023-Woodstock-Town-Plan.pdf p.57